

HYGIENE AND RESTROOM

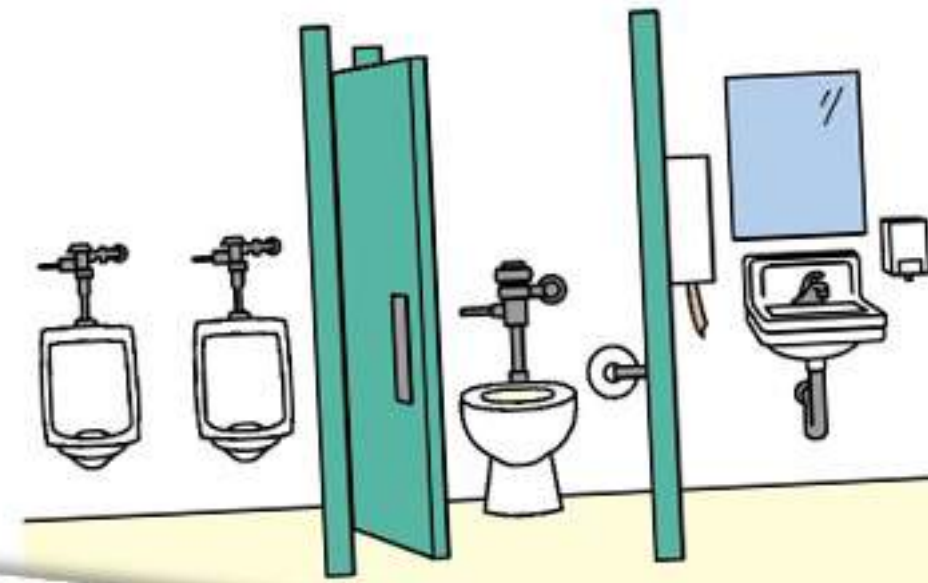
➤ 13 SOCIAL STORIES

➤ 13 DETAILED POSTERS

➤ LIFE SKILLS TOOLS

➤ SOCIAL SUPPORTS

Using the Urinal



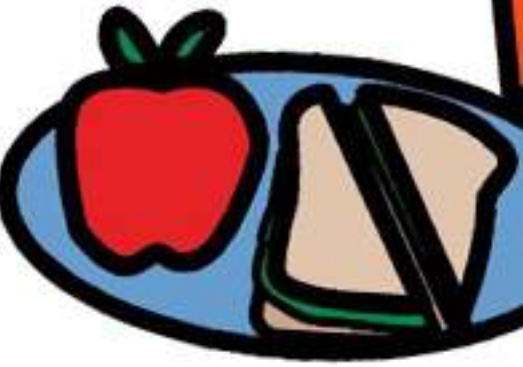
When you feel like you have to
pee, go to the restroom

Caroline Koehler

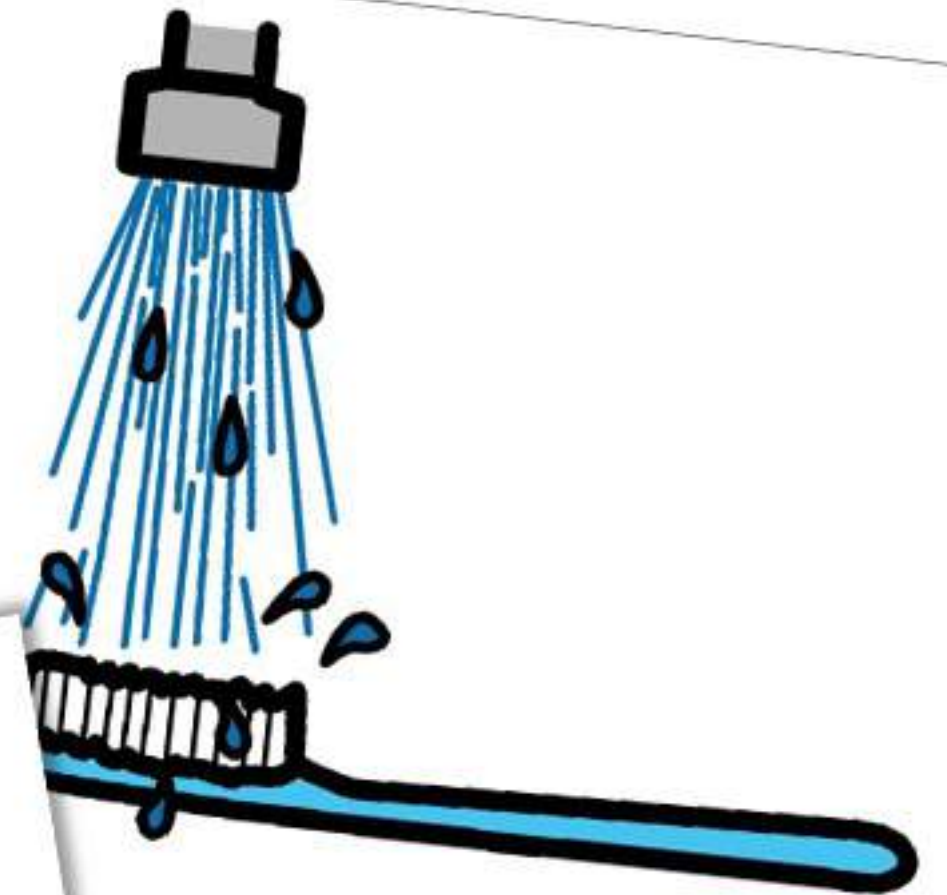


BRUSHING TEETH

Brushing Your Teeth



teeth let you eat food & feel

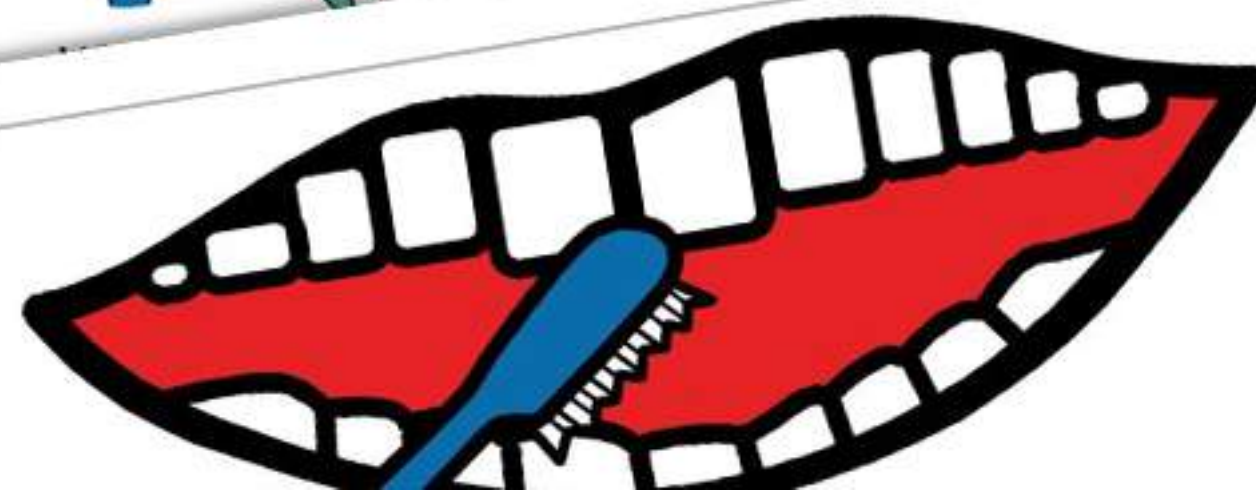


to the toothbrush.



Pick up

Unscr

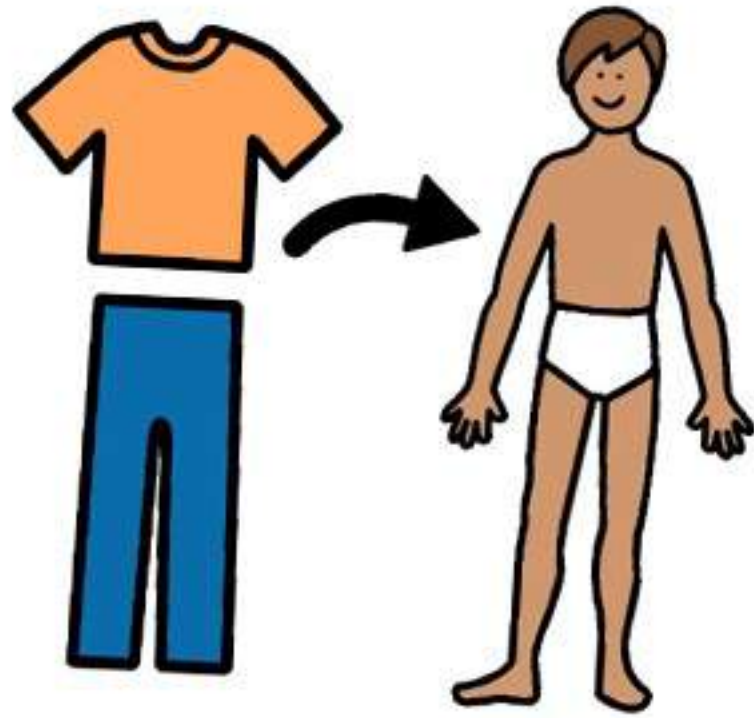


Caroline Koehler

toothpaste over the toothbrush

GETTING DRESSED FOR BOYS

Getting Dressed



by Caroline Koehler

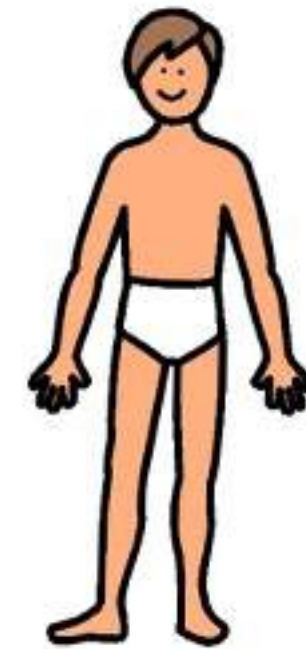


People wear clothes to keep

&



When you are around others,



To get dressed, first put on underwear.



Caroline Koehler

GETTING UNDRESSED FOR BOYS

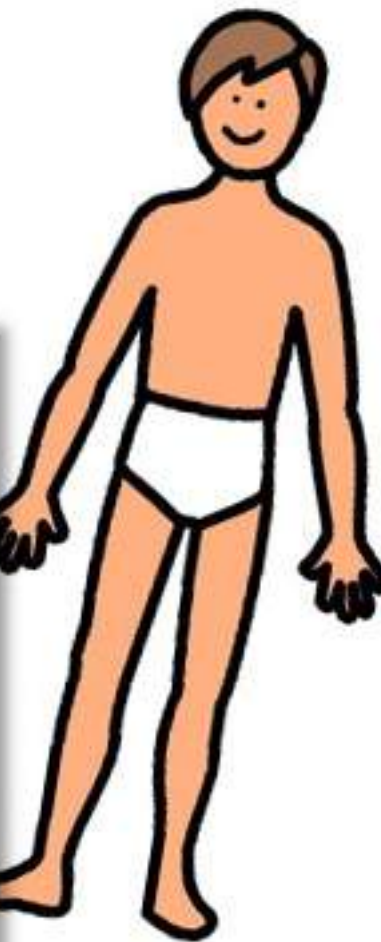
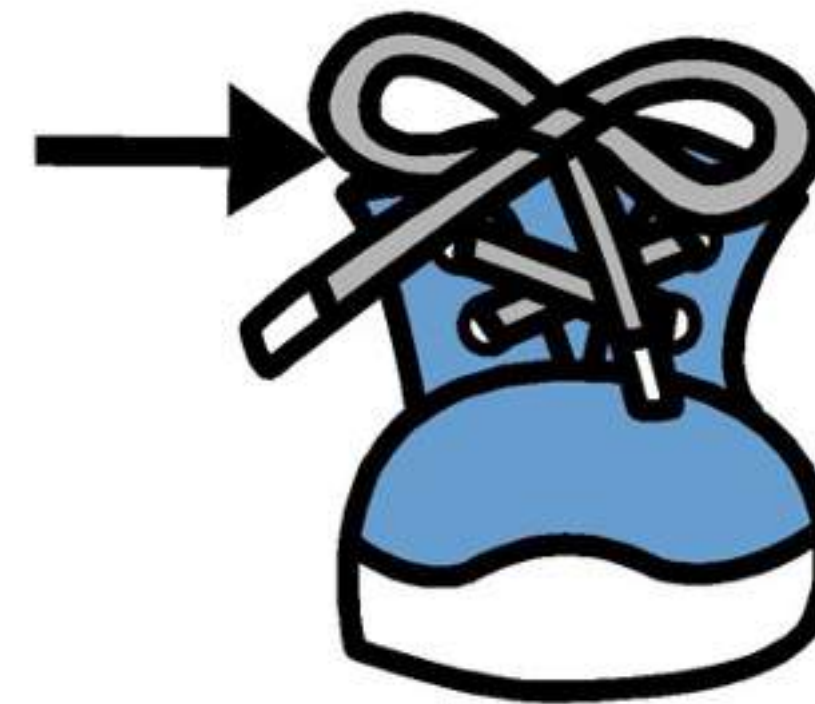
Getting Undressed



by Caroline Koehler



are

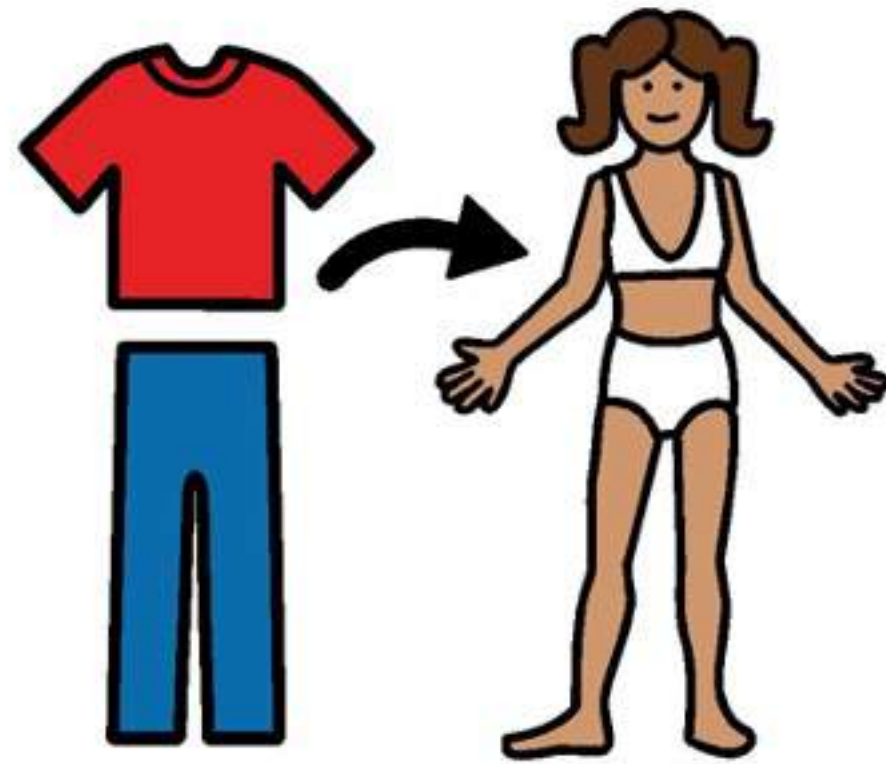


aren't around

Caroline Koehler

GETTING DRESSED FOR GIRLS

Getting Dressed



by Caroline Koehler

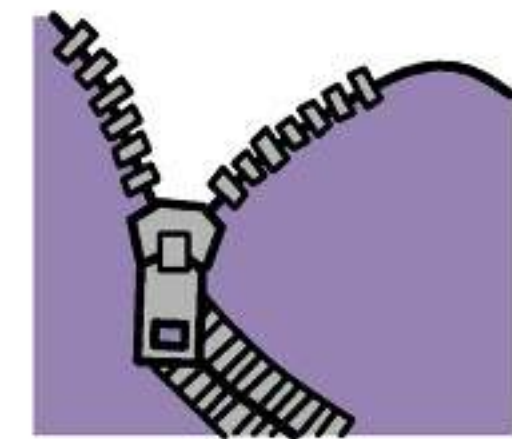
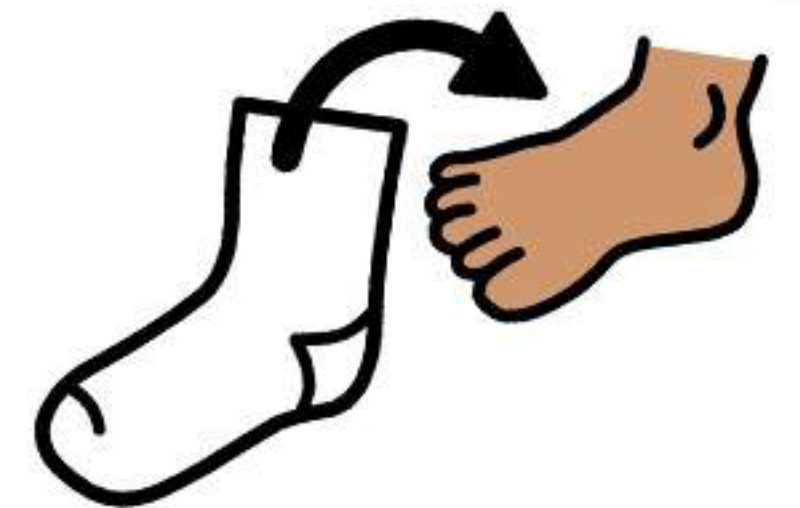


When you are around others,
you must wear clothes.



To get dressed

your underwear



Caroline Koehler



GETTING UNDRESSED FOR GIRLS



Getting Undressed



= are home



People take their clothes off



Take off your shoes.



Take off your shoes.



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HAIR BRUSHING

People brush their hair

to look nice & stay clean.

Brushing Your Hair



by Caroline Koehler



To brush your hair



Caroline Koehler

TAKING A BATH - BOYS



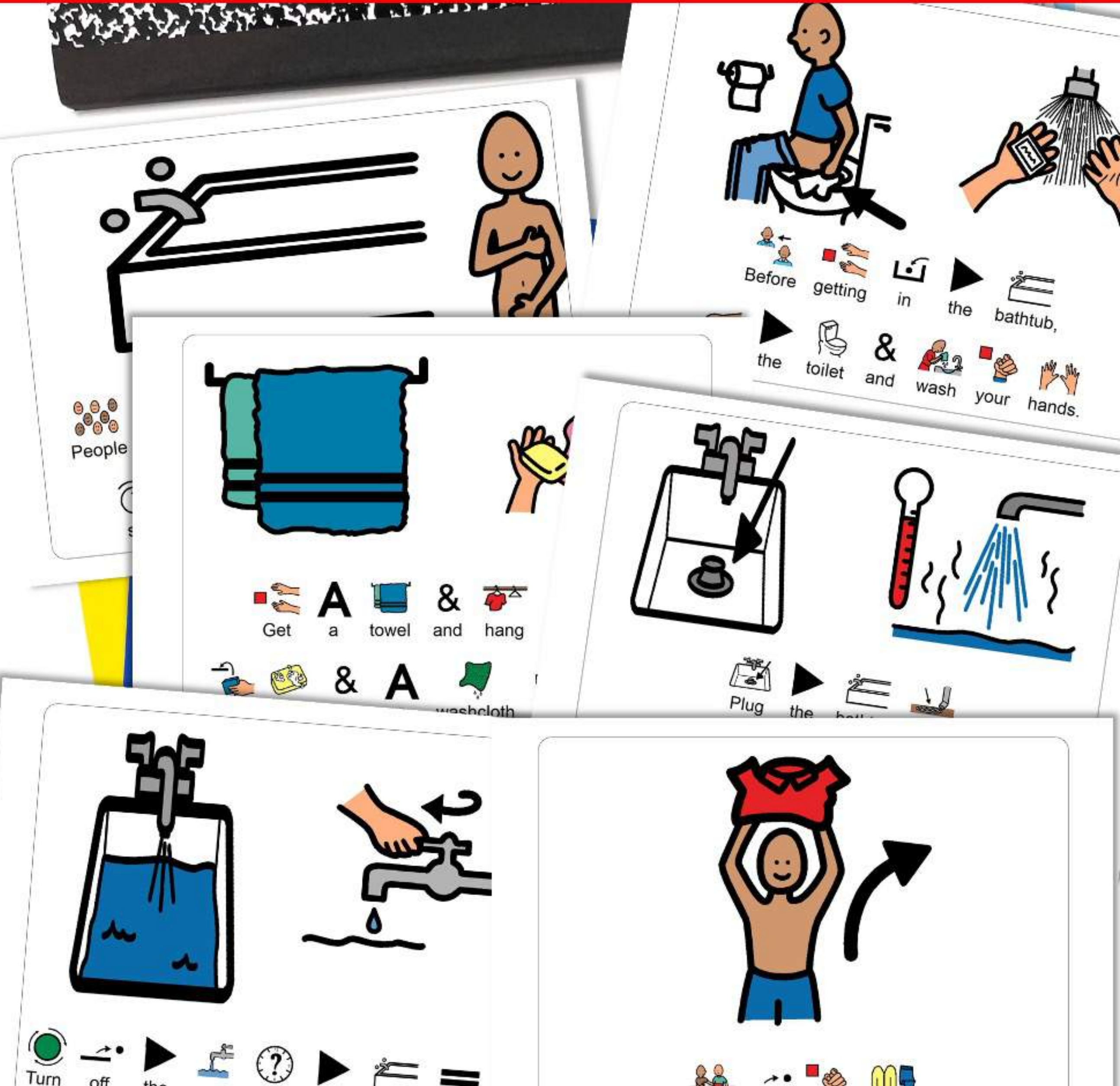
Taking a Bath
for boys



by Caroline Koehler

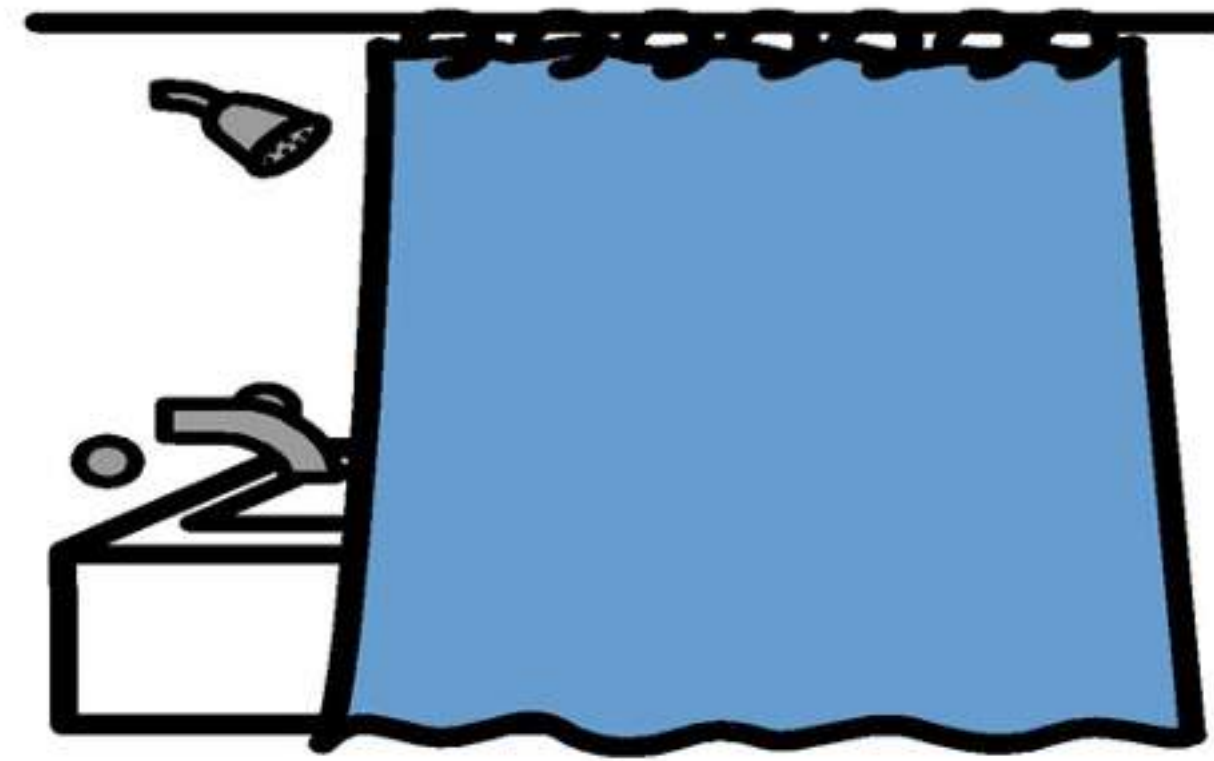


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TAKING A SHOWER - BOYS

Taking a Shower
for boys



People take showers to get their bodies clean.

the shower,



Get a towel and turn on the water.



Wash your hair with soap and water.



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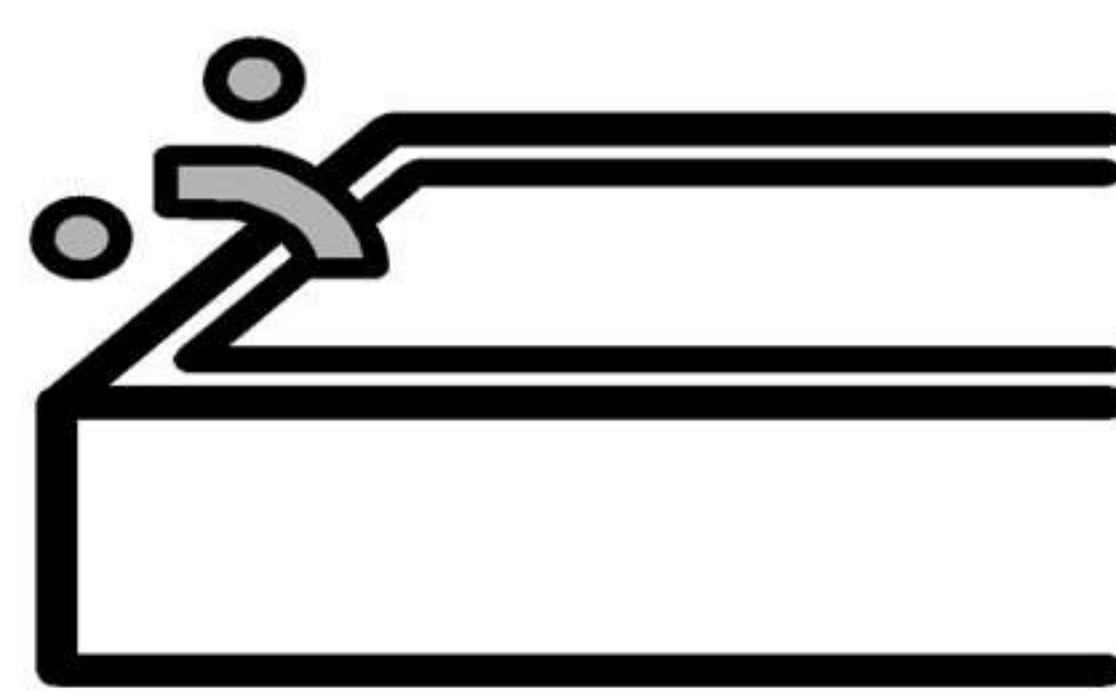
Put the soap on your hands and rub them together.

TAKING A BATH - GIRLS

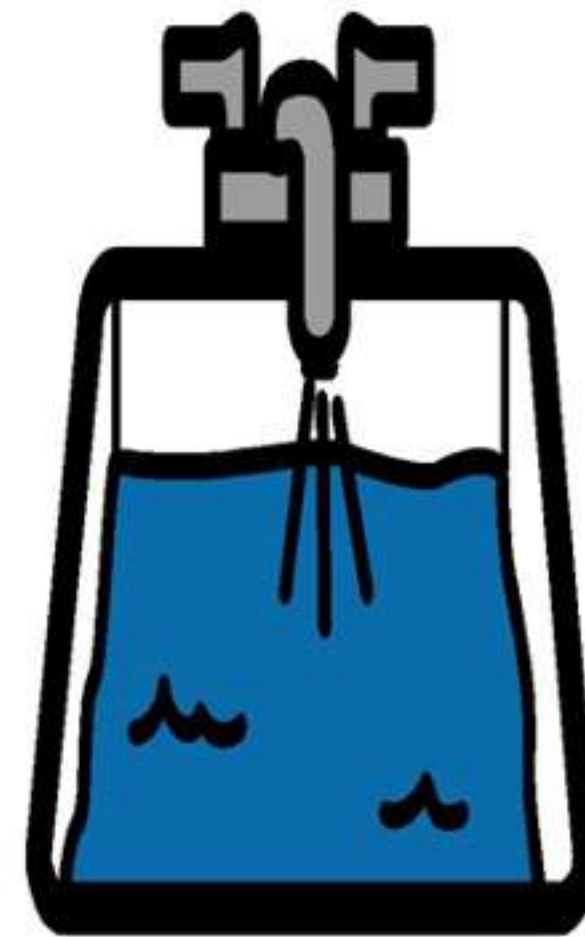
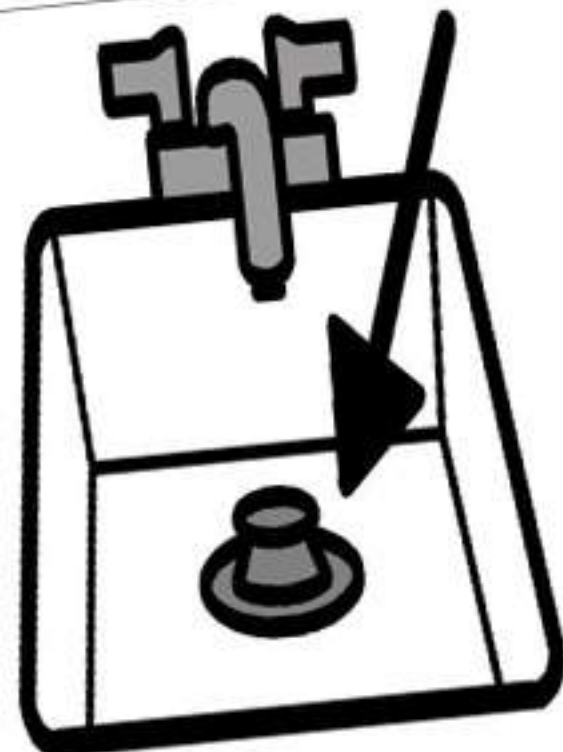
Taking a Bath
for girls



by Caroline Koehler



People take baths to get their bodies



Caroline Koehler



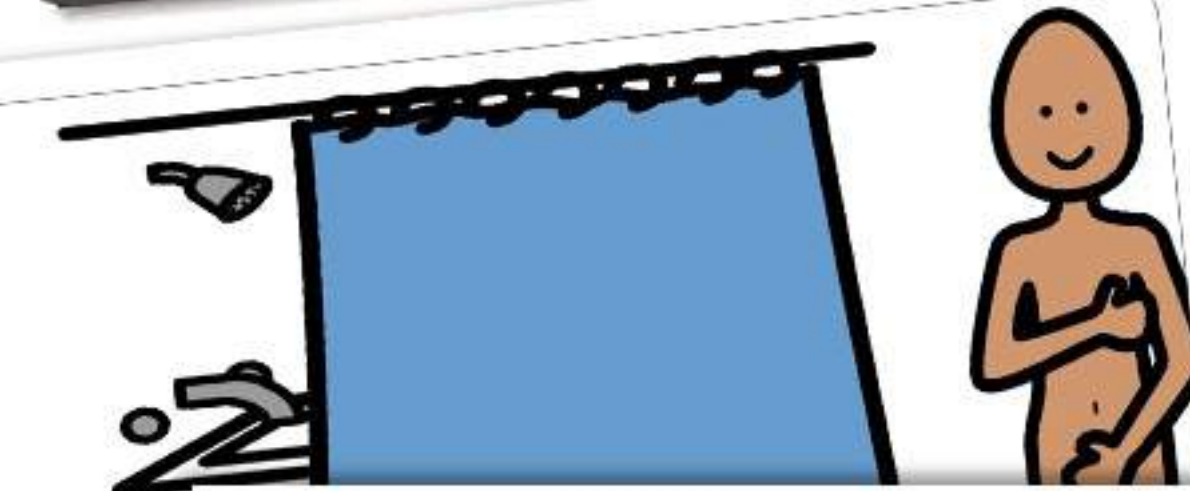
your clothes.

TAKING A SHOWER - GIRLS

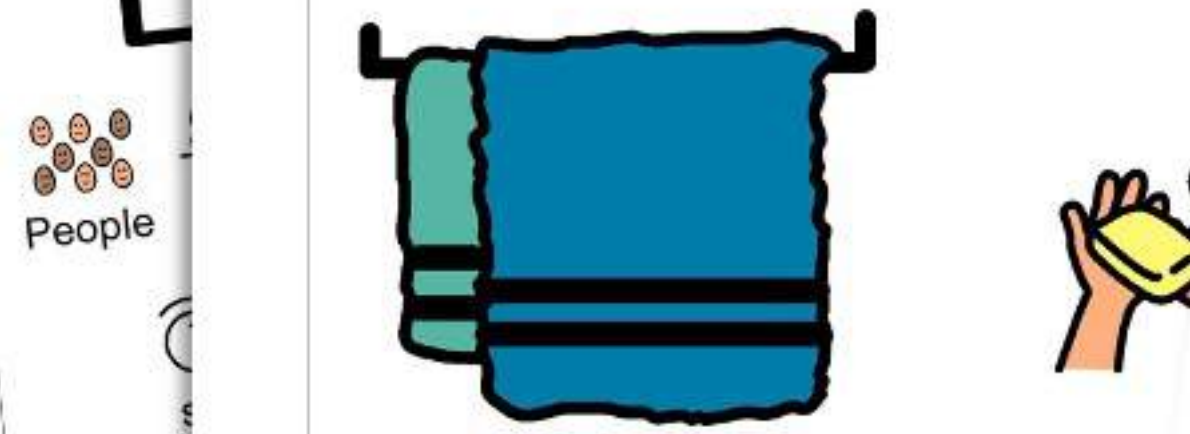
Taking a Shower for girls



by Caroline Koehler



Before getting in the shower,
the toilet & wash your hands.



Get a towel and hang



Get your washcloth wet and lather the soap

USING THE RESTROOM

Using the Restroom



by Caroline Koehler



People



use



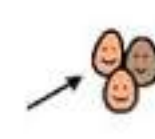
the



restroom



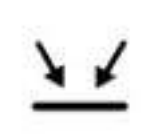
when



they



need



to



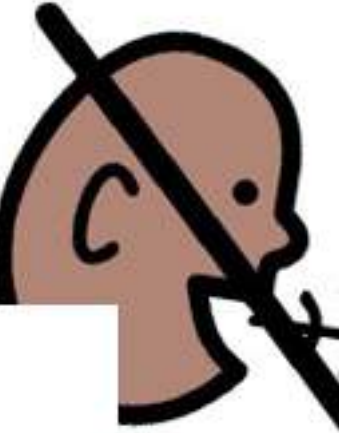
pee



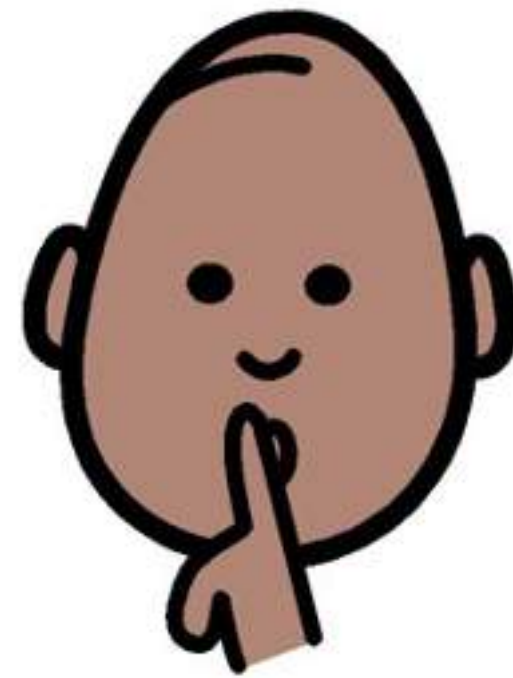
or



poop



Caroline Koehler



When



others



are



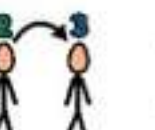
in



a



stand



next



to



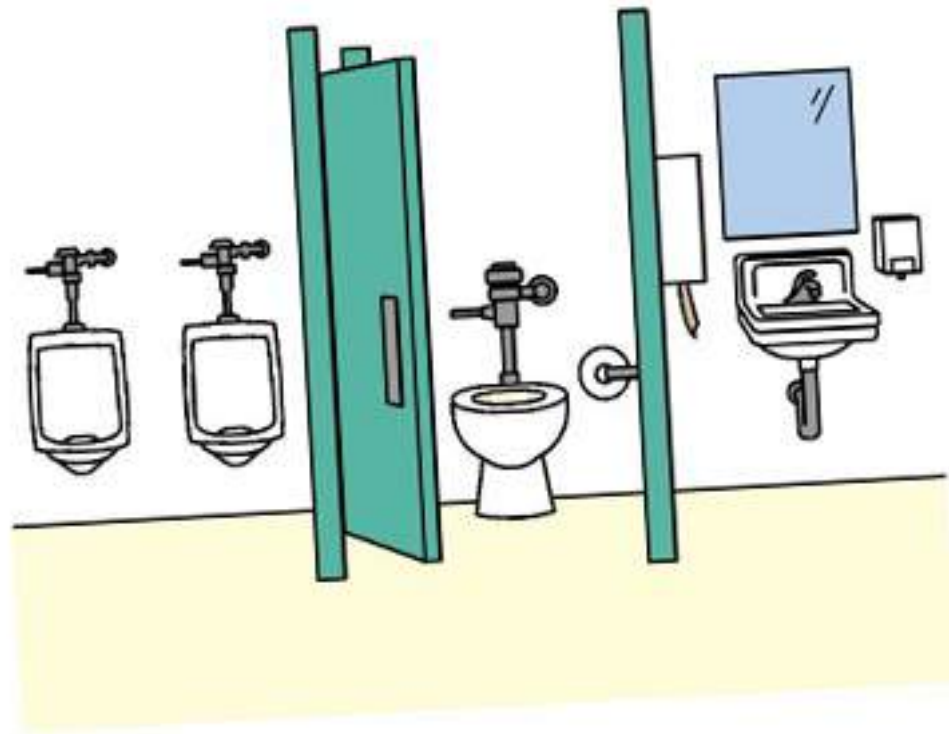
you

quiet

g, or

USING THE URINAL

Using the Urinal



by Caroline Koehler



Men & boys use the urinal



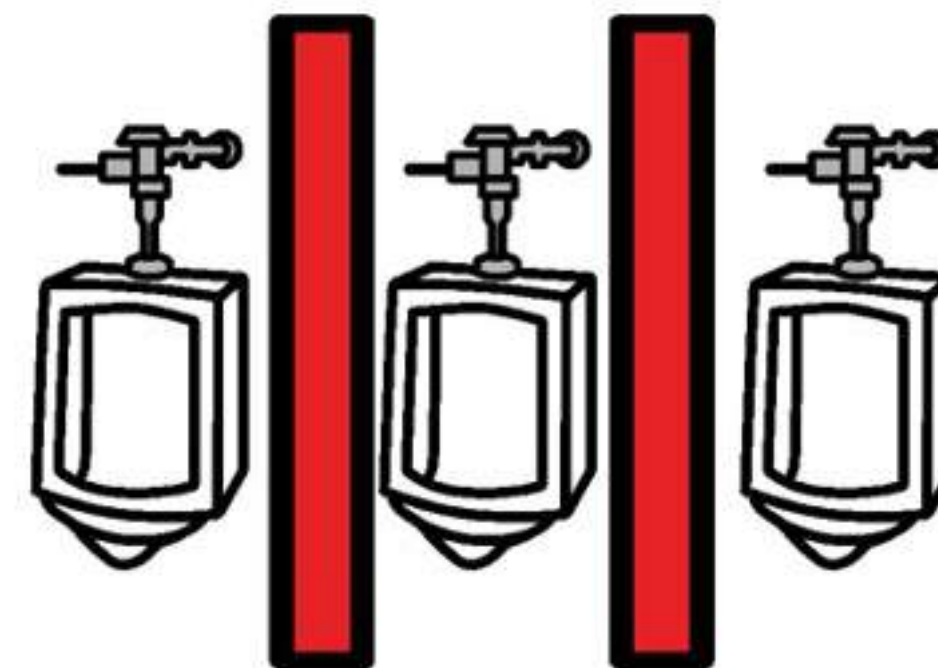
in your pants



is only one op
okay to



Caroline Koehler

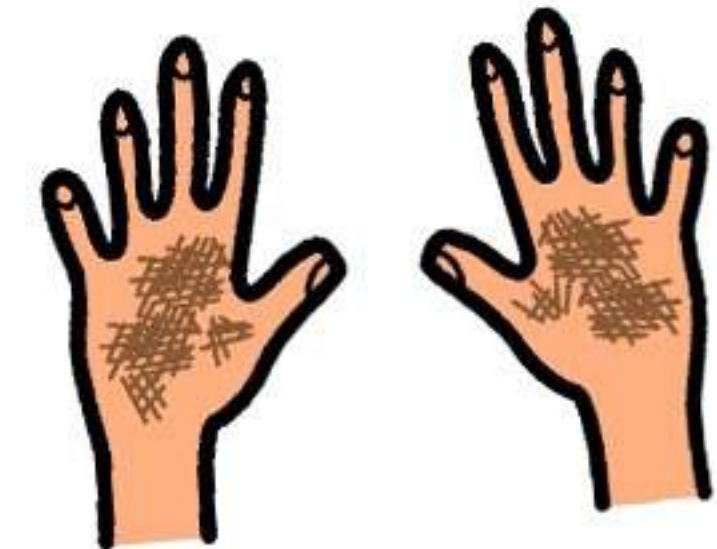


Leave an empty urinal between you

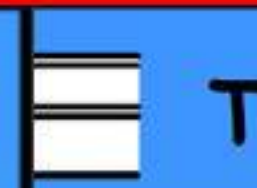
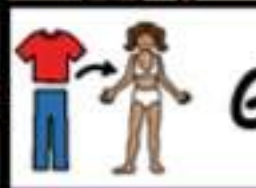
WASHING HANDS



Wash Your Hands



STEP BY STEP POSTERS

 Taking a Shower: boy 1 Use the toilet. Wash hands. 2 Hang up towel. Put washcloth in shower. 3 Take off your clothes. 4 Turn on shower. Get in shower. 5 Get your body wet.	 Taking a Bath: boy 1 Use the toilet. Wash hands. 2 Hang up towel. Put washcloth on tub. 3 Take off your clothes. 4 Plug bathtub drain. Turn on warm water. 5 Turn off water when done.	 Taking a Shower: girl 1 Use the toilet. Wash hands. 2 Hang up towel. Put washcloth in shower. 3 Take off your clothes. 4 Turn on shower. Get in shower. 5 Get your body wet.	 Taking a Bath: girl 1 Use the toilet. Wash hands. 2 Hang up towel. Put washcloth on tub. 3 Take off your clothes. 4 Plug bathtub drain. Turn on warm water. 5 Turn off water when done.	 Brush Your Hair 1 Use a brush or comb. 2 Spray hair conditioner. 3 Push brush through hair. Pull down hair. 4 Start again when you brush. 5 Brush the hair.
 Using the Urinal 1 Go to the restroom. Turn on the light. 2 Close the door. 3 Stand facing the urinal. 4 Use the urinal. 5 Flush the toilet.	 Using the Restroom 1 Go to the restroom. Turn on the light. 2 Close the door. 3 Pull down pants and underwear. 4 Use the toilet. 5 Flush the toilet.	 Washing Your Hands 1 Turn on water. 2 Get hands wet. 3 Put soap on hands. 4 Rub hands together. 5 Rinse hands.	 Brush Your Teeth 1 Unscrew cap from toothpaste tube. 2 Put toothpaste on toothbrush. 3 Screw cap on. 4 Brush teeth. 5 Rinse mouth.	 Getting Dressed 1 Put on underwear. 2 Put on bra. 3 Put on socks. 4 Put on pants. 5 Zip and button pants. 6 Put on shirt. 7 Tie belt. 8 Tie shoes.
 Getting Undressed 1 Untie shoes. 2 Take off shoes. 3 Take off socks. 4 Take off pants. 5 Take off shirt. 6 Take off underwear. 7 Take off bra.	 Getting Dressed 1 Put on underwear. 2 Put on socks. 3 Put on pants. 4 Put on shirt. 5 Zip and button pants. 6 Put on bra. 7 Tie belt. 8 Tie shoes.	 Getting Undressed 1 Untie shoes. 2 Take off shoes. 3 Take off socks. 4 Take off pants. 5 Take off shirt. 6 Take off underwear. 7 Take off bra.	 Getting Dressed 1 Put on underwear. 2 Put on socks. 3 Put on pants. 4 Put on shirt. 5 Zip and button pants. 6 Put on bra. 7 Tie belt. 8 Tie shoes.	 Getting Undressed 1 Untie shoes. 2 Take off shoes. 3 Take off socks. 4 Take off pants. 5 Take off shirt. 6 Take off underwear. 7 Take off bra.

CHECK OUT THE BUNDLE!



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They might cry or shout

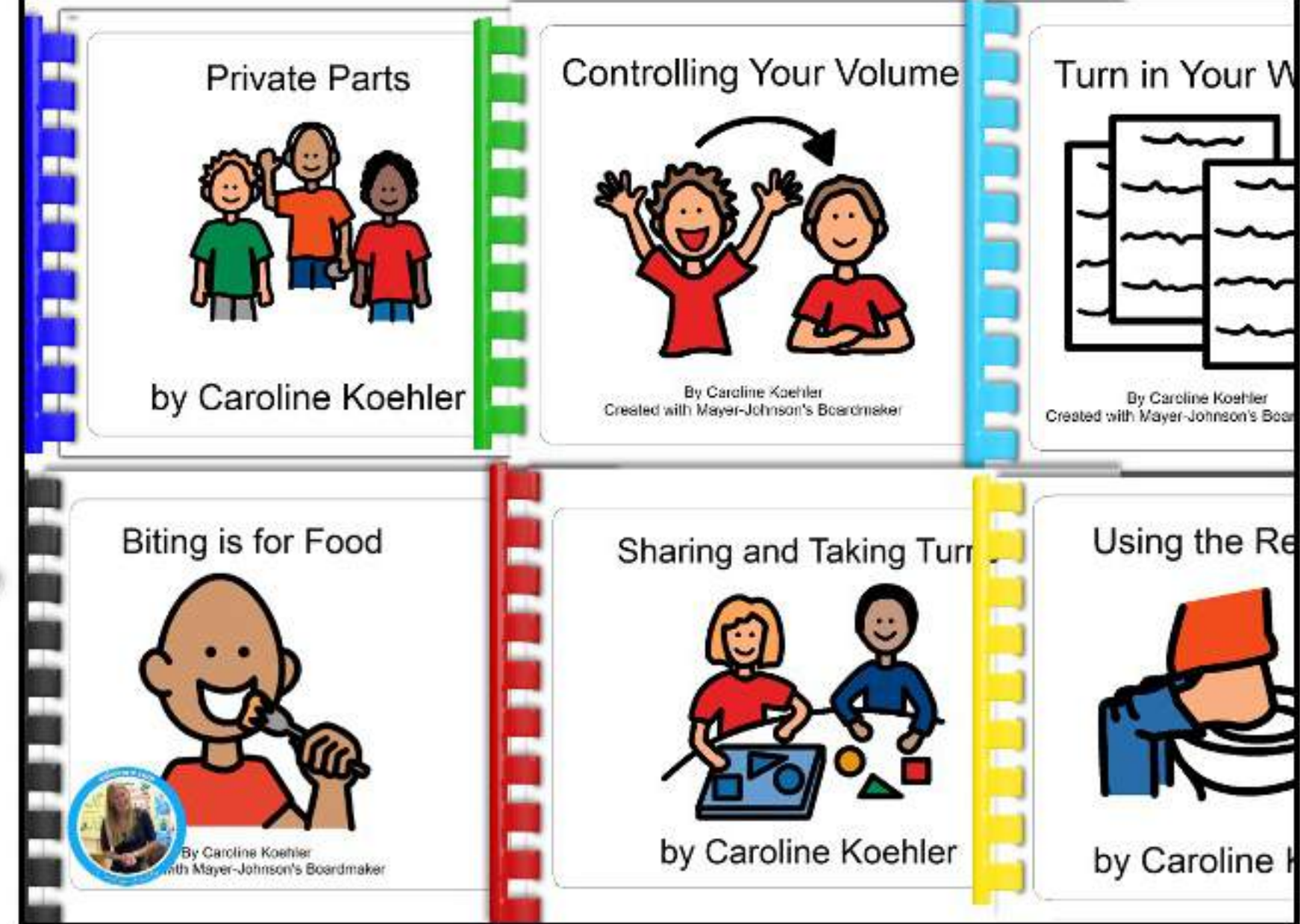
How to Stay Calm and Avoid a Meltdown



By Caroline Koehler
Created with Mayer-Johnson's Boardmaker



SOCIAL STORIES ULTIMATE BUNDLE



- ✓ Social skills tools for autism
- ✓ Picture based stories
- ✓ Simple, direct teaching tools