

AUTISM MELTDOWN

➤ 5 SOCIAL STORIES

➤ REDUCE PROBLEMS

➤ COPING SKILLS HELP

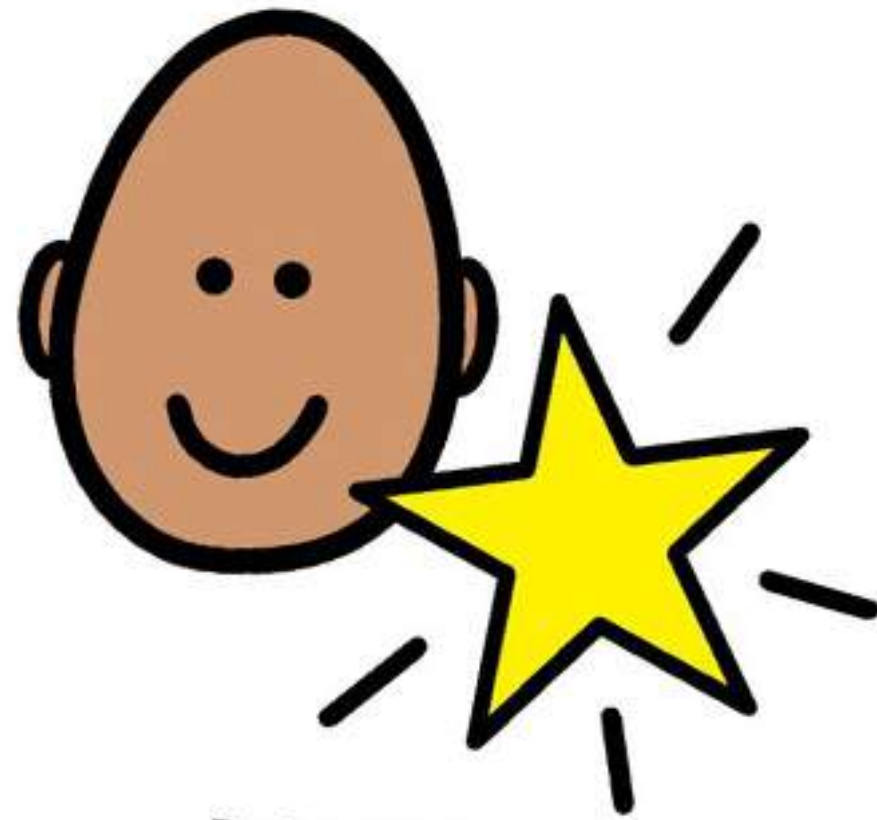
➤ POSITIVE SUPPORT



Caroline Koehler

BE ACCOUNTABLE

Be Accountable for Your Actions



By Caroline Koehler
Created with Mayer-Johnson's Boardmaker



Some actions lead to consequences.



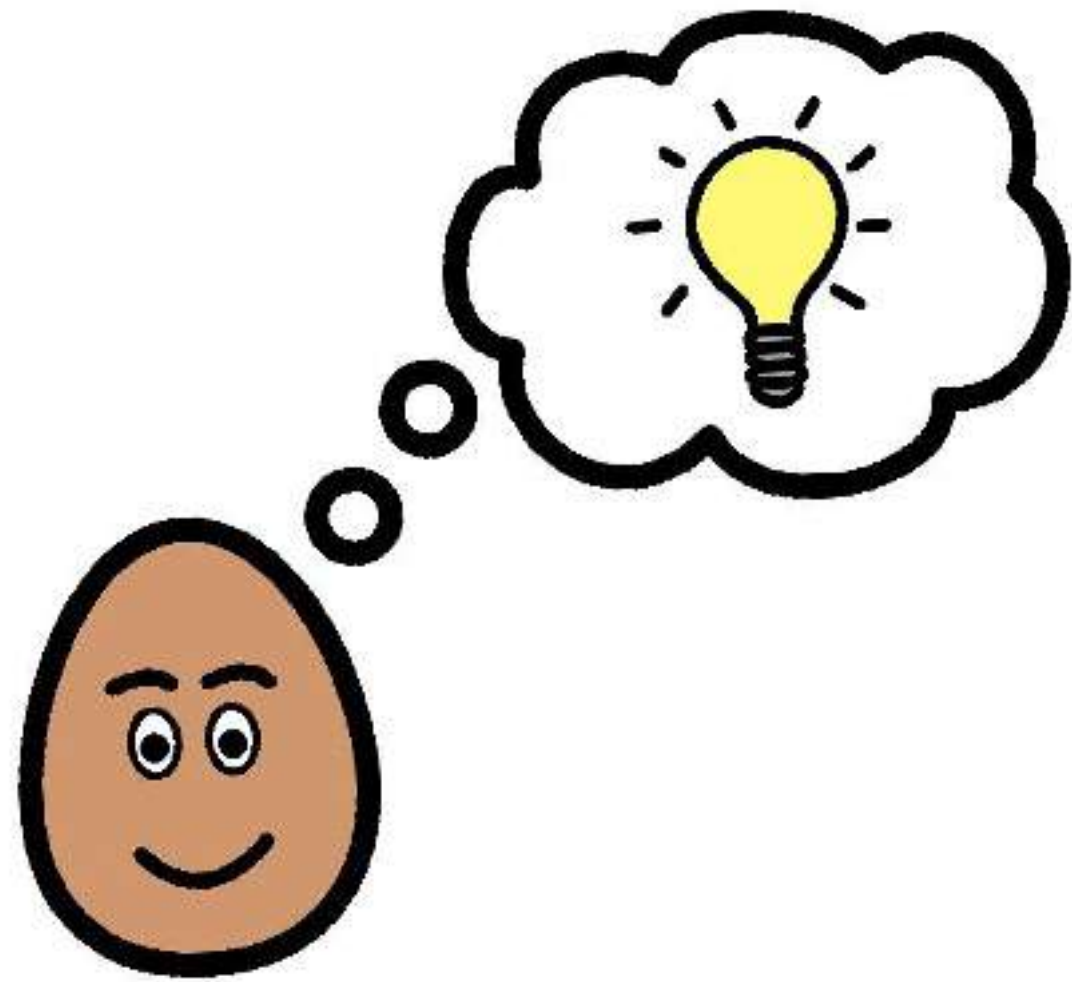
Consequences are given when rules



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BEING RESPONSIBLE

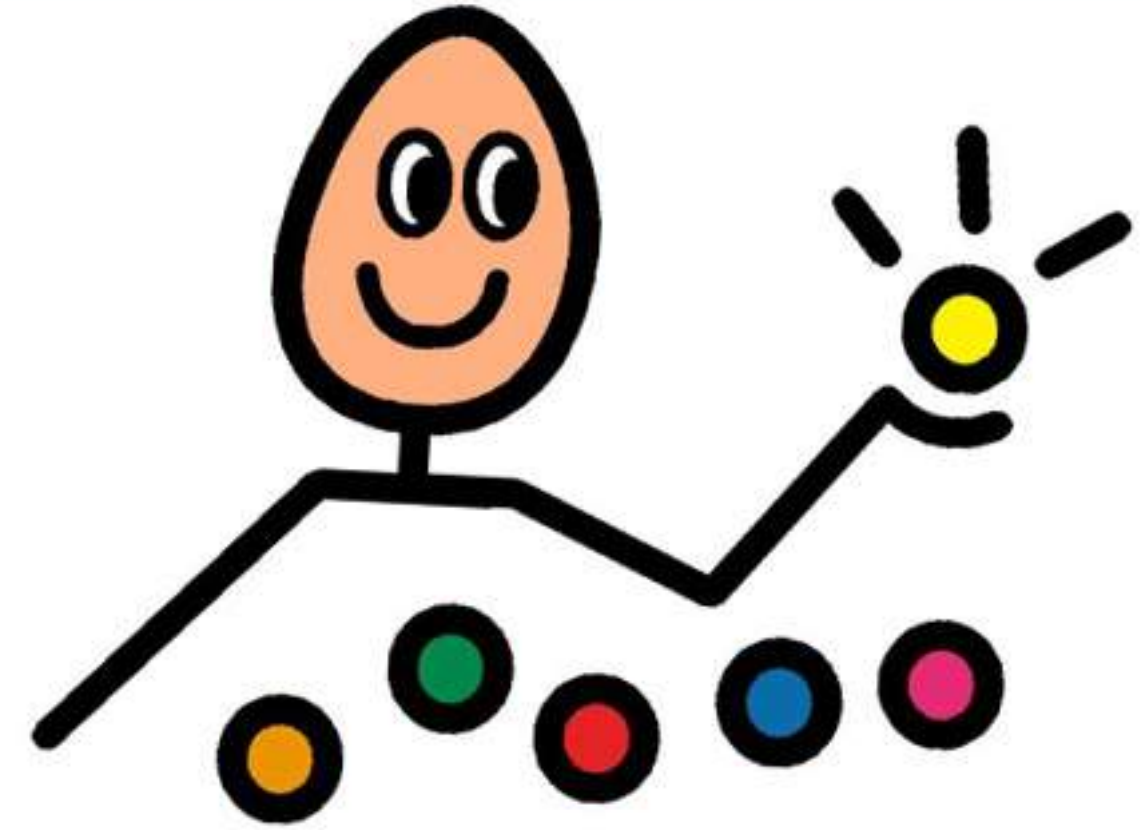
Being Responsible



By Caroline Koehler
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People



who

=

are



success

=

+



=



possible

=

means



doing



what



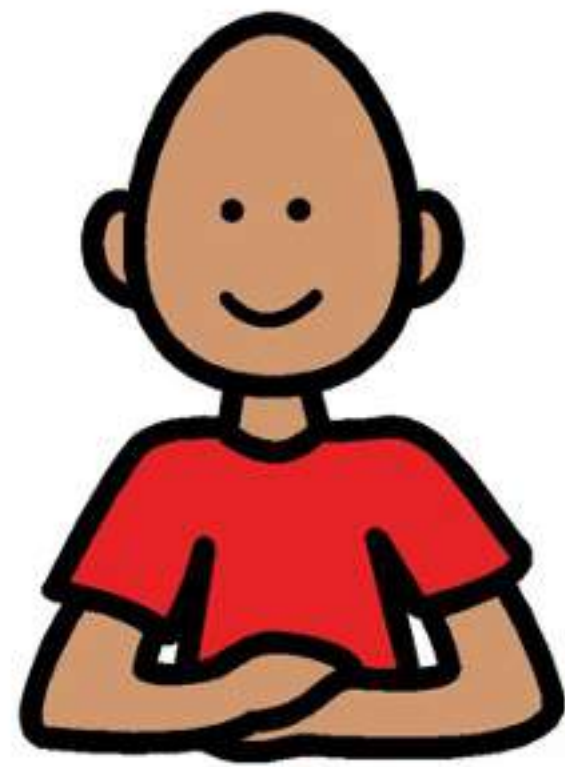
you



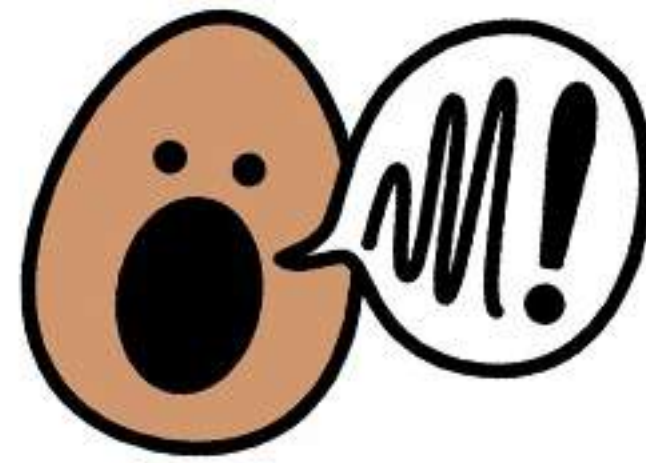
say

HOW TO AVOID MELTDOWNS

How to Stay Calm and Avoid a Meltdown



By Caroline Koehler
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They might cry or shout.

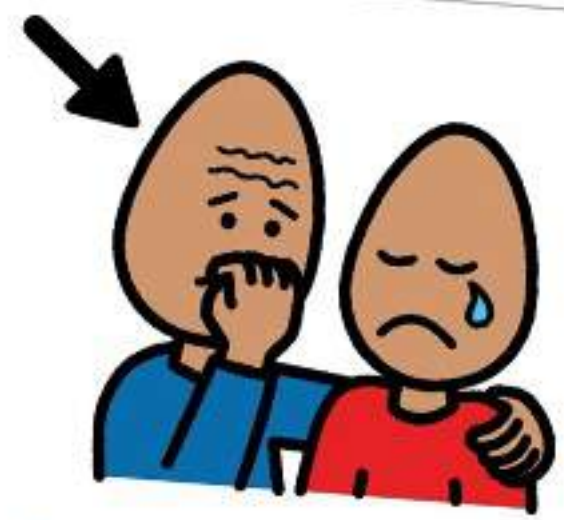


Sometimes people get very

& A meltdown



A meltdown is A



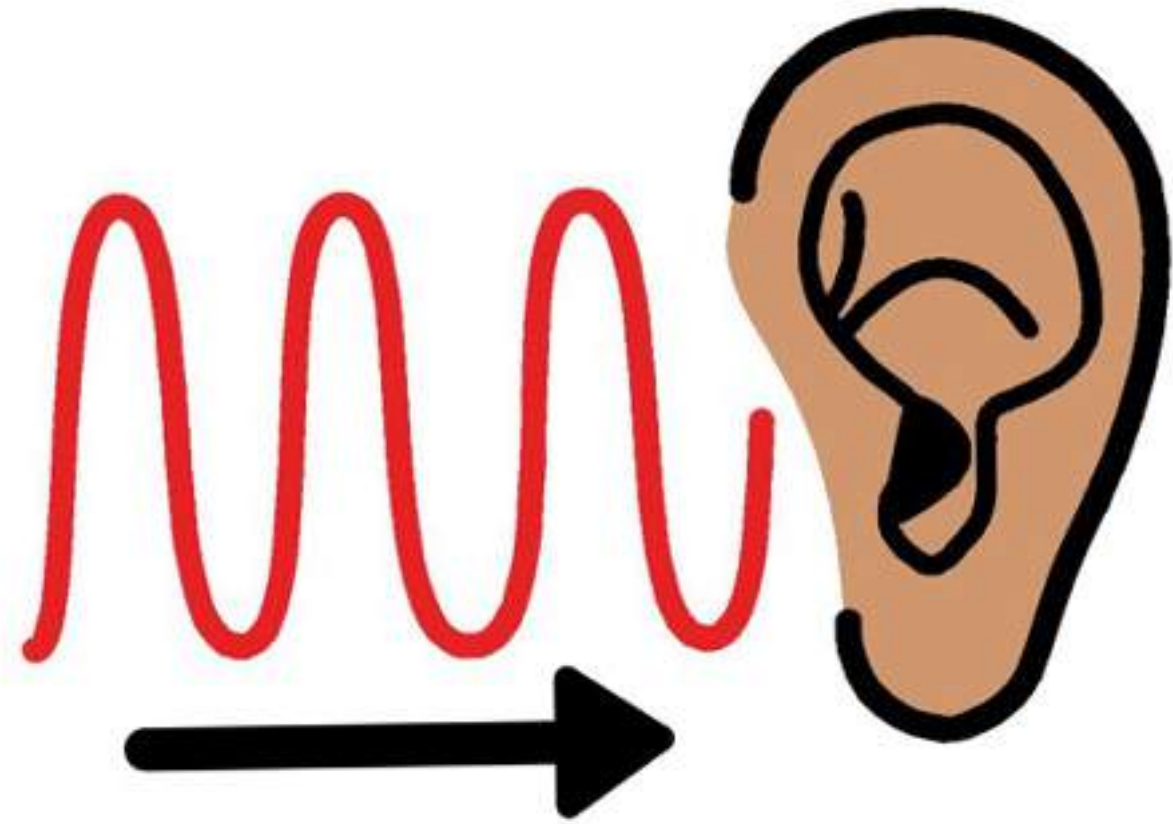
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They might say angry things, hurt themselves

NOISES

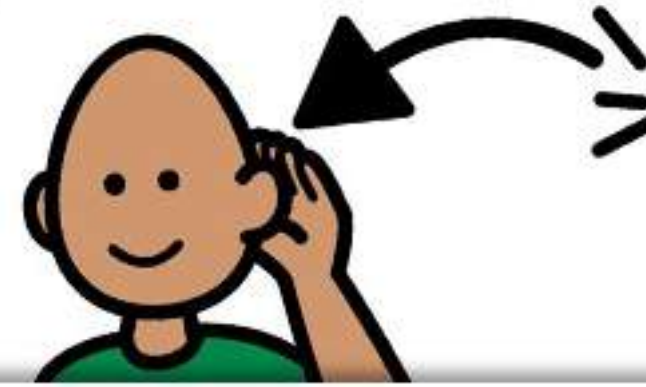
Noises



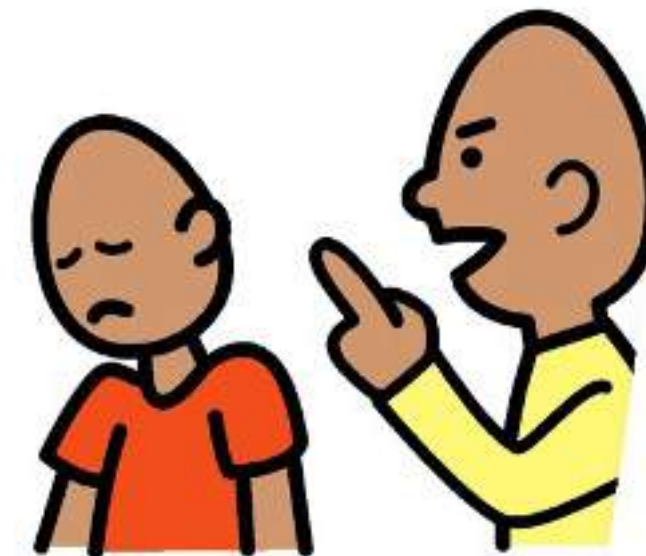
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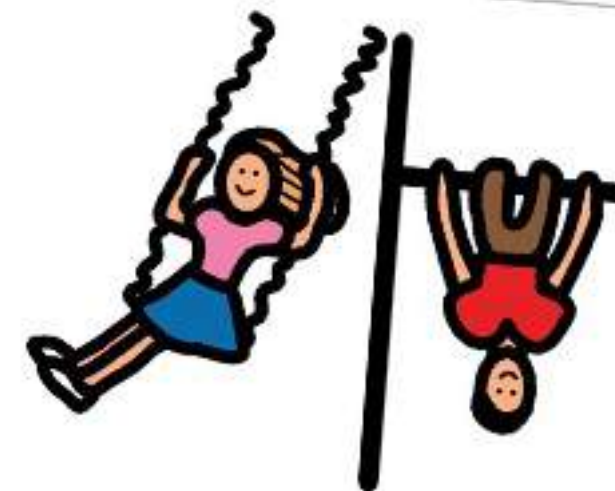
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Some noises are helpful.



Some noises are harmful.



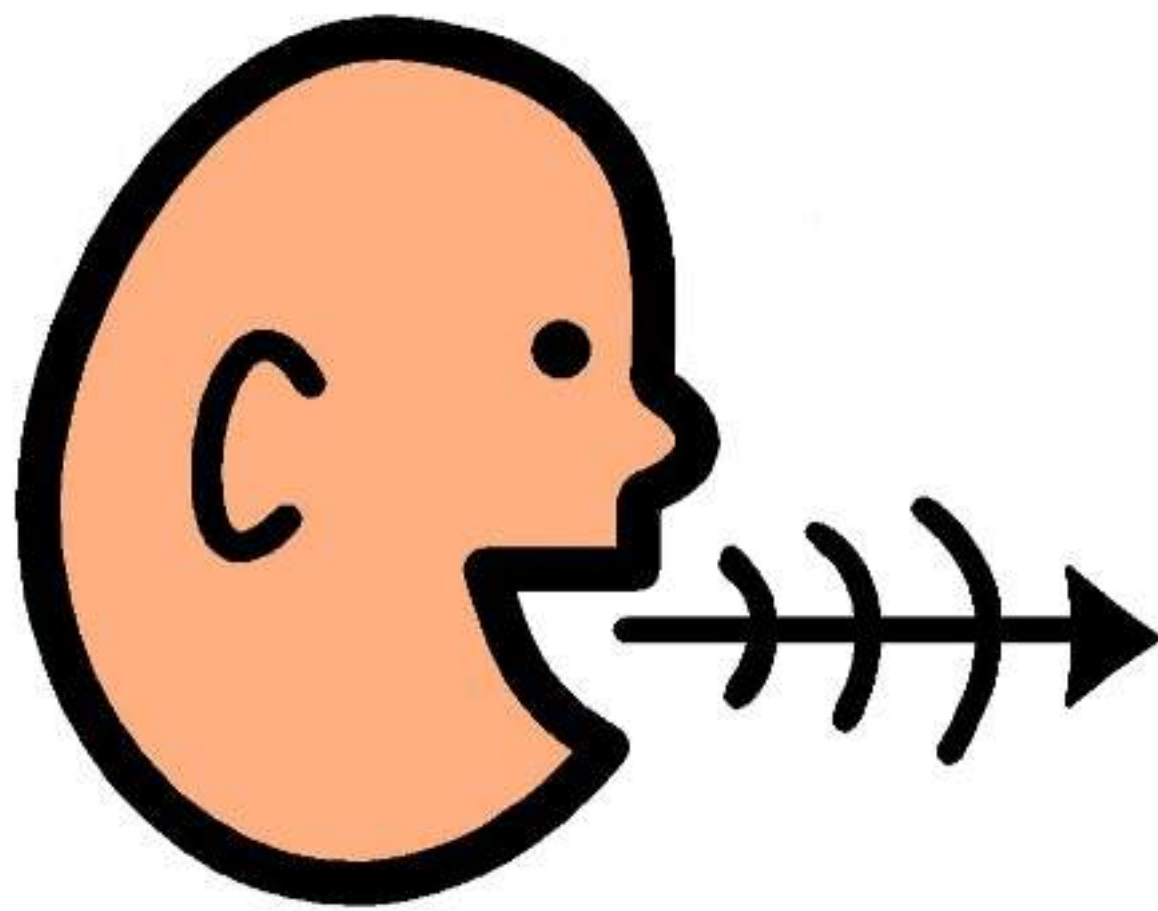
Loud noises like shouting and screaming



Some noises are okay during an emergency

VOICE TONE

Voice Tone



By Caroline Koehler
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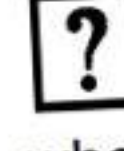
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you



understand



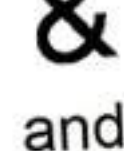
what



you



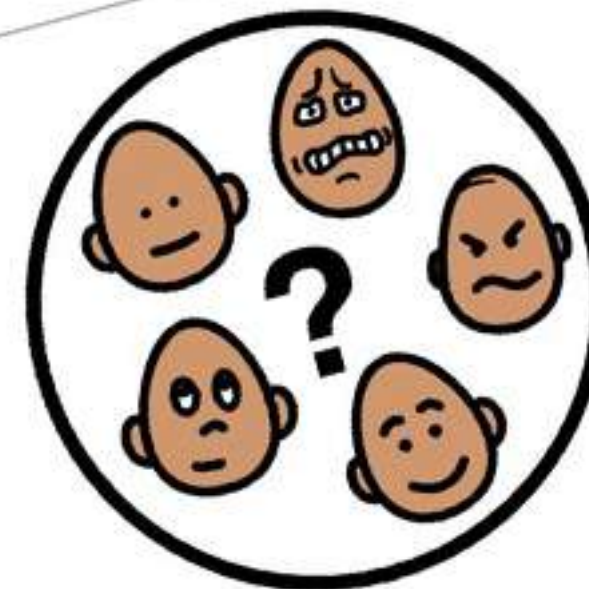
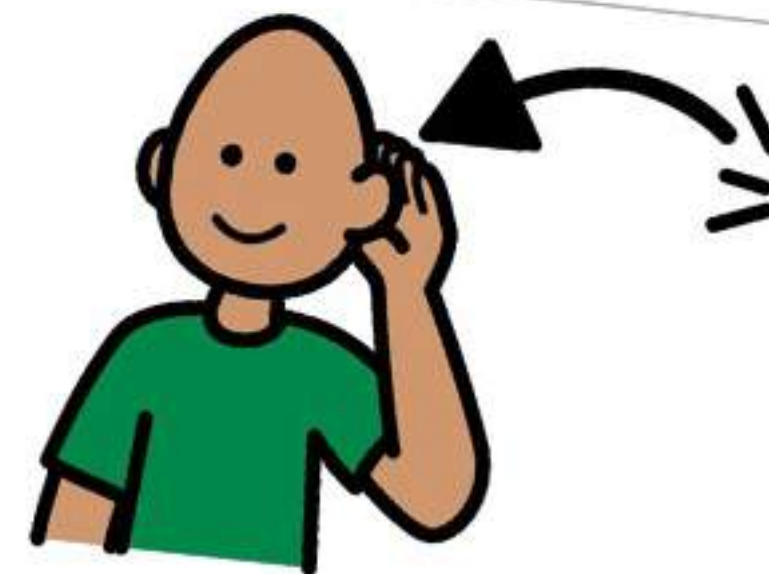
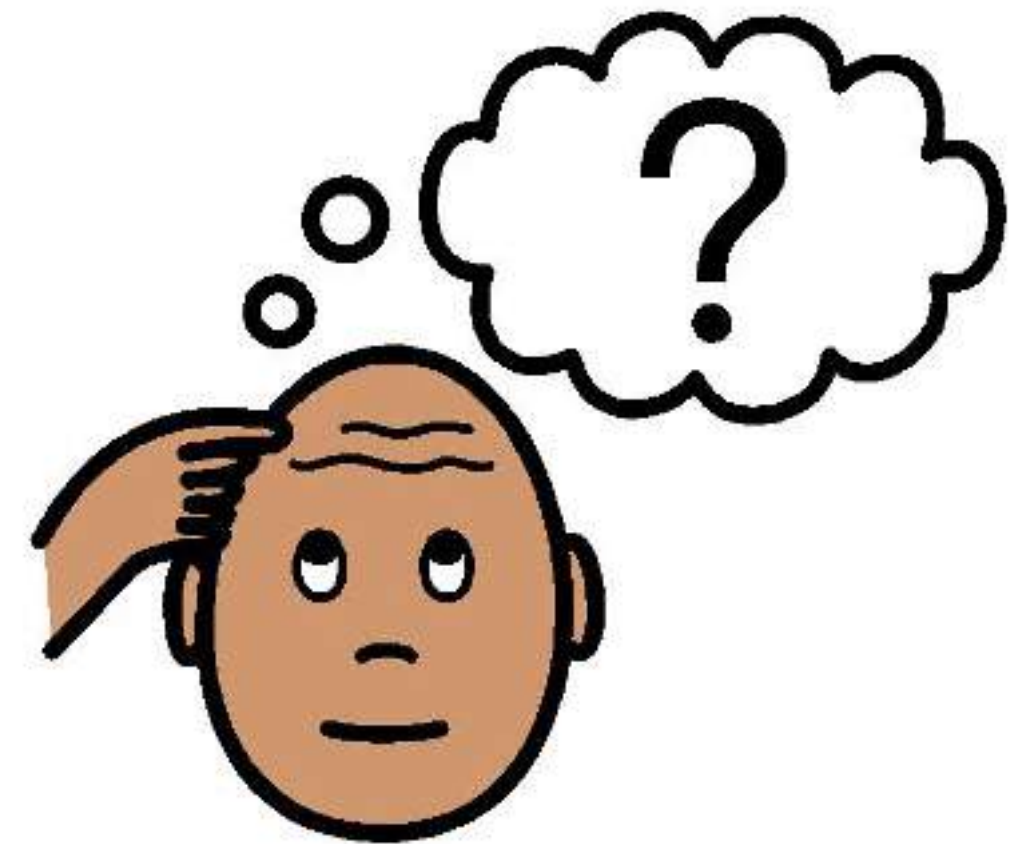
want



and



need.



CHECK OUT THE BUNDLE!



Click here to get these social stories plus 60+ others!

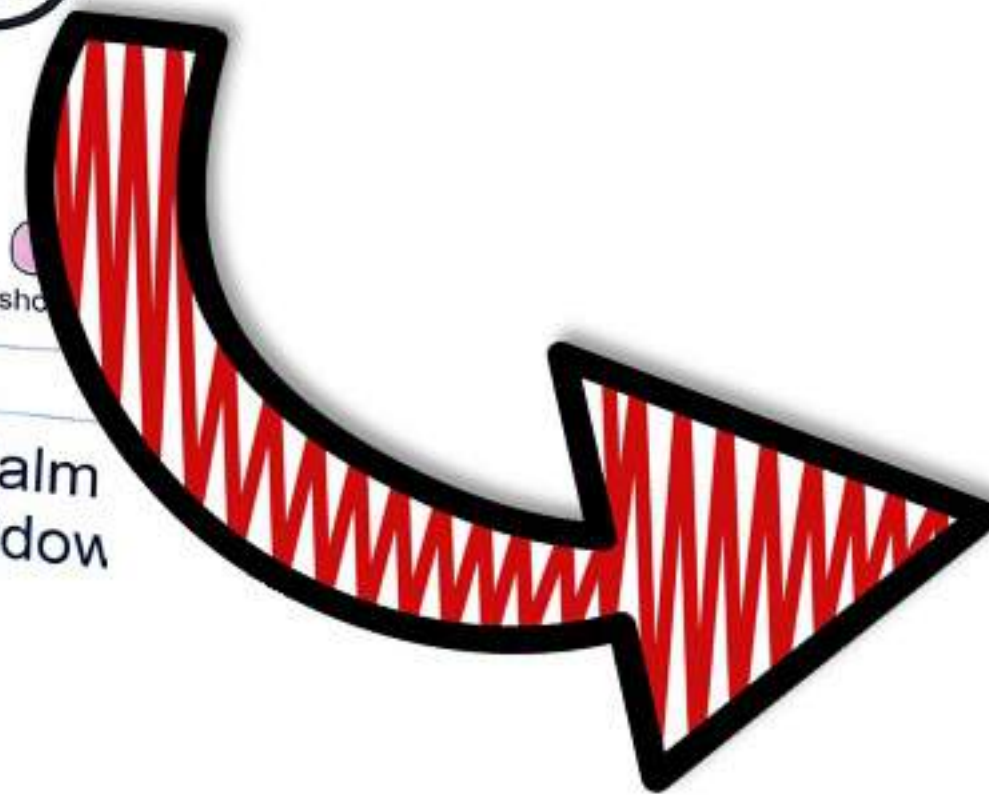


They might cry or shout

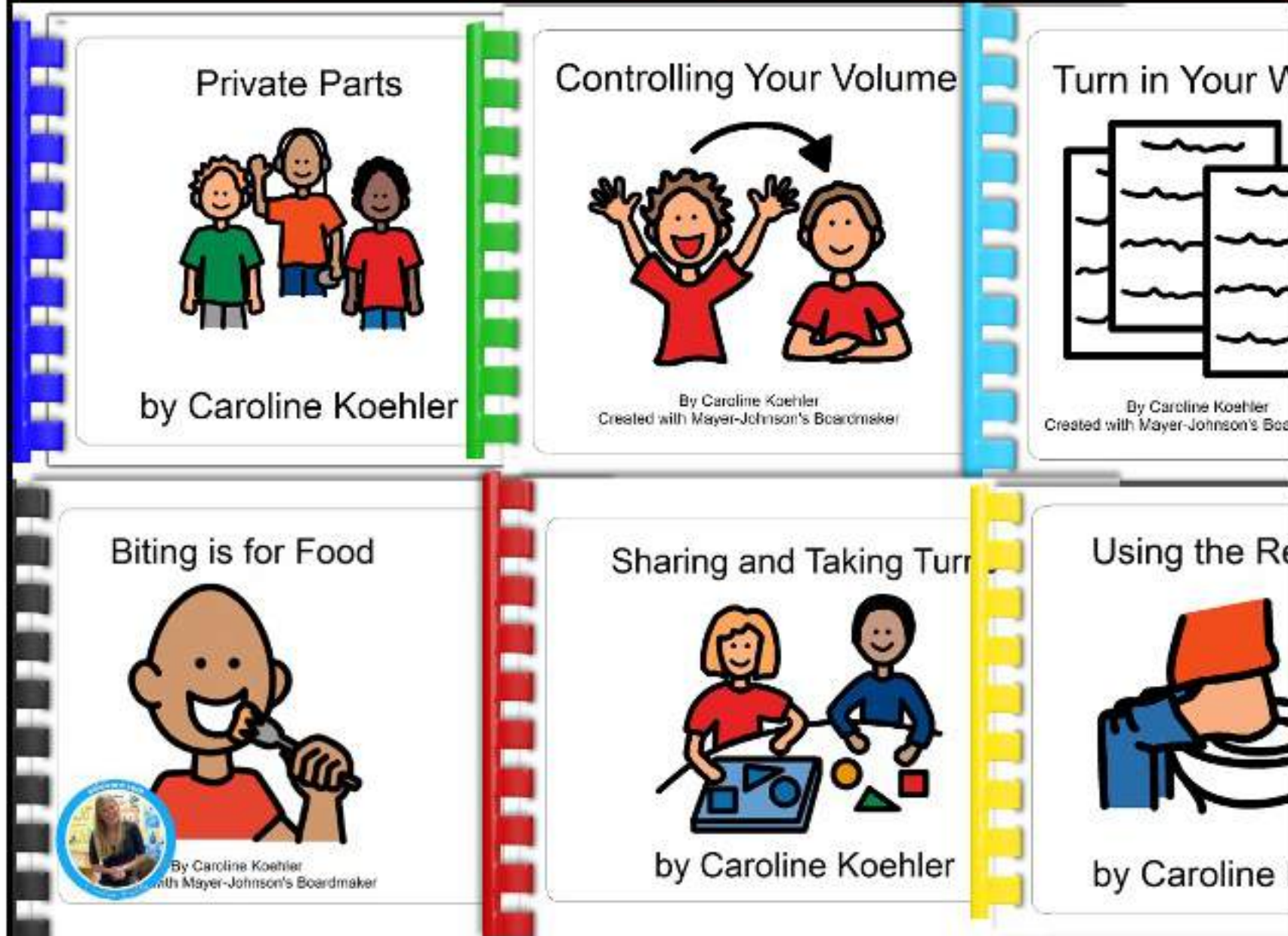
How to Stay Calm and Avoid a Meltdown



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SOCIAL STORIES ULTIMATE BUNDLE



- ✓ Social skills tools for autism
- ✓ Picture based stories
- ✓ Simple, direct teaching tools