

READY TO LEARN SET

➤ BEHAVIOR SUPPORT

➤ EASY TO USE

➤ SPED FRIENDLY

➤ COOPERATION TOOL

Ready to Learn Monitor

How to be Ready to Learn

Calm Body Your body is relaxed and ready to work.	Interested Mind You're thinking about learning new ideas.	Listening Ears You are listening to the teacher.
Focused Eyes Your eyes are focused on the activity.	In Your Area Your body and supplies are in your assigned space.	Organized Materials Your supplies are are tidy.
Being Respectful You have a positive, respectful attitude.	Stopped Other Activities You put away other activities and thoughts.	Accepting Accepting of me.

When You Aren't Ready to Learn

Negative Emotions You feel upset that of me.	Limiting Learning You limit learning of me.	Distractions You focus on your thoughts and not on the current activity.
Body Demands You are ignoring your body.	Not doing things Your supplies and area are messy.	

Ready to Learn Monitor

I'm not ready or trying to get ready to learn.
I need to stop and listen to directions.
I need to be respectful and get ready to learn.

I'm planning and thinking about getting ready.
I need to take care of my body's needs.
I need to put away distractions and organize.

I am starting to get ready to learn.
I'm preparing my materials and area.
I'm working on settling my mind and body.

I am almost ready to learn.
I'm organizing myself and materials.
I'll be ready with just a bit more.

SUPPORT SOCIAL SKILLS FOR SELF MANAGEMENT REGULATION

SELF MANAGEMENT & MONITORING

Ready to Learn Actions	Not Ready to Learn Actions
Paying attention.	Keeping yourself or others from participating.
Respecting the items around you.	Destroying things.
Saying okay and trying your best.	Refusing to follow instructions.
Solving problems.	Complaining or refusing.
Staying in your area.	Being unsafe and harmful to yourself or others.
Following the rules.	Breaking the rules.
Using learning as a way to grow.	Refusing to learn new ideas.
Using a calm voice tone.	Using an angry tone.
Using your manners.	Being rude or impolite.
Participating in the activity.	Ignoring or pretending involved.

Ready to Learn Actions	Not Ready to Learn Actions
Following directions.	Ignoring or refusing to listen to directions.
Preparing yourself and your work area to learn.	Distracting yourself with other activities or thoughts.
Having a positive attitude.	Having a negative attitude.
Controlling your noise level.	Being loud.
Take care of your body's needs.	Ignoring the chance to prepare your body.
Getting help from a trusted adult.	Giving up.
Accepting help.	Refusing help from others.

Ready to Learn Monitor		
not ready 5 	I am not ready and not trying to get ready to learn. I'm ignoring directions and support.	I need to stop my current activities to get ready to learn. I need respect myself and those around me.
planning 4 	I'm planning and thinking about getting ready. I haven't started preparing.	I need to put away distractions and get organized. I need to take care of my body's needs.
getting ready 3 	I am getting ready to learn.	I'm settling my mind and body. I'm gathering my materials and going to my area.
mostly ready 2 	I am almost ready to learn.	I need more effort and time. I'm still organizing myself and my materials.
completely ready 1 	I am ready to learn. My mind, body, and materials are prepared to learn.	My mind and body are calm. I'm using my listening skills. I'm focused and engaged. I'm helping myself and others.

**STRESS BUSTING
SEL SUPPORTS**



Caroline Koehler

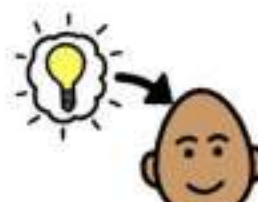
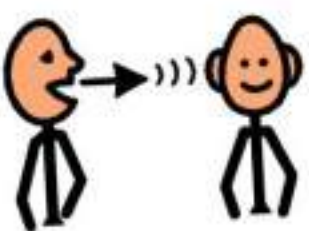
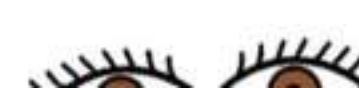
VISUAL SCALES FOR REGULATION

**1-5 LEVELED MONITORS
MAKES TEACHING EASY**

Ready to Learn Monitor

not ready  5	I am not ready and not trying to get ready to learn. I'm ignoring directions and support.	I need to stop my current activities to get ready to learn. I need rest and support.
planning  4	I'm planning and thinking about getting ready.	I need to put away distractions and get organized.
getting ready  3	I am getting ready to learn.	I'm settling my mind and body. I'm gathering my materials and going to my area.
mostly ready  2		I need more effort and time.

How to be Ready to Learn

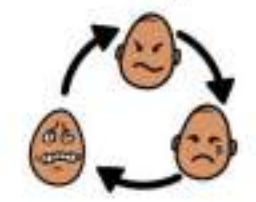
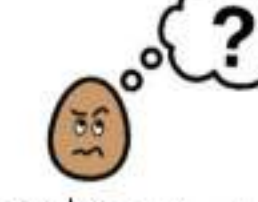
Calm Body Your body is relaxed  and ready to work.	Interested Mind You're thinking about  learning new ideas.	Listening Ears You are listening  to the teacher.
Focused Eyes 	In Your Area 	Organized Materials Your supplies and area 

Ready to Learn Monitor

 I'm not ready or trying to get ready to learn. I need to stop and listen to directions. I need to be respectful and get ready to learn. 5
 I'm planning and thinking about getting ready. I need to take care of my body's needs. I need to put away distractions and organize. 4
 I am starting to get ready to learn. I'm preparing my materials. I'm working on settling my mind and body. 3
 I am almost ready to learn. 2

**EASILY EXPLAIN
SKILLS WITH VISUALS**

When You Aren't Ready to Learn

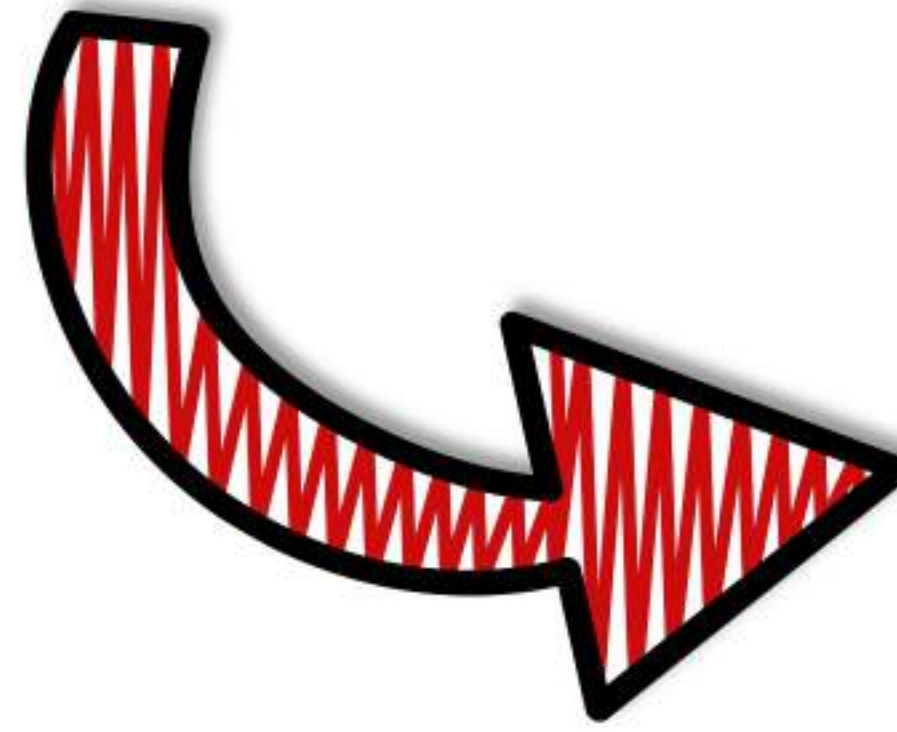
Negative Emotions You feel upset that  you are being asked to do something.	Limiting Learning You limit learning 	Distractions You focus on your  thoughts and not on the current activity.
Missed Opportunities You miss out doing things  because you aren't prepared.	Body Demands You are ignoring your  body's needs and need to take care of yourself.	
Ignoring You ignore 		

Ready to Learn Monitor

not ready  5	planning  4	getting ready  3	mostly ready 2
---	--	---	--

CHECK OUT THE BUNDLE!

Click here to get this visual plus 25 other behavior support tools!



- ✓ Positive Behavior Management
- ✓ Social Emotional Learning Tools
- ✓ Simple but Powerful Visuals

Caroline Koehler