

TOUCHING MONITOR

➤ VISUAL TOOL

➤ SIMPLE LANGUAGE

➤ STOP HITTING

➤ SEL SUPPORT



Touching Monitor



I use my body to injure.
I move with anger and force.
This feels like a lot of pain.

5



I smack to upset people.
I move fast with hard pressure.
This feels like a bee sting.

4



I touch with hi-fives and hand shakes.
I move in a careful, nice way.
This feels like clapping hands.

3



I touch with soft, gentle hands.
I move in a calm manner.
This feels like a tickle.

2



I have my hands to myself

1

Touching Monitor

Painful injuring



5

Smacking to upset



4

Careful, nice touch



3

Soft touch



2

Hands to self



1

Caroline Koehler

TOUCHING MONITOR TOOL

Touching Monitor

 5	Painful injuring I use my body to injure. I move with anger and force. This feels like a lot of pain.	5 This is wrong. Others feel scared to be around me. People are worried about everyone's safety.
 4	Smacking to upset I smack to upset people. I move fast with hard pressure. This feels like a bee sting.	4 This is wrong. I have a problem and need help. Others do not want to be around me.
 3	Careful, nice touch I touch with hi-fives and hand shakes. I move in a careful, nice way. This feels like clapping hands.	3 This is okay. Others like this if I'm being kind. If I am too rough, others get upset.
 2	Soft touch I touch with soft, gentle hands. I move in a calm manner. This feels like a tickle.	2 This is good. Others feel comfortable around me. I have self-control.
 1	Hands to self I have my hands to myself.	1 This is good. Others feel comfortable around me.

Touching Monitor

 5	Painful injuring I use my body to injure. I move with anger and force. This feels like a lot of pain.
 4	Smacking to upset I smack to upset people. I move fast with hard pressure. This feels like a bee sting.
 3	Careful, nice touch I touch with hi-fives and hand shakes. I move in a careful, nice way. This feels like clapping hands.
 2	Soft touch I touch with soft, gentle hands. I move in a calm manner. This feels like a tickle.
 1	Hands to self I have my hands to myself.

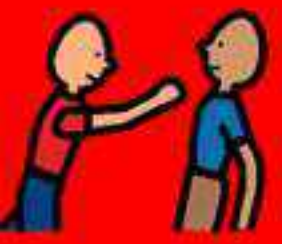
Touching Monitor

 5	Painful injuring I use my body to injure. I move with anger and force. This feels like a lot of pain.
 4	Smacking to upset I smack to upset people. I move fast with hard pressure. This feels like a bee sting.
 3	Careful, nice touch I touch with hi-fives and hand shakes. I move in a careful, nice way. This feels like clapping hands.
 2	Soft touch I touch with soft, gentle hands. I move in a calm manner. This feels like a tickle.
 1	Hands to self I have my hands to myself.

Caroline Koehler

TOUCHING MONITOR TOOL

Touching Monitor



I use my body to injure.
I move with anger and force.
This feels like a lot of pain.

5



I smack to upset people.
I move fast with hard pressure.
This feels like a bee sting.

4



I touch with hi-fives and hand shakes.
I move in a careful, nice way.
This feels like clapping hands.

3



I have my hands to myself.
I move in a calm manner.
This feels like a tickle.

2



I have my

Touching Monitor



Touching Monitor



5



4



3



2



1

Painful injuring

I use my body to injure.
I move with anger and force.
This feels like a lot of pain.

Smacking to upset

I smack to upset people.
I move fast with hard pressure.
This feels like a bee sting.

Careful, nice touch

I touch with hi-fives and hand shakes.
I move in a careful, nice way.
This feels like clapping hands.

Soft touch

I touch with soft, gentle hands.
I move in a calm manner.
This feels like a tickle.

Hands to self

I have my hands to myself.
I move in a calm manner.
This feels like a tickle.

Caroline Koehler

Touching Monitor



I use my body to injure.
I move with anger and force.
This feels like a lot of pain.

5



I smack to upset people.
I move fast with hard pressure.
This feels like a bee sting.

4



I touch with hi-fives and hand shakes.
I move in a careful, nice way.
This feels like clapping hands.

3



I touch with soft, gentle hands.
I move in a calm manner.
This feels like a tickle.

2

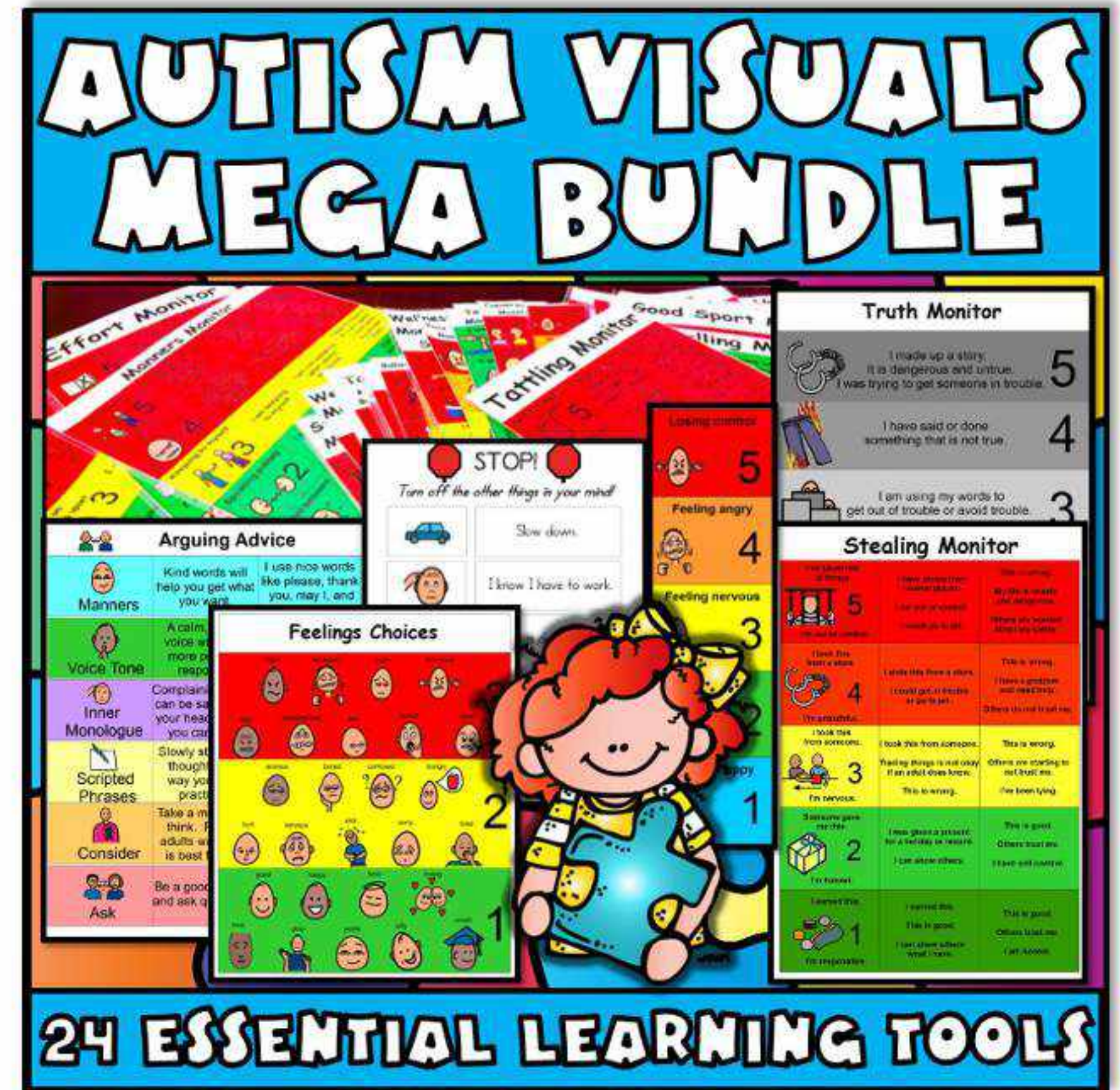
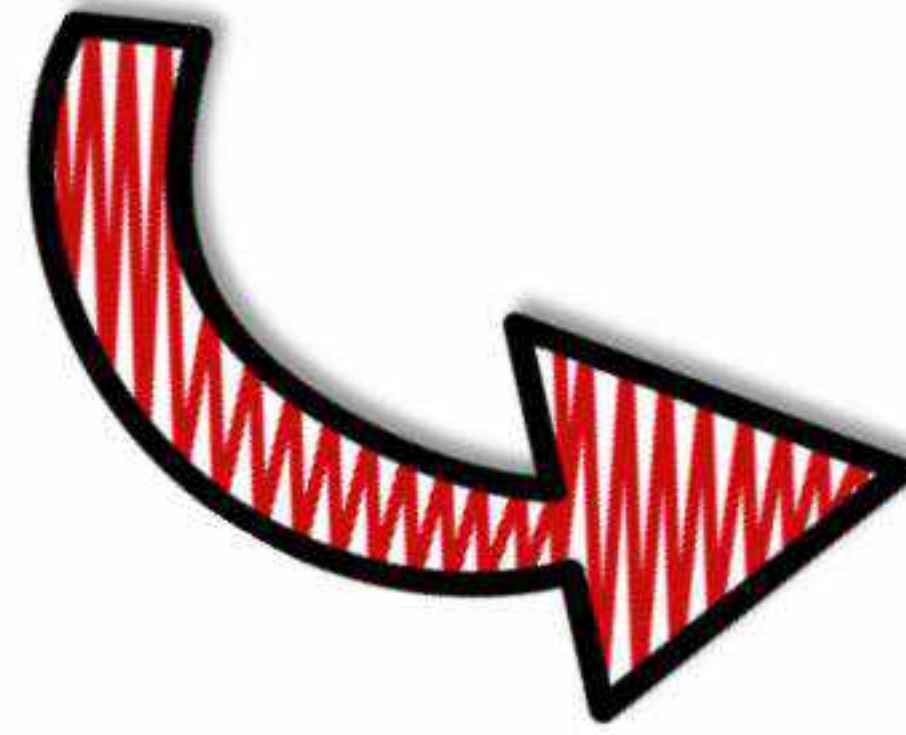


I have my hands to myself.

1

CHECK OUT THE BUNDLE!

Click here to get this
visual plus 23 other
behavior support tools!



- ✓ Positive Behavior Management
- ✓ Social Emotional Learning Tools
- ✓ Simple but Powerful Visuals

Caroline Koehler