

AUTISM CLASS SUPPORTS SET

➤ DAILY SCHEDULES

➤ BEHAVIOR TOOLS

➤ AUTISM VISUALS

➤ CLASSROOM SET UP



STUDENT AND STAFF SCHEDULES



Student Schedules 2023-24 (as of 8/1/23)

	Kindergarten	2nd grade	2nd grade	3rd grade	4th grade	4th grade	4th grade	5th grade
7:45-8:00	Arrival	Arrival	Arrival	Arrival	Arrival	Arrival	Arrival	Arrival
8:00-8:15	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
8:15-8:30	Hygiene/Potty	Hygiene/Potty	Hygiene/Potty	Hygiene/Potty	Hygiene/Potty	Hygiene/Potty	Hygiene/Potty	Hygiene/Potty
8:30-9:00	Exercise	Exercise	Exercise	Exercise	Exercise	Exercise	Exercise	Exercise
9:00-9:15	Kindergarten	Group: Calendar	Group: Calendar	Group: Calendar	Group: Calendar	Group: Calendar	Group: Calendar	Group: Calendar
9:15-9:30	Stations	Stations	Stations	Stations	Stations	Stations	Stations	Stations
9:30-9:45	Sensory	Sensory	Sensory	Sensory	Sensory	Sensory	Sensory	Sensory
9:45-10:00	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting
10:00-10:15	Stations	Stations	Stations	Stations	Stations	Stations	Stations	Stations
10:15-10:30	Interventions	Group (Reading)	Group (Reading)	Group (Reading)	Group (Reading)	Group (Reading)	Group (Reading)	Group (Reading)
10:30-10:45	IXL Math	PECS	PECS	PECS	PECS	PECS	PECS	PECS
10:45-11:00	Reading Class	Math game	Math game	Math game	Math game	Math game	Math game	Math game
11:00-11:15	bathroom/PECS	PECS	PECS	PECS	PECS	PECS	PECS	PECS
11:15-11:30	STAR	PECS	PECS	PECS	PECS	PECS	PECS	PECS
11:30-11:45	Kindergarten	PECS	PECS	PECS	PECS	PECS	PECS	PECS
11:45-12:00	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
12:00-12:30	Recess	Recess	Recess	Recess	Recess	Recess	Recess	Recess
12:30-1:00	Read Aloud	Read Aloud	Read Aloud	Read Aloud	Read Aloud	Read Aloud	Read Aloud	Read Aloud
1:00-1:15	Writing	Writing	Writing	Writing	Writing	Writing	Writing	Writing
1:15-1:30	Special Activity	Special Activity	Special Activity	Special Activity	Special Activity	Special Activity	Special Activity	Special Activity
1:30-1:45	Snack	Snack	Snack	Snack	Snack	Snack	Snack	Snack
1:45-2:00	Kindergarten	PECS/STAR	PECS/STAR	PECS/STAR	PECS/STAR	PECS/STAR	PECS/STAR	PECS/STAR
2:00-2:15	Dismissal	Dismissal	Dismissal	Dismissal	Dismissal	Dismissal	Dismissal	Dismissal
2:15-2:30	Speech 8:40 W	Velcro in binder	Velcro on door	Velcro in binder	Velcro on door	Velcro on door	Velcro on door	Velcro on door
2:30-2:45								

Liv's

Schedule

breakfast	PECS
bathroom	math class
hygiene	wash hands
exercise	recess
group time	lunch
stations	read aloud
sensory	special activity
morning meeting	snack foods
small group	backpack
STAR	bus

breakfast	hygiene	bathroom	exercise	small group	group time
stations	sensory	morning meeting	lunch	recess	backpack
snack	backpack	bus	first grade	second grade	third grade
teacher time	computer	reading class	test	writing	read
sign-in					

Daily Schedule

check	activity
1	
2	
3	
6	
8	



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- lunch
- recess
- read aloud
- computer
- read
- sensory
- library
- wash hands
- play

AUTISM VISUALS



Stress: Coping with your behavior's reaction

Relaxation Apps Develop a routine Take a break

If you can't sleep If you are tired

Am I A Bully?

Signs that you could be a bully.

Do I say things to hurt others? I have

Do I do things to

teased, taunted, name called, gossiped, and threatened others.

Am I blaming others

If you are feeling

I want to tell a nice fact.

I want someone to get help.

I am worried.

I am

Telling secrets

Gossiping and spreading rumors

Complaining

Fold your telling form and put

Fold your tattling form and

Arguing Offenses

Threatening

Angry words will get you in trouble and not get you what you want.

An angry, loud

Not okay words, but accusatory, violent

Raising your voice is upsetting

Feelings Choices

! angry frustrated guilty hysterical

sad overwhelmed mad scared fear

anxious bored confused

hurt nervous sick

good happy kind

okay

Manners: What to do when around others

Play nice Share Clean up Inner

Play nice means Share means Clean up means Inner

When You Are Losing

Have a plan Good sport Focus on fun

When you lose, be prepared: take a deep breath, take a break, go for a walk, state a practiced sentence.

Increase your friend's self esteem by shaking hands, patting them on the back, or saying nice things.

Remove stress by working on having fun with friends instead of competing.

Say I love you

Winning versus Losing

Acting like a WINNER

I'm learning how to cooperate and get along with others.

I'm treating others how I want to be treated.

I'm setting goals and trying hard to improve.

I'm concentrating and trying to do my personal best.

I'm having fun and making

Rules of Friendship

Listen Friends take time to talk and respond to each other.

People are friends and share things.

Friends support each other when they are

Friends

If a person is embarrassing you

Let It Go If a person is saying rude or untrue things

use your regular voice and tell them, "Please stop."

Take a deep breath and walk away

If a person is causing you to feel upset

walk away and take a deep breath.

How to Stop a Bully

Ignore If a person is saying upsetting things

pretend they aren't there and keep your feelings hidden.

Be Polite If a person is saying hurtful things

use your manners so others will imitate your actions.

Friends

If a person is embarrassing you

Let It Go If a person is saying rude or untrue things

use your regular voice and tell them, "Please stop."

Take a deep breath and walk away

If a person is causing you to feel upset

walk away and take a deep breath.

Self-Control versus Out-of-Control

How are you handling your situation?

SELF-CONTROL This is a path to success.

I am strong and in control of myself and my power.

I have made goals and am planning ahead for success.

I am calm and stop to think of better ways to handle issues.

I am minding my own business and focusing on myself.

I am letting others control me by giving away my power.

I am staying upset by looking for drama and creating anxiety.

I am creating new problems that can last for a long time.

I am blaming others for problems I could walk away from.

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POSITIVE BEHAVIOR TOOLS

DAILY note HOME

THINK SHEETS



Picture Based Student Problem Solve with Choices

Name: _____ Date: _____

1. Problem:
The problem I had was I

2. Solution:
Better choices I will make next time are

3. Consequences:
I think the consequences for my behavior should be

Student's Signature: _____

Picture Based Student Problem Solve with Choices

Name: _____ Date: _____

1. Problem:
The problem I had was I

2. Solution:
Better choices I will make next time are

3. Consequences:
I think the consequences for my behavior should be

Student's Signature: _____

Teacher's Signature: _____ Principal's Signature: _____

Body to Self
Keep your body to yourself. You should not be touching others.

Quiet
My behavior was

My Goal:

My choices:

I am working for:

First
Do circle time.

Next
Do your health work.

Then
playground

Then
ipad

Think Break
What can you do to get your behavior better right now? Please write the answer.

Think Break Writing
The problem was

My Daily Report

Name: _____ Date: _____

Goals

My behavior was

My favorite thing was

My behavior was

My favorite thing was

Kyran's Daily Report

I had a great day.

I did all of my work.

My behavior was great.

My favorite thing was playing with the wet table during sensory time with friends.

Sammie's Daily Report

I had a great day.

I did some of my work.

My behavior was great.

My favorite thing was going to O.T. with and earning a sticker.

CURRICULUM SUPPORTS

like

♥

Action: hug self
Song: tune of Rock-a-bye Baby
We all like spelling: l-i-k-e.
L-i-k-e, I really like this.
L-i-k-e, I really like you.

Your turn to practice! Trace the letters, and then write your own.

like like like like

like like like like like

like like

Name: _____
SIGHT WORDS: BOO

the, go, an, can,
we, am, like, see,
to, have, is, play

like

♥

Action: h
Song: tune of Rock-a-bye Baby
We all like spelling: l-i-k-e.
L-i-k-e, I really like this.
L-i-k-e, I really like you.
And now I'll spell

Your turn to practice! Trace the letters below.

like like like like

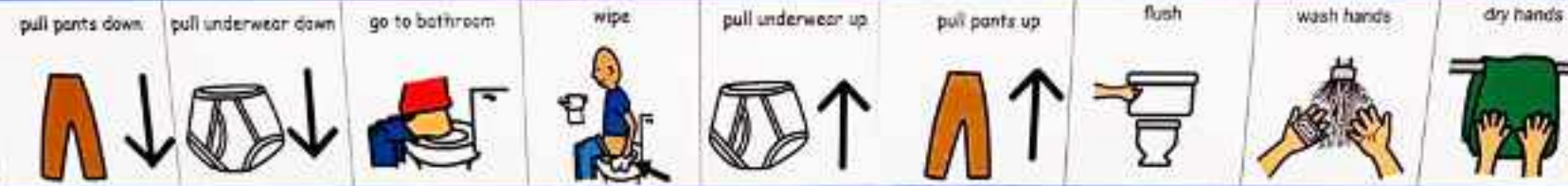
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L I K E

HYGIENE AND HEALTH



Use the bathroom



Wash Hands

turn on



wet hands



soap



rub hands



rinse hands



turn off



dry hands



 Brushing Your Teeth

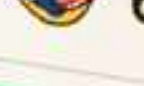
 1 Unscrew cap from toothpaste tube.

 2 Put toothpaste on toothbrush.

 3 Screw cap on toothpaste tube.

 4 Put on toothpaste. Wet toothbrush.

 5 Brush front top teeth.

 6 Brush front bottom teeth.

 7 Brush right side of teeth.

 8 Brush left side of teeth.

 9 Brush the backs of teeth.

 10 Rinse off toothbrush.

 11 Rinse mouth.

 12 Dry face



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AUTISM CLASSROOM SET UP

★ resource feedback ★

This is a very helpful resource for anyone who teaches in a self-contained classroom with students who have special needs. It has been so helpful to me and has been worth every penny.

-Tiffany R.

Autism Classroom Bundle includes

-  daily visual schedules
-  behavior management
-  autism visuals
-  ELA curriculum map
-  no-prep morning meeting
-  hygiene support
-  cue cards
-  think sheets



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★ resource feedback ★

THIS BUNDLE IS
A LIFE SAVER.

Thank you Caroline
for all you put into
this!!!!

-Destiny F.