

GET DRESSED VISUAL TOOLS

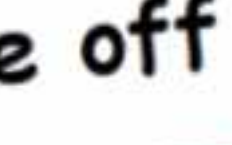
➤ LIFE SKILL SUPPORT

➤ STEP BY STEP HELP

➤ SOCIAL STORIES

➤ BOY & GIRL SET

 **Getting Undressed** 

-  1 Untie shoes.
-  2 Take off shoes.
-  3 Take off socks.
-  4 Unbutton and unzip pants.
-  5 Take off pants.
-  6 Take off shirt.
-  7 Take off bra.
-  8 Take off underwear.

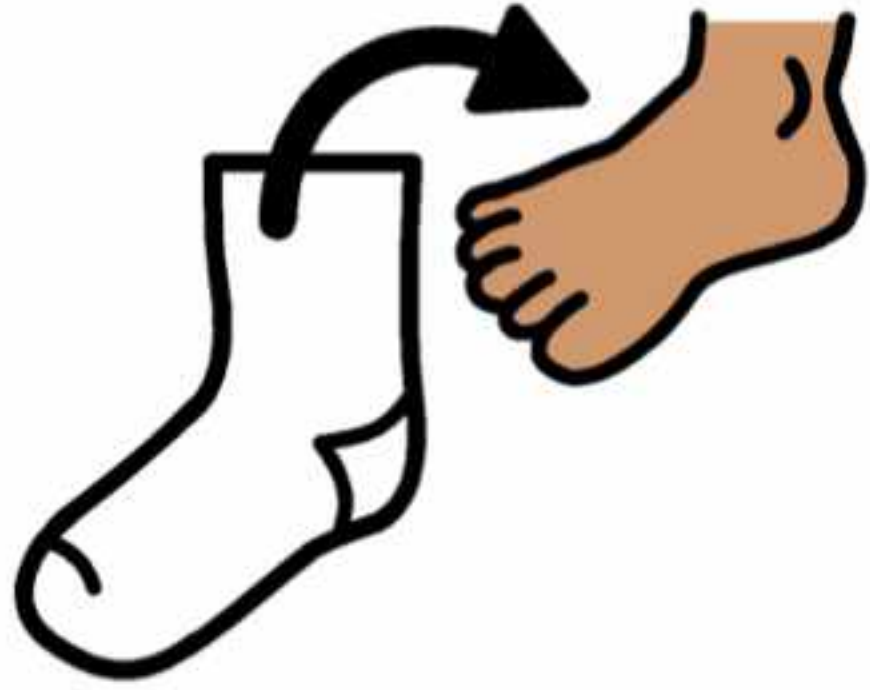
 **Getting Undressed** 

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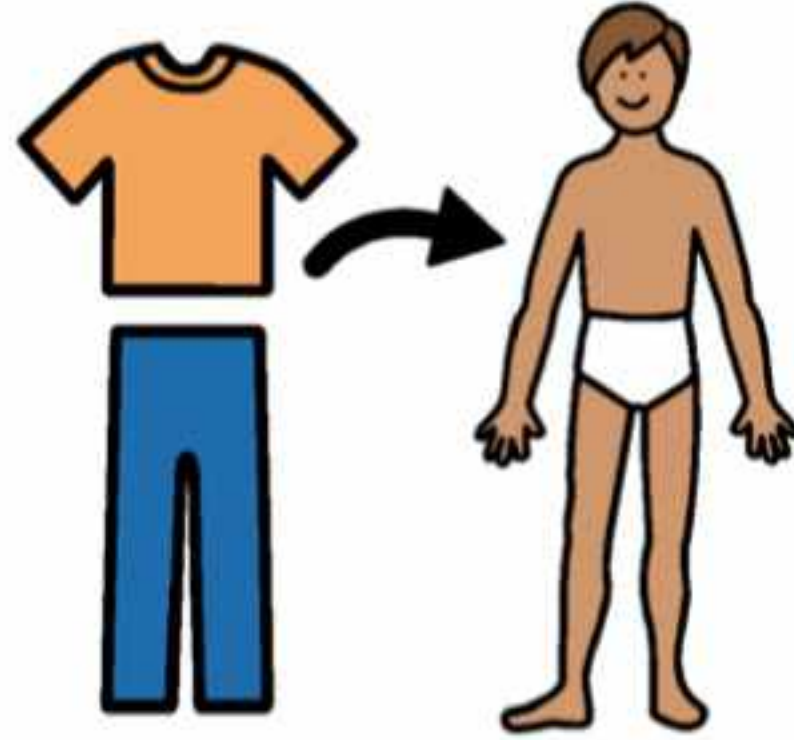


Caroline Koehler

2 DRESSING SOCIAL STORIES



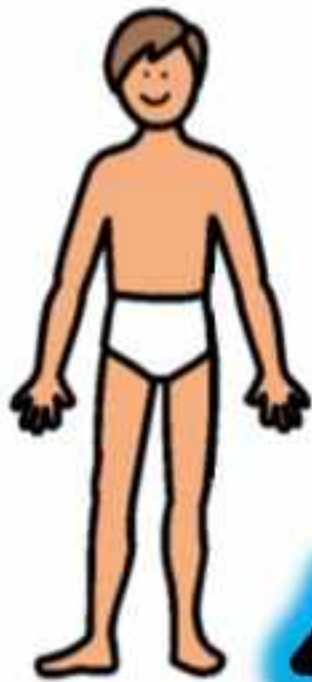
Getting Dressed



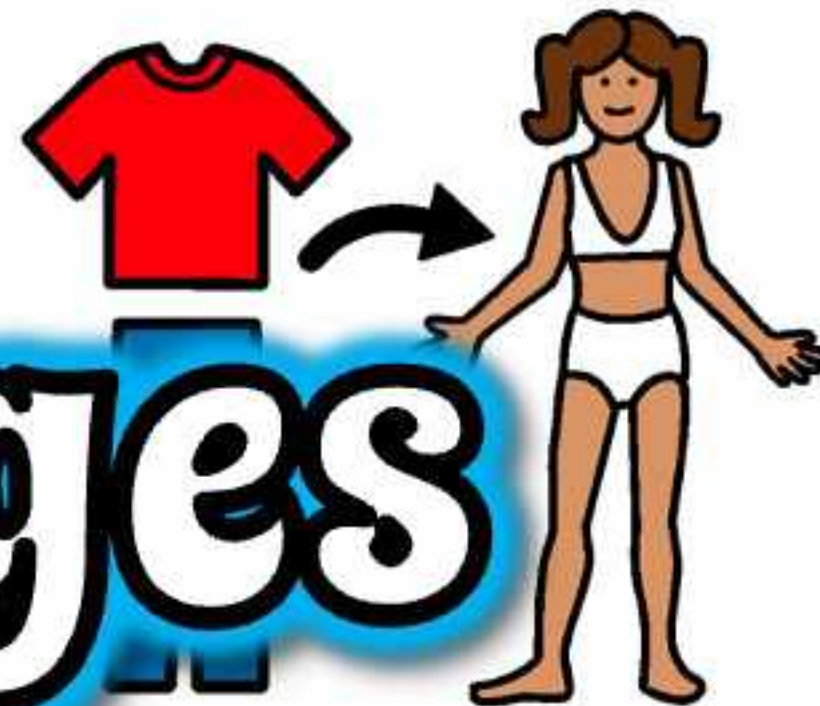
by Caroline Koehler



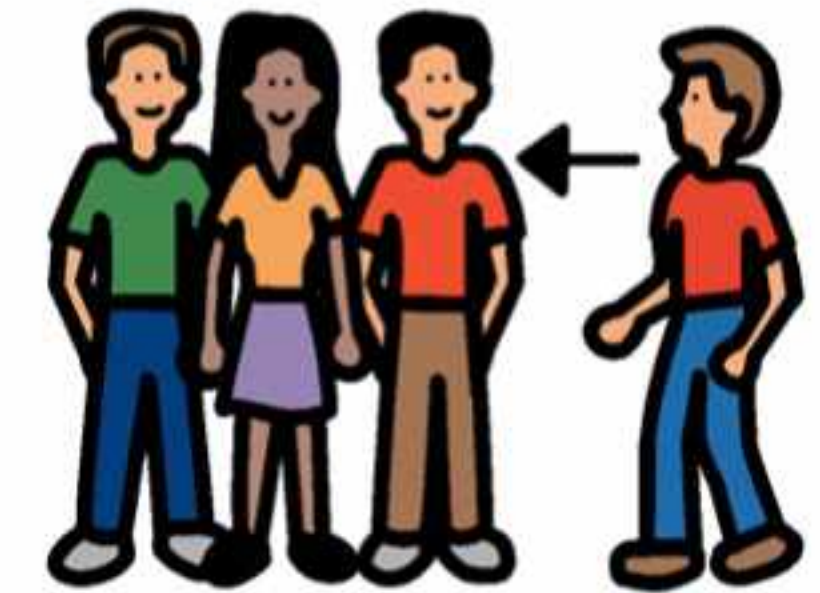
People wear clothes to keep



Getting Dressed



by Caroline Koehler



When you are around others,



Caroline Koehler

12 pages

2 UNDRESSING SOCIAL STORIES



When you are home, you can get undressed.

Getting Undressed

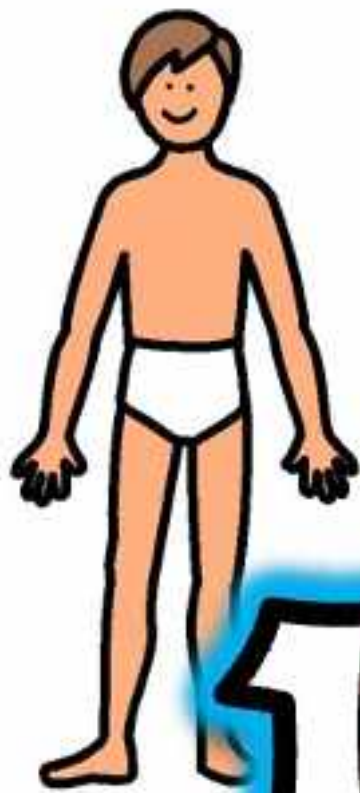


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People take their clothes off to change

outfits, clean their bodies, or feel comfortable.

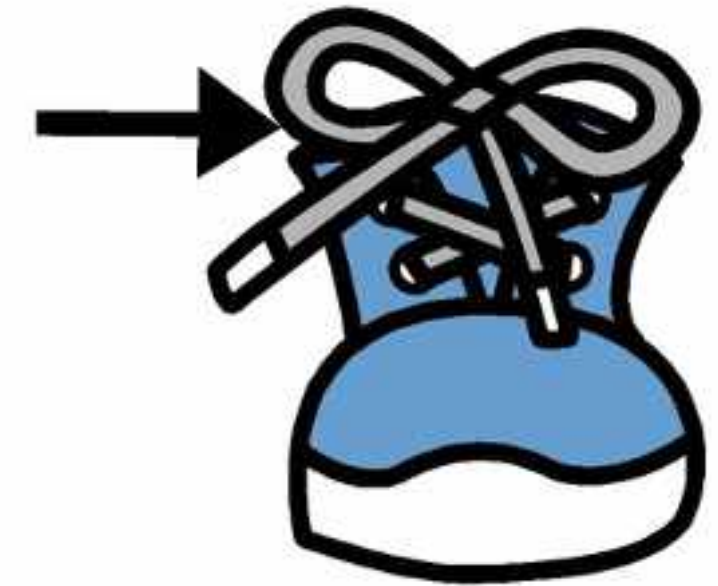


Being naked when others aren't around is okay.

Getting Undressed



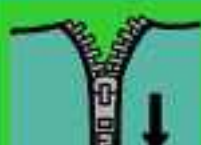
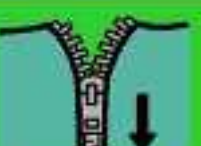
by Caroline Koehler



Caroline Koehler to get undressed, first untie your shoes.

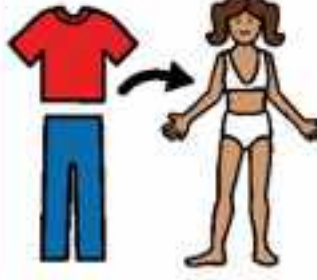
13 pages

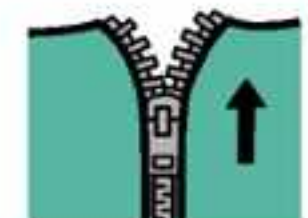
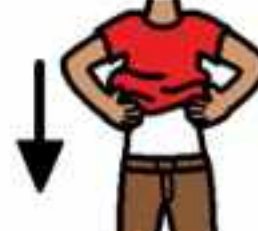
DRESSING-UNDRESSING POSTERS

 Changing your underwear  1 Take off shoes  2 Unbuckle belt  3 Unzip pants  4 Take off pants  5 Take off underwear  6 Wipe and wash	 Putting on your underwear  1 Put on shoes  2 Buckle belt  3 Zip pants  4 Put on pants  5 Put on underwear  6 Wipe and wash	 Changing your underwear  1 Take off shoes  2 Unbuckle belt  3 Unzip pants  4 Take off pants  5 Take off underwear  6 Wipe and wash	 Putting on your underwear  1 Put on shoes  2 Buckle belt  3 Zip pants  4 Put on pants  5 Put on underwear  6 Wipe and wash	 Getting Dressed  1 Put on underwear  2 Put on belt  3 Put on socks  4 Put on pants  5 Zip and button pants  6 Put on shoes  7 Put on socks  8 Tie shoes	 Getting Undressed  1 Untie shoes  2 Take off socks  3 Take off pants  4 Unbutton and unzip pants  5 Take off underwear  6 Take off shoes  7 Take off belt  8 Take off underwear	 Changing your pad  1 Pull down pants and underwear.  2 Pull off used pad.  3 Roll up used pad.  4 Wrap pad in toilet paper.  5 Put pad in trash.  6 Get a wipe. Clean your vagina and inner thighs.
 Changing your underwear  1 Take off shoes  2 Unbuckle belt  3 Unzip pants  4 Take off pants  5 Take off underwear	 Putting on your underwear  1 Put on underwear  2 Put on pants  3 Zip pants  4 Buckle belt  5 Put on shoes	 Changing your underwear  1 Take off shoes  2 Unbuckle belt  3 Unzip pants  4 Take off pants  5 Take off underwear	 Putting on your underwear  1 Put on underwear  2 Put on pants  3 Zip pants  4 Buckle belt  5 Put on shoes	 Getting Dressed  1 Put on underwear  2 Put on socks  3 Put on pants  4 Zip and button pants  5 Put on shoes  6 Put on tie	 Getting Undressed  1 Untie shoes  2 Take off socks  3 Take off pants  4 Unbutton and unzip pants  5 Take off underwear  6 Take off shoes	 Putting on a pad  1 Pull down pants and underwear.  2 Take pad out of wrapper.  3 Pull backing off pad. Throw away trash.  4 Put pad in underwear.  5 Pull up underwear and pants

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CUE CARDS-SEQUENCING STRIPS

 **Getting Dressed**

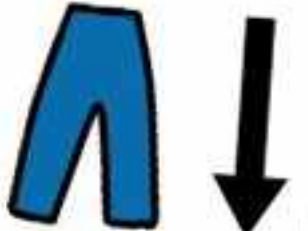
put on underwear	put on bra	put on socks	put on pants	zip pants	button pants	put on shirt
						

Changing pull-up

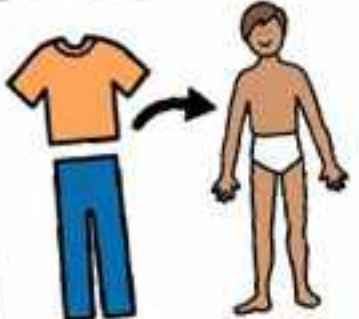
-  1 Take off shoes
-  2 Unbutton pants
-  3 Unzip pants
-  4 Take off pants

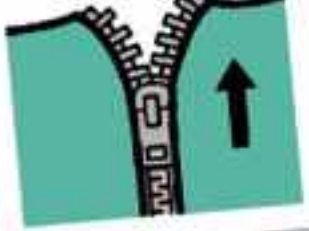
 **Getting Undressed**

Changing pull-up

take off shoes	take off shoes	take off socks	unbutton pants	unzip pants
				
take off pants	take off shirt	take off bra	take off underwear	
				

Directions: Print page. Cut out pictures and make a long horizontal strip or a vertical strip depending on your space. Use the large Getting Undressed picture box for the title.

 **Getting Dressed**

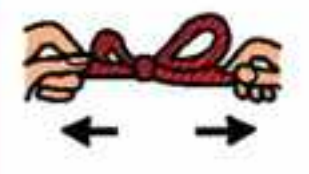
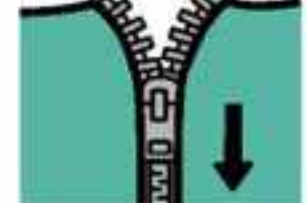
put on underwear	put on socks	put on pants	zip pants	button pants
				
put on shirt	put on shoes	tie shoes		
				

Putting on a pad

-  1 Pull down pants and underwear.
-  2 Take pad out of wrapper.
-  3 Throw trash away.
-  4 Put pad in underwear.
-  5 Pull up underwear and pants.
-  6 Wash hands.

Putting on a pad and wash hands

 **Getting Undressed**

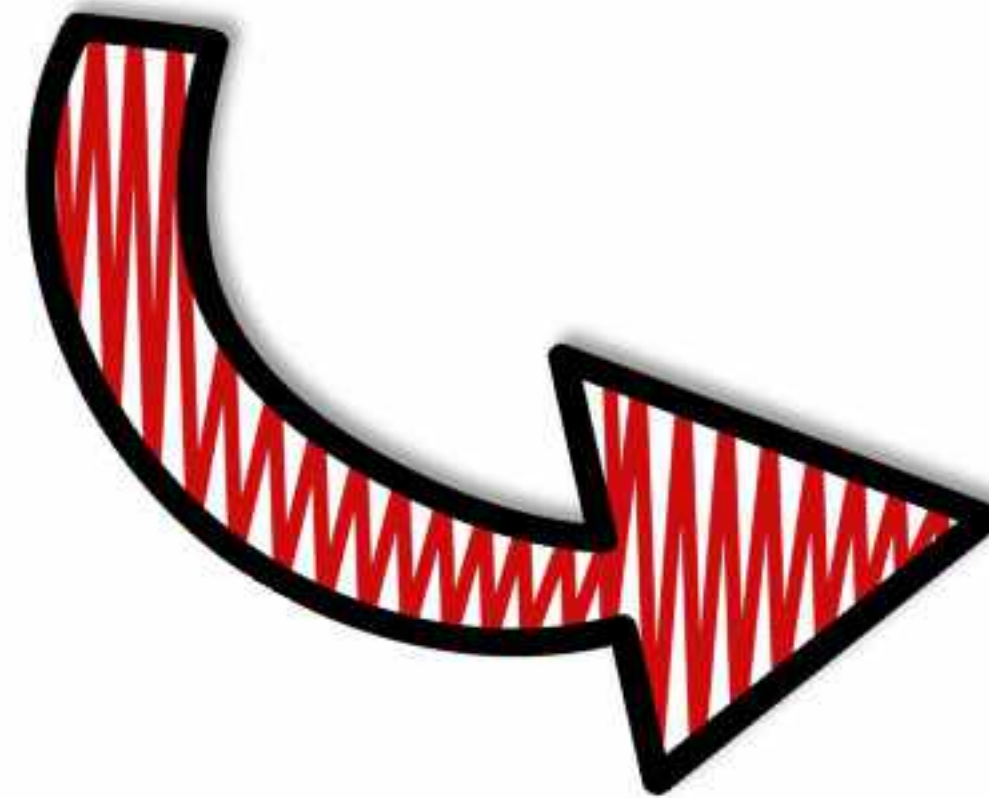
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 **Caroline Koehler**
Directions: Print page. Cut out pictures and make a long horizontal strip or a vertical strip depending on your space. Use the large Getting Undressed picture box for the title.

CHECK OUT THE BUNDLE!



Click [here](#) to get these supports plus 40 more hygiene tools!



- ✓ Hygiene and toileting supports
- ✓ Personal independence tools
- ✓ Life skills and daily living visuals



Caroline Koehler