

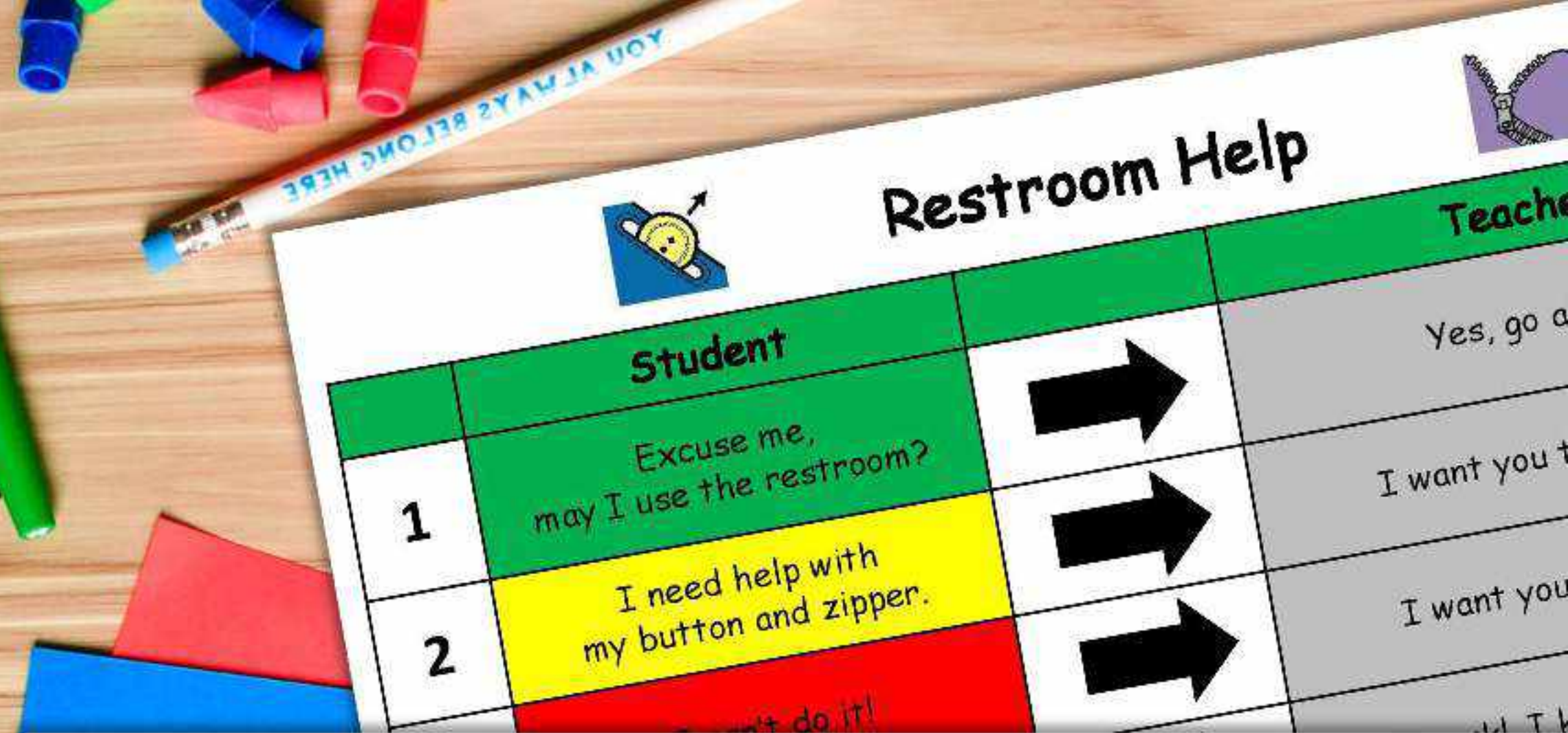
SOCIAL SCRIPTS FOR AUTISM

➤ 27 SOCIAL SCRIPTS

➤ CATCH PHRASES

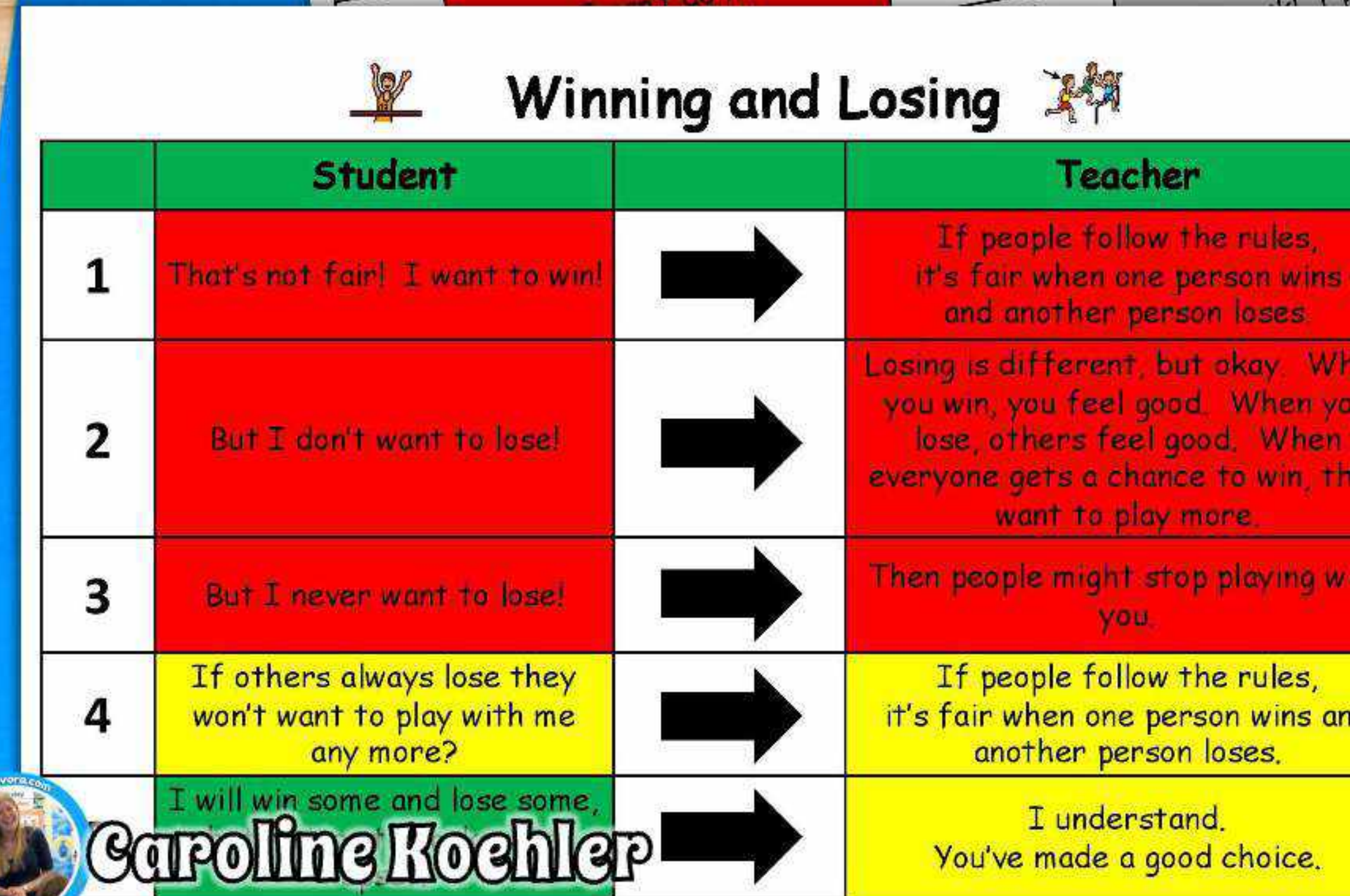
➤ BEHAVIOR TOOL

➤ POSITIVE SUPPORT



A social script card titled "Restroom Help" with a cartoon character icon. It contains a table with two rows for student dialogue and teacher responses. The first row is green, and the second row is yellow. Arrows point from the student column to the teacher column.

	Student		Teacher
1	Excuse me, may I use the restroom?	➡	Yes, go ahead.
2	I need help with my button and zipper.	➡	I want you to ask for help.



A social script card titled "Winning and Losing" with a cartoon character icon. It contains a table with five rows for student dialogue and teacher responses. The first three rows are red, and the last two are yellow. Arrows point from the student column to the teacher column.

	Student		Teacher
1	That's not fair! I want to win!	➡	If people follow the rules, it's fair when one person wins and another person loses.
2	But I don't want to lose!	➡	Losing is different, but okay. When you win, you feel good. When you lose, others feel good. When everyone gets a chance to win, they want to play more.
3	But I never want to lose!	➡	Then people might stop playing with you.
4	If others always lose they won't want to play with me any more?	➡	If people follow the rules, it's fair when one person wins and another person loses.
	I will win some and lose some.	➡	I understand. You've made a good choice.



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SOCIAL SKILL PRACTICE



Arguing

	Teacher		Student
1	Time to work.	➡	No, you can't make me!
2	No, but I can help you.	➡	No! Why can't I do what I want? I want to play on the computer. You can't stop me!
3	It's time to work. You can earn computer by working.	➡	I'm not doing it. You are going to let me do what I want.
4	You must do your work before you get a reward. I'm not going to argue with you. When you are ready to work, let me know. (Teacher walks away.)	➡	(Student should think. It would be faster to do my work and then get my reward. It will take longer to argue, do the work later, and then get the reward.)



Asking for a Drink

	Teacher		Student
1	(Taking a drink.)	➡	(Popping lips)
2	... If you	➡	My mouth is dry. I'm th



Asking to Go to the Restroom

	Student		Teacher
1	(Grabbing self in private area.)	➡	If you need to please
2	I have to go pee.	➡	If you need "May I go
3	May I go to the restroom?	➡	Yes, you may



Asking for a Toy

	Teacher		Student
1		➡	(Student should not cry.)
2	(Teacher returns toy to original student.) I'm sorry, but your friend was using that. If you want a turn, please ask.	➡	No.
3	The toy is the school's. If you ask nicely and then wait you will have a turn too.	➡	I don't know
4	Say, "Friend, may I have a turn with that when you are	➡	Friend, may I have



Clean Up

	Teacher		Student
1	Time to clean up and move on to the next activity.	➡	No, I'm not
2	I'm sorry you aren't done. Would you like to work on it during your free time?	➡	No, I want to
3	That is not a choice. You can choose to not do it again, or you can do it later.	➡	Yes, I will



Computer Use and Stopping

	Teacher		Student
1	It's time to stop using the computer.	➡	No, I don't want
2	It's time to do a different activity.	➡	I want to
3	If you follow the rules, you can earn a reward.	➡	Okay, thanks for le



Doing Something You Don't Like

	Teacher		Student
1	It's time to work on your assignment.	➡	No, I don't want to. I want to do the stuff I like.
2	Do your assignment, your reward will be your stuff.	➡	I want my stuff now.
3	The fastest way to get what you want is to get to work. Do you want to work alone?	➡	I want help, then I want



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27 SCENARIOS AND SCRIPTS



Easy work

	Teacher		Student
1	How is your work going?	➡	I'm doing okay. I don't need any help.

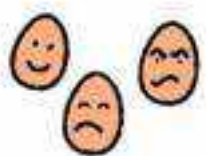


A little difficult work

2	How is your work going?	➡	I need a little help. Can you help me?
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Challenging work



Feelings

	Student		Teacher
1	I'm a horrible kid! No one likes me.	➡	I like it when you use nice words.
2	But I'm upset and feel angry.	➡	It's okay. Let me know how you feel.



Fire Drill

	Teacher		Student
	The alarm is going off. We need to leave the building.	➡	No, I don't like fire drills!
	It's okay to not like fire drills, but we have to go outside.	➡	But the fire alarm is loud and I don't like loud noise.
	Outside will be quieter. Do you want to walk outside with me or walk outside by yourself?	➡	Practicing fire drills keeps me safe. I will walk outside with you.



Friends

	Student		Friend
1	I don't want to play with you.	➡	That's mean!

	Student		Friend
1	No, thanks. I just want to play by myself today. Maybe we can play another time.	➡	Okay, I will play with you.

	Student		Friend
1	Sure, I'd like to play with you.	➡	Okay, I'd like that!



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FOR STUDENTS AND STAFF



Getting Someone's Attention

	Student		Teacher
1	Hey, teacher!	➡	I love to talk to students who raise their hands and quietly wait to be called on.
2	(Raises hand.) Hey, teacher! I'm raising my hand!	➡	I call on students who raise their hands AND quietly wait.
3	(Raises hand and waits quietly.)	➡	Yes (student's name). I see you hand is up and you are waiting quietly. What would you like to share?



Help

Student		Teacher
es to do a task like tying shoes and gets angry when task isn't accomplished.)	➡	If anyone needs my help say, "Help, please."
(Turns to teacher and stomps foot)	➡	If anyone needs help, please use your words and say, "Help, please."
Help, please!	➡	Sure. I'd be happy to help.



How Are You?

Teacher		Student
ello, how are you today?	➡	Okay.
hen someone asks, "How are you?" you should answer "How are you?" then say, "How are you?"	➡	Okay. "How are you?"
m well. Thank you for asking.	➡	You're welcome.



I'm Sorry

	Student		Teacher
1	Teacher, I'm sorry. Do you forgive me?	➡	I'm proud of the choices I know.
2	But what about right now?	➡	Right now I'm back on track.



Inner Monologue: Thoughts to Yourself

	Student		Teacher
1	I think you look stupid.	➡	It's okay if you think that, but say those words in your head so no one but you can hear. This is called your inner monologue. Now practice.
2	(thinking words without using a voice) I just thought something about you.	➡	Thanks for keeping it to yourself.
3	I think you talk funny.	➡	Remember to use your inner monologue.
4	Okay, I will. Thanks for the reminder.	➡	No problem. I am proud of you when you make good choices.



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COMMUNICATION SUPPORT



Making a Food Choice



	Teacher		Student
1	Lunch is coming up soon. What do you want to eat?	➡	I don't know.
2	Let me give you two choices: pizza or hamburger.	➡	I don't know. I don't want either.
3	You can make a choice. Either is okay. Use your words to point at the pictures.	➡	Okay, I want pizza.

Making Choices

	Teacher		Student
1	It's time to draw. Do you want a red marker or a blue marker?	➡	Which one?
2	Either choice is okay. Pick one.	➡	Pick one!
3	Touch which one you want.		
4	(Puts marker on paper)		
5	(Watches student draw)		



Picking Your Nose

	Teacher		Student
1	Picking your nose spreads germs. If you pick your nose, you have to wash your hands.	➡	But my nose is itchy.
2	Then get a tissue, clean out your nose and wash your hands.	➡	I don't want to.
3	Eating your boogers is dirty and can make you sick. Use a tissue.	➡	Okay, I will wash my hands.

Open This

	Student		Teacher
1	Here (or hands something to the teacher).	➡	
2	No, those are my chips!	➡	Thank you for a bag of chips.
3	Because I can't open them!	➡	Then why did you give them to me?
4	Please open this.	➡	Then say, "Please open this."
			Sure, I can open this. Thanks for asking.



Picture Day

	Teacher		Student
1	Today is picture day. Each student will have their picture taken.	➡	What? Picture day? I'm afraid of getting my picture taken.
2	Picture day is different but okay. I will go with you. First picture, then reward.	➡	If I get my picture taken, then I can have computer time?
3	Yes, first picture then computer for five minutes.	➡	Okay, I'm ready to get my picture taken.



Restroom Help

	Student		Teacher
1	Excuse me, may I use the restroom?	➡	Yes, go ahead.
2	I need help with my button and zipper.	➡	I want you to try first.
3	I can't do it!	➡	I want you to try first.
	Hey, I did it!	➡	Good work! I knew you could do it!



Restroom Help

	Student		Teacher
1	Excuse me, may I use the restroom?	➡	Yes, go ahead.
2	I need help with my button and zipper.	➡	I want you to try first.
3	I can't do it!	➡	I want you to try first.
	Okay, I will. I tried three times. I couldn't get it.	➡	Good trying. I can help you now.



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REDUCE SOCIAL PROBLEMS



What's Your Name?

	Student		Teacher
1	Hey, you! I don't know you!	➡	If you don't know someone or forget a person's name, then say, "Excuse me. What is your name?"
2	Excuse me. What is your name?	➡	Great work.



Winning and Losing



	Student		Teacher
1	That's not fair! I want to win!	➡	If people follow the rules, it's fair when one person wins and another person loses.
2	But I don't want to lose!	➡	Losing is different, but okay. When you win, you feel good. When you lose, others feel good. When everyone gets a chance to win, they want to play more.
3	But I never want to lose!	➡	Then people might stop playing with you.
	If others always lose they won't want to play with me any more?	➡	If people follow the rules, it's fair when one person wins and another person loses.
5	I will win some and lose some,	➡	I understand.



Taking a Work Break

Teacher		Student
It's time to do your work.	➡	I can't do it!
I will help. What can I help with?	➡	I think I need a short break. I'm feeling out of control. Can I take a break?
Yes, you can take a break. Would you like 3 minutes or 5 minutes for a break?	➡	I would like 5 minutes.
Okay, I will set the timer. When the timer is finished, I will help you with your work.	➡	Okay, thanks.



Work

Teacher		Student
It's time to do your work.	➡	It's too hard!
When you are at school, you need to say, "I can't do it," but I can do it."	➡	It's hard, but I can do it.

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DIVERSE TEACHING SET

- ★ Arguing
- ★ Asking for a Drink
- ★ Asking for a Toy
- ★ Asking to go to the Restroom
- ★ Clean Up
- ★ Computer Use
- ★ Doing Something You Don't Like
- ★ Easy Work
- ★ Feelings
- ★ Fire Drills
- ★ Friends
- ★ Getting Someone's Attention
- ★ Help
- ★ How Are You?
- ★ I'm Sorry
- ★ Inner Monologue: Thoughts to Yourself
- ★ Making a Food Choice
- ★ Making a Choice
- ★ Open This
- ★ Picking Your Nose
- ★ Picture Day
- ★ Restroom Help
- ★ Taking a Work Break
- ★ What's Your Name?
- ★ Winning and Losing
- ★ Work



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resource feedback



I love the scenarios
and social scripts -
great resource.
-Jennilee

CHECK OUT THE BUNDLE!



Click here to get these social stories plus 60+ others!



They might cry or shout

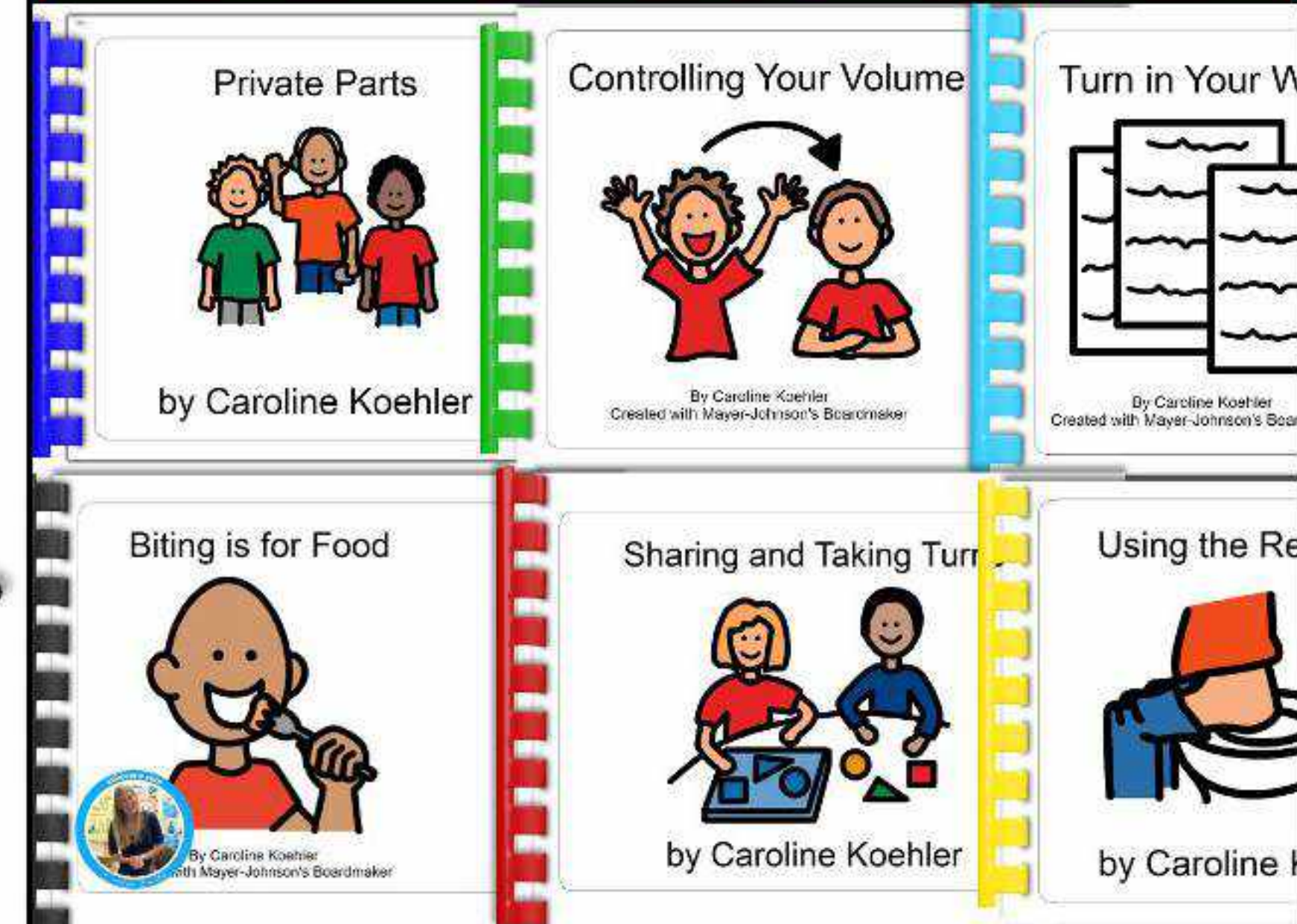
How to Stay Calm and Avoid a Meltdown



By Caroline Koehler
Created with Mayer-Johnson's Boardmaker



SOCIAL STORIES ULTIMATE BUNDLE



- ✓ Social skills tools for autism
- ✓ Picture based stories
- ✓ Simple, direct teaching tools