

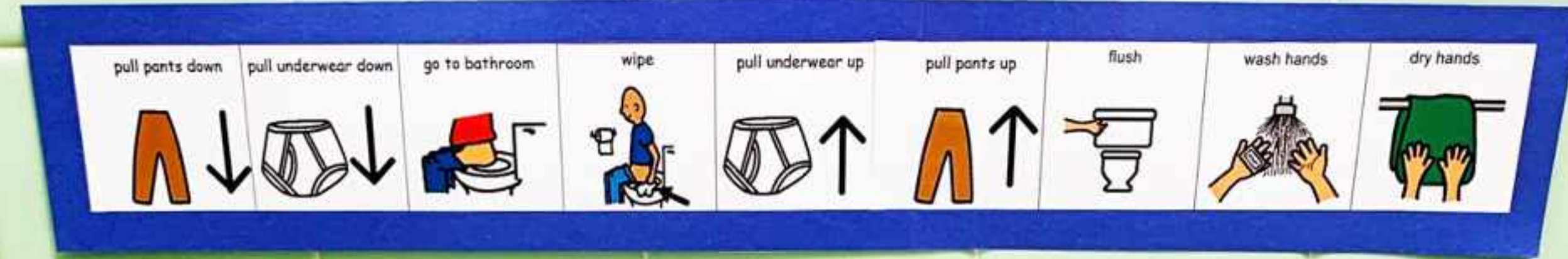
TOILETING AND HYGIENE VISUAL

➤ 14 SOCIAL STORIES

➤ SEQUENCING VISUALS

➤ PROCEDURE POSTERS

➤ POTTY TRAINING



**EVERYTHING YOU NEED FOR
TOILETING AND HYGIENE HELP**



Caroline Koehler

BATHING AND SHOWERING



Taking a Shower for boys



SEQUENCING STRIPS



Taking a Shower for girls

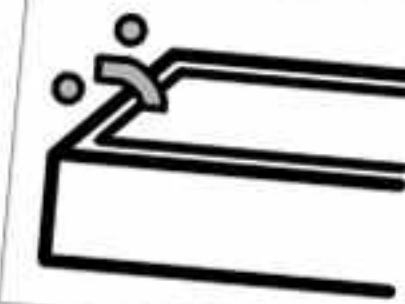


Caroline Koehler

Taking a bath: boy

- 1 Plug bathtub drain. Turn on warm water.
- 2 Turn off water when tub is full.
- 3 Take off clothes. Get in bathtub.
- 4 Lather soap in washcloth. Wash body.
- 5 Wash hair. Rinse off body and hair.

Taking a bath for boys

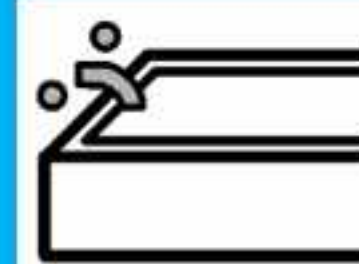


Taking a Bath for boys



VISUAL CUE CARDS

Directions: Print page. Cut out pictures and make a long horizontal strip or a vertical strip depending on your space. Use the large Getting Undressed picture box for the title.



Taking a Bath for girls



BRUSHING TEETH VISUALS

Brushing Teeth

- 1 Put toothpaste on toothbrush.
- 2 Brush your front and bottom teeth.
- 3
- 4 Brush the back sides of your teeth.
- 5 Rinse off your toothbrush.
- 6 Rinse your mouth. Spit into the sink.
- 7

VISUAL CUE CARDS

Brushing Teeth

SEQUENCING STRIPS

Wet toothbrush.	Put toothpaste on toothbrush.	Brush your front top teeth.	Brush your front bottom teeth.
Brush the left side of your teeth.	Brush the back side of your teeth.	Rinse off toothbrush.	Rinse your mouth and spit into sink.

Brushing Teeth

Put toothpaste on toothbrush.	Wet toothbrush.	Brush your front top teeth.	Brush your front bottom teeth.	Brush the right side of your teeth.	Brush the left side of your teeth.	Brush the back side of your teeth.	Rinse off toothbrush.	Rinse your mouth and spit into sink.	Dry your hands and face.
-------------------------------	-----------------	-----------------------------	--------------------------------	-------------------------------------	------------------------------------	------------------------------------	-----------------------	--------------------------------------	--------------------------

Brush right side of teeth.

left side of teeth.

Brushing Your Teeth

- 1 Unscrew cap from toothpaste tube.
- 2 Put toothpaste on toothbrush.
- 3 Screw cap on toothpaste tube.
- 4 Wet toothbrush. Put on toothpaste.
- 5 Brush front top teeth.
- 6 Brush front bottom teeth.

VISUAL WALL POSTERS

Caroline Koehler

DRESSING AND CHANGING

Putting on y

- 1 Put on
- 2
- 3
- 4
- 5
- 6

Changing y

- 1 Take
- 2 Unb
- 3 Un
- 4 Take
- 5

Getting

- 1 Pu
- 2 Pu
- 3 Pu
- 4 Pu
- 5 Zi
- 6 Pu
- 7 Pu
- 8 Ti

Getting Undressed

- 1 Untie shoes.
- 2 Take off shoes.
- 3 Take off socks.
- 4 Unbutton and unzip pants.
- 5 Take off pants.
- 6 Take off shirt.
- 7 Take off bra
- 8 Take off under

VISUAL WALL POSTERS

Putting on

- 1 Pu
- 2
- 3
- 4
- 5
- 6

Changing

- 1 Tak
- 2 Unb
- 3
- 4 Tak
- 5 Take
- 6

Getting

- 1 Put
- 2 Put
- 3 Put
- 4 Zip
- 5 Put
- 7 Tie

Getting Undressed

- 1 Untie shoes.
- 2 Take off shoes.
- 3 Take off socks.
- 4 Unbutton and unzip pants.
- 5 Take off
- 7 Take off

Caroline Koehler

Changing pull-up

- 1 Take off shoes
- 2 Unbutton pants
- 3 Unzip pants
- 4 Take off

Putting on a pad

- 1 Pull down pants and underwear
- 2 Take pad out of wrapper
- 3 Throw wrapper in trash
- 4 Put pad in underwear
- 5 Pull up underwear and pants
- 6 Wash hands.

VISUAL CUE CARDS

Getting Undressed

untie shoes

take off shoes

take off socks

unbutton pants

unzip pants

take off pants

take off shirt

take off bra

take off underwear

SEQUENCING STRIPS

Getting Undressed

untie shoes

take off shoes

take off socks

unbutton pants

unzip pants

take off pants

take off shirt

take off underwear

TOILETING VISUALS

Using the Restroom

- 1 Go to the restroom.
Turn on the light.
- 2 Close the door.
- 3 Pull down pants
to the ankles.
- 4 Sit on the toilet.
- 5 Pee or poop.
- 6 Get 5 squares of
toilet paper.
- 7 Wipe until you
are clean.

**WALL
POSTERS**

SEQUENCING STRIPS



Wash Hands



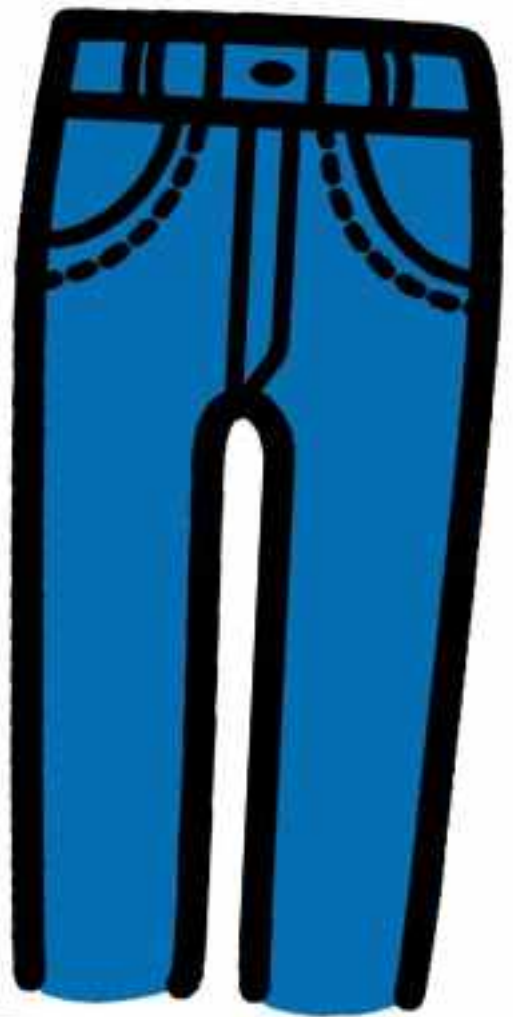
Using the Urinal

- 1 Go to the restroom.
Turn on the light.
- 2 Close the door.
- 3 Stand facing
the urinal.
- 4 Unbutton and unzip
your pants.
- 5 Keep your hands
in front of you.
- 6 Pull down your pants.
- 7 Pull pants up in the bathroom.

**POSTER
SUPPORTS**

Use the urinal.

**TOILET
PAPER
GUIDE**



Pull here. This is enough toilet paper.

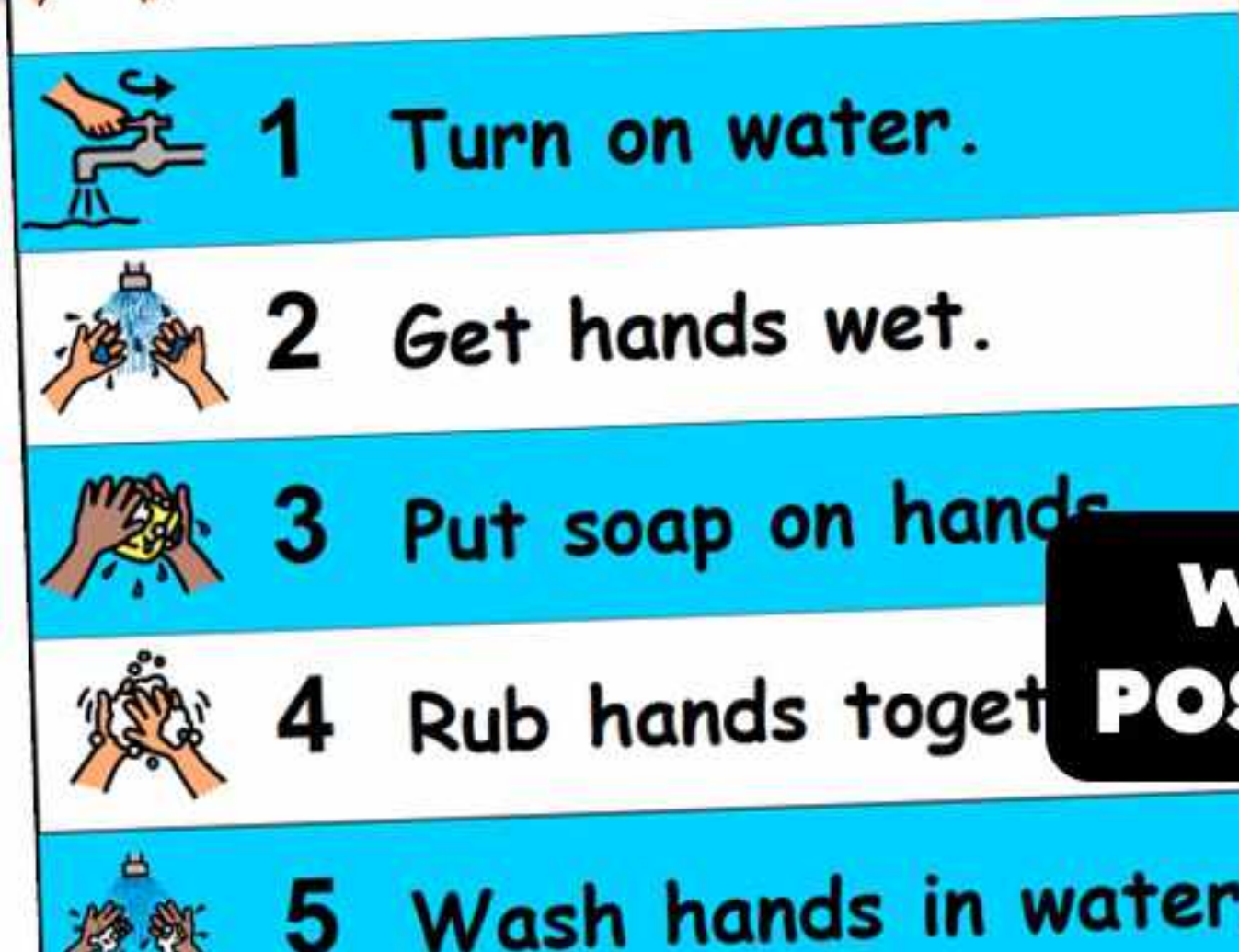
Caroline Koehler

WASHING HANDS VISUALS



Directions

Print page. Cut out pictures and make a long horizontal strip or a vertical strip. Use the large wash hands sign as a guide.

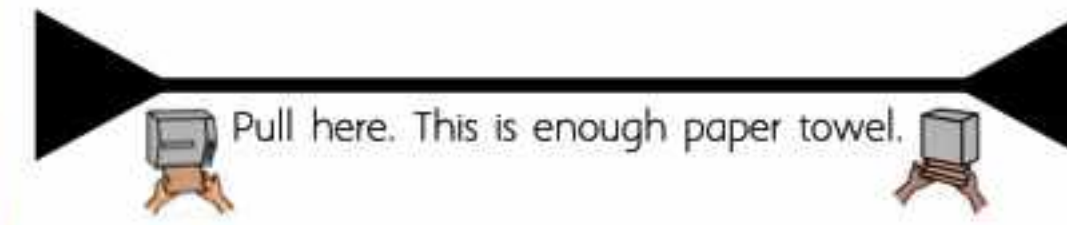


SEQUENCING STRIPS

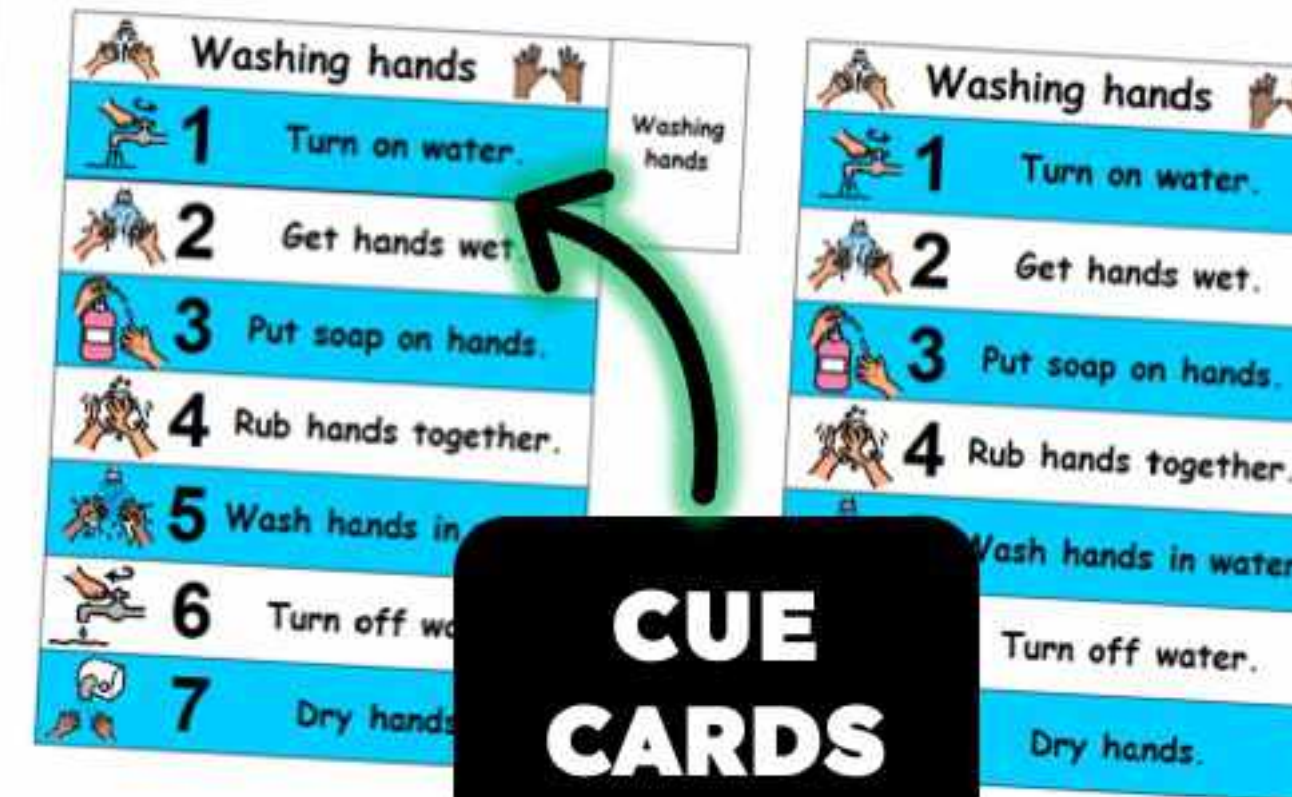
WALL POSTERS



PAPER TOWEL GUIDE



Washing Hands Steps - Cue Cards



CUE CARDS



Caroline Koehler

BATHROOM SOCIAL STORIES

Using the Restroom



by Caroline Koehler

Standing Up to Pee
in the Toilet



Poop Book



By Caroline Koehler
Created with Mayer-Johnson's Boardmaker

12 DETAILED STORY BOOKS

Using the Restroom
to Poop



By Caroline Koehler
Created with Mayer-Johnson's Boardmaker

Wash Your Hands



by Caroline Koehler

Standing Up to Pee
in the Urinal



by Caroline Koehler

Caroline Koehler

BATHROOM VISUAL SUPPORTS

★ resource feedback ★

This has been extremely helpful with my students that are working on toileting. They love having the visual steps, they are pointing and attempting to say the words and able to be a little bit more independent with the visuals.

-Paras Helping Teachers

Bathroom Visuals includes

-  14 social stories
-  Hygiene cue cards
-  26 posters
-  13 Sequencing strips
-  Potty training visuals
-  Teeth brushing supports
-  Gender specific
-  How to directions



Caroline Koehler

★ resource feedback ★

This is amazing! I am potty training several sped students and they are already responding so well! I even sent home copies for parents to utilize and they are loving it too!

-Ashley S.