

TRANSITION ASSESSMENTS

➤ WRITTEN SET

➤ CAREER BASED

➤ LIFE SKILLS

➤ GOAL DRIVEN

All About Rex (student's name)

Check the boxes that describe you.

I am able to

- ☒ clean the house
- ☒ complete homework
- ☐ cook my own food
- ☐ do laundry
- ☐ do repairs
- ☐ drive a car
- ☐ earn money
- ☐ make appointments
- ☐ order and pay at a restaurant
- ☐ pay bills
- ☐ shop
- ☒ take care of personal hygiene
- ☒ take care of pets
- ☒ take care of others
- ☐ wash dishes
- ☐ write a check

Subjects I enjoy are

- ☒ Art
- ☐ Band
- ☐ Choir
- ☒ Computer
- ☐ Drafting
- ☐ Drama
- ☐ English
- ☐ Foreign Language
- ☒ Math
- ☐ Mechanics
- ☐ Performing Arts
- ☐ Journalism
- ☒ Physical Education
- ☐ Science
- ☒ Social Studies
- ☐ Speech
- ☒ Spelling
- ☐ Woodshop
- ☒ Writing

My educational goals are to

- ☒ receive a high school diploma
- ☐ receive a two year college degree
- ☒ receive a four year college degree
- ☐ receive on the job training
- ☐ receive a technical certificate
- ☐ train at a career center
- ☐ enlist in the military

I prefer to work (Check the boxes that describe you)

- ☒ full-time
- ☐ part-time
- ☒ at home
- ☐ for a company
- ☐ as a self-employed business owner
- ☐ as a stay at home parent
- ☐ alone
- ☐ with people
- ☐ with animals
- ☐ with plants
- ☒ with technology
- ☒ with machines
- ☐ with my hands
- ☐ with id
- ☒ during the day
- ☐ at night
- ☐ during the week
- ☐ on the week
- ☐ while moving
- ☒ while sitting
- ☐ while standing
- ☐ a busy job
- ☒ a slow-paced job
- ☐ a quiet job
- ☐ a noisy job
- ☒ in regular clothes
- ☐ in dress clothes
- ☐ in a uniform
- ☒ inside
- ☐ outside
- ☒ in a clean place
- ☐ in a dirty place
- ☒ in one place daily
- ☐ traveling in town
- ☐ traveling out of town
- ☐ in the city
- ☐ in the country
- ☐ in my hometown
- ☒ in a different town
- ☐ in a different country

Personal qualities that I have are

- ☒ Awareness
- ☐ Cooperation
- ☒ Curiosity
- ☐ Flexibility
- ☐ Generosity
- ☐ Humility
- ☐ Joy
- ☒ Organization
- ☐ Pride
- ☒ Resourcefulness
- ☐ Self-control
- ☐ Wellness
- ☐ Caring
- ☐ Courage
- ☒ Effort
- ☐ Forgiveness
- ☐ Gratitude
- ☒ Initiative
- ☐ Kindness
- ☒ Patience
- ☒ Problem-Solving
- ☐ Respect
- ☐ Sense of Humor
- ☐ Common Sense
- ☒ Creativity
- ☐ Fairness
- ☐ Friendship
- ☐ Honesty
- ☐ Integrity
- ☐ Manners
- ☐ Perseverance
- ☐ Resilience
- ☒ Responsibility
- ☒ Trustworthy

Check the boxes that describe you.

	Strength	Average	Weakness	Not Sure
Accepting change	☐	☐	☐	☐
Asking for help	☐	☐	☐	☐
Being a friend	☒	☐	☐	☐
Being on time	☒	☐	☐	☐
Being organized	☐	☐	☐	☐
Following rules	☒	☐	☐	☐
Following routines	☐	☐	☐	☐
Giving orders	☐	☐	☐	☐
Helping others	☒	☐	☐	☐
Listening	☐	☐	☐	☐
Making decisions	☐	☐	☐	☐
Making friends	☐	☐	☐	☐
Managing stress	☐	☐	☐	☐
Meeting deadlines	☐	☐	☐	☐
Managing money	☐	☐	☐	☐
Paying attention	☐	☐	☐	☐
Using time wisely	☐	☐	☐	☐
Solving problems	☐	☐	☐	☐



Caroline Koehler



TRANSITION ASSESSMENT - INCLUSION

Case Cc 2

Student Name: [Redacted] Date: 3-19-18

Type of Conference:
☒ Initial
☐ Annual
☐ Revisit

Primary/Secondary:
01 Multiple Disability
02 Orthopedic Impairment
03 Blind/Low Vision
04 Deaf or Hard of Hearing
05 Emotional Disability Full/Part
06 Emotional Disability Other
07 Specific Learning Disability
08 Dev Delay (Ages 3-5)

Primary Exceptional:
Secondary Exceptional:
Placement Code:
Teacher of Record:

ACR M:
Date:
Date:

All About [Redacted]

Check the boxes that describe you

I am able to

- ☒ clean the house
- ☒ do laundry
- ☒ make appointments
- ☒ shop
- ☒ take care of others

Subjects I enjoy are

- ☒ Art
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- ☒ English
- ☒ Foreign Language
- ☒ Journalism
- ☒ Math
- ☒ Mechanical
- ☒ Physical Education
- ☒ Spelling
- ☒ Woodshop
- ☒ Writing
- ☒ Handwriting
- ☒ Health
- ☒ Performing Arts
- ☒ Social Studies
- ☒ Speech

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- ☒ receive a four year college degree
- ☒ receive a technical certificate
- ☒ enlist in the military
- ☒ receive a two year college degree
- ☒ receive on the job training
- ☒ train at a career center

I hope to live

- ☒ in an apartment
- ☒ in a condo
- ☒ in a house
- ☒ on a military base
- ☒ in a group home
- ☒ with family

I prefer to work

Check the boxes that describe you

- ☒ full-time
- ☒ as a self-employed business owner
- ☒ alone
- ☒ with technology
- ☒ during the day
- ☒ while moving
- ☒ a busy job
- ☒ in regular clothes
- ☒ inside
- ☒ in one place daily
- ☒ in the city
- ☒ in a different town

- ☒ part-time
- ☒ at home
- ☒ for a company
- ☒ as a stay at home parent
- ☒ with people
- ☒ with animals
- ☒ with plants
- ☒ with machines
- ☒ with my hands
- ☒ with ideas
- ☒ at night
- ☒ during the week
- ☒ on the weekend
- ☒ while sitting
- ☒ while standing
- ☒ a slow-paced job
- ☒ a quiet job
- ☒ a noisy job
- ☒ in dress clothes
- ☒ in a uniform
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- ☒ Manners
- ☒ Perseverance
- ☒ Resilience
- ☒ Responsibility
- ☒ Trustworthy



Caroline Koehler

16 WORD-BASED SURVEYS

Shopping List

(student's name) _____

Imagine you've just moved into your own place and you have no supplies. You are going shopping but can only buy five items from each category. Pick the top five items you feel you need in each category below.

Entertainment Items		Cell phone
☐ Amazon Prime	☐ Books	☐ VR
☐ Computer	☐ DVDs	☐ MP3 players
☐ Games	☐ Internet	☐ Satellite
☐ Netflix	☐ Newspaper	
☐ Tablet/iPad	☐ Television	

Bedroom Supplies		Curtains
☐ Alarm clock	☐ Bedspread/quilt	☐ Curtains
☐ Eye mask	☐ Hangers	☐ Pillow
☐ Mattress pad	☐ Mirror	☐ Pillowcase
☐ Sheets	☐ Sound machine	☐ Television

Shopping List

(student's name) _____

Imagine you've just moved into your own place and you have no supplies. You are going shopping but can only buy five items from each category. Pick the top five items you feel you need in each category below.

Bathroom/Hygiene Supplies		Kitchen Supplies
☐ Cologne	☐ Conditioner	☐ Blender
☐ Floss	☐ Hair gel	☐ Cookbook
☐ Q-tips	☐ Razor	☐ Cutting board
☐ Soap	☐ Toilet paper	☐ Grill
		☐ Knives
		☐ Measuring spoons
		☐ Peeler
		☐ Potato masher
		☐ Spatulas
		☐ Toaster
		☐ Whisk

Dairy	Baking	Canned Food
☐ Cheese	☐ Chocolate chips	☐ Applesauce
☐ Cottage cheese	☐ Cornmeal	☐ Beans
☐ Half & half	☐ Flour	☐ Oranges
☐ Milk	☐ Muffin mix	☐ Peaches
☐ Sour cream	☐ Muffin wrappers	☐ Pineapple
	☐ Oatmeal	☐ Mushrooms
	☐ Oil (olive, spray, etc.)	☐ Tomato
		☐ Dressing
		☐ Jelly
		☐ Ketchup
		☐ Mayo

Shopping List

(student's name) _____

Imagine you've just moved into your own place and you have no food. You are going grocery shopping but can only buy thirty items of food. Pick the top thirty items you feel you need from the list below.

Dairy	Baking	Canned Food
☐ Cheese	☐ Chocolate chips	☐ Applesauce
☐ Cottage cheese	☐ Cornmeal	☐ Beans
☐ Half & half	☐ Flour	☐ Oranges
☐ Milk	☐ Muffin mix	☐ Peaches
☐ Sour cream	☐ Muffin wrappers	☐ Pineapple
	☐ Oatmeal	☐ Mushrooms
	☐ Oil (olive, spray, etc.)	☐ Tomato
		☐ Dressing
		☐ Jelly
		☐ Ketchup
		☐ Mayo

Shopping List

(student's name) _____

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☐ Milk	☐ Muffin mix	☐ Peaches
☐ Sour cream	☐ Muffin wrappers	☐ Pineapple
	☐ Oatmeal	☐ Mushrooms
	☐ Oil (olive, spray, etc.)	☐ Tomato
		☐ Dressing
		☐ Jelly
		☐ Ketchup
		☐ Mayo

Caroline Koehler

Best Day Ever

(student's name) _____

1. I would eat and drink tacos, chips & salsa.

2. A relaxing activity I would do is take a nap.

3. An exciting activity I would do is go to the park.

4. Something new I would try is go to the ocean. Could be scary cause of sharks.

5. I would spend time with my younger brothers, the ones I don't get to see.

6. I'd buy myself a car like your uncle (grey).

Worst Day Ever

(student's name) _____

1. I would have to eat and drink cream soda.

2. A stressful activity I would have to do is the dishes.

3. A boring activity I would have to do is to.

4. Something new I would have to do is to.

5. People I would be forced to be around are my school.

6. I'd have to buy school.

GREAT FOR TRANSITION PLANNING

Sarah's
(student's name)

Top Ten List

Directions: Highlight 10 of the categories below you think are the most important for you to have after you have finished school. Then order them from 1 to 10 in the boxes on the left with (1) being the most preferred and (10) being the least preferred.

8	Children
10	Entertainment
	Exercise
	Family
9	Friends
	Health
6	Hobbies
	Insurance
7	Job/Career
3	Money/Finances
5	Pets
	Place to live
2	Religion
	Retirement
	Significant Other
1	Transportation
4	Travel

[Illustration of a house with green bushes]

My Life Goals

(student's name)

After highlighting the goals below that you would like to accomplish, number your top five goals with #1 being the most important goal. If you have a goal that is not listed below, please write it on the back of the paper.

___ Adopt a child.	___ Learn another language.
___ Be famous.	___ Live a happy life.
___ Be financially secure.	___ Live abroad.
___ Be healthy.	___ Live to be a 100 years old.
___ Be physically fit.	___ Lose weight.
___ Become an artist.	___ Make a million dollars.
___ Buy a car.	___ Make my family proud.
___ Create a successful YouTube channel.	___ Make the world a better place.
___ Develop myself spiritually or religiously.	___ Meet my idol.
___ Donate to those in need.	___ Mentor someone.
___ Earn a college degree.	___ Overcome my fears.
___ Earn a doctorate or Ph.D.	___ Own a home.
___ Enlist in the military.	___ Own a vacation home.
___ Fall in love.	___ Play in a band.
___ Get a driver's license.	___ Receive honors and awards.
___ Get a full ride scholarship to college.	___ Register to vote.
___ Get married.	___ Retire early.
___ Go skydiving.	___ Save money.
___ Go to space.	___ Start my own business.
___ Graduate high school.	___ Travel the world.
___ Have a lot of friends.	___ Volunteer within my community.
___ Have a pool.	___ Win the lottery.
___ Have children.	___ Write a book.
___ Have pets.	___ Write a song.
___ Invent something.	___ Write a successful blog.

(name)

(address, phone number, and email)

WORK OBJECTIVE

(work objective: state your career goal or desire job)

EDUCATION

(education: list schools attended, diploma you will or have received, time period attended, and GPA)

WORK EXPERIENCE

(work experience: list job, company's name, company's location, time period you worked there)

JOB RESPONSIBILITIES

(job responsibilities: list what you are doing including your duties and responsibilities)

SPECIAL SKILLS

(list of skills: include skills that are helpful within the job you are seeking)

HONORS AND AWARDS

(honors and awards: list any achievements you've obtained)



Caroline Koehler

IEP LIFE SKILLS SUPPORT

My Life Goals

Highlight the goals below that you would like to accomplish.
After highlighting, number your top five goals with #1 being the most important goal.
If you have a goal that is not listed below, please write it on the back of the paper.

- | | |
|--|--------------------------------|
| Adopt a child. | Learn another language. |
| Be famous. | Live a happy life. |
| Be financially secure. | Live abroad. |
| Be healthy. | Live to be a 100 years old. |
| Be physically fit. | Live well. |
| Become an artist. | Make a million dollars. |
| Buy a car. | Make my family proud. |
| Create a successful YouTube channel. | Make the world a better place. |
| Develop myself spiritually or religiously. | Meet my idol. |
| Donate to those in need. | Mentor someone. |
| Earn a college degree. | Overcome my fears. |
| Earn a doctorate or Ph.D. | Own a home. |
| Enlist in the military. | Own a vacation home. |
| Fall in love. | Play in a band. |
| Get a driver's license. | Receive honors and awards. |
| Get a full ride scholarship to college. | Register to vote. |
| Get married. | Retire early. |
| Go skydiving. | Save money. |
| Go to space. | Start my own business. |

Crystal Ball

Pretend you are looking into a crystal ball that can see your future.
Describe what each topic looks like when you are an adult.

1. Home:
2. Job:
3. Salary:
4. Mode of transportation:
5. Location of residence:

Dealing with Crisis

State how you would handle the situations below. Consider resources such as people, places, and agencies who could assist you as necessary.

1. You have just been let go from your job.
2. You don't have enough money to pay rent.
3. You were just in a car accident.
4. You have just been robbed.
5. You don't have money for food.

Shopping List

Imagine you've just moved into your own place and you have no supplies.
You are going shopping but can only buy five items from each category.
Pick the top five items you feel you need in each category below.

- | Bathroom/Hygiene Supplies | | | |
|---|---|--|--|
| ☐ Cologne | ☐ Conditioner | ☐ Deodorant | ☐ Facewash |
| ☐ Floss | ☐ Hair gel | ☐ Hairspray | ☐ Perfume |
| ☐ Q-tips | ☐ Razor | ☐ Shampoo | ☐ Shaving cream |
| ☐ Soap | ☐ Toilet paper | ☐ Toothbrush | ☐ Toothpaste |
| Kitchen Supplies | | | |
| ☐ Aluminum foil | ☐ Blender | ☐ Bottle opener | |
| ☐ Can opener | ☐ Cookbook | ☐ Crockpot | |
| ☐ Cups | ☐ Cutting board | ☐ Dishes | |
| ☐ Grater | ☐ Grill | ☐ Hot pads | |
| ☐ Kitchen shears | ☐ Knives | ☐ Ladle | |
| ☐ Measuring cups | ☐ Measuring spoons | ☐ Microwave | |
| ☐ Mixer | ☐ Peeler | ☐ Plastic bags | |

Interest Inventory

1. What are your hobbies?
2. What is your favorite subject?
3. Do you like to get up early or late?
4. Do you like to work alone, with others?
5. Do you like to sit or move around?

Make a Meal

Food Groups Represented

- ☐ Fruit ☐ Grains ☐ Meat and beans ☐ Milk ☐ Vegetables

Equipment Necessary

- | | | |
|---|---|--|
| ☐ Aluminum foil | ☐ Bread machine | ☐ Blender |
| ☐ Bottle opener | ☐ Can opener | ☐ Cookbook |
| ☐ Crockpot | ☐ Crockpot | ☐ Cutting board |
| ☐ Grater | ☐ Grill | ☐ Hot pads |
| ☐ Kitchen shears | ☐ Knives | ☐ Ladle |
| ☐ Measuring cups | ☐ Measuring spoons | ☐ Microwave |
| ☐ Mixer | ☐ Oven | ☐ Peeler |
| ☐ Plastic bags | ☐ Plastic wrap | ☐ Potato masher |
| ☐ Pots/pans | ☐ Scales | ☐ Spatulas |
| ☐ Spoons | ☐ Storage containers | ☐ Strainer |
| ☐ Toaster | ☐ Tongs | ☐ Whisk |

Job Path

Answer the questions below. If necessary, research your answers.

1. What type of job are you interested in?
2. Why do you think you would be good at this job?
3. What strengths do you have for success with this job?
4. What weaknesses do you need to overcome?
5. How much money does this job pay?
6. What are the benefits of this job?

Money Management

1. How will you make money?
2. How much money do you want to make?
3. How will you manage your money?
4. What are the top 5 categories you will spend money on?

Down the Road:

a look into your future.

1. What location or area do you plan to live?
2. What type of housing would you like to have?
3. What career or job do you see yourself enjoying?
4. Are you interested in having a family? If yes, describe.
5. How will you commute around your community?

Advice for the Future

Think of your life and the advice you would give if you had the opportunity to sit down with your future self.

1. You really need to focus on...
2. You need to stop worrying about...
- To do well in school you should...
- Make sure you listen to...
- Bad habit you need to...

Caroline Koehler

CHECK OUT THE BUNDLE!

Click [here](#) to get this transition set plus 10 more surveys!

TRANSITION ASSESSMENTS

THE COMPLETE SET

- ✓ Transition planning support
- ✓ Diverse set for caseloads
- ✓ IEP documentation sheets

Caroline Koehler