

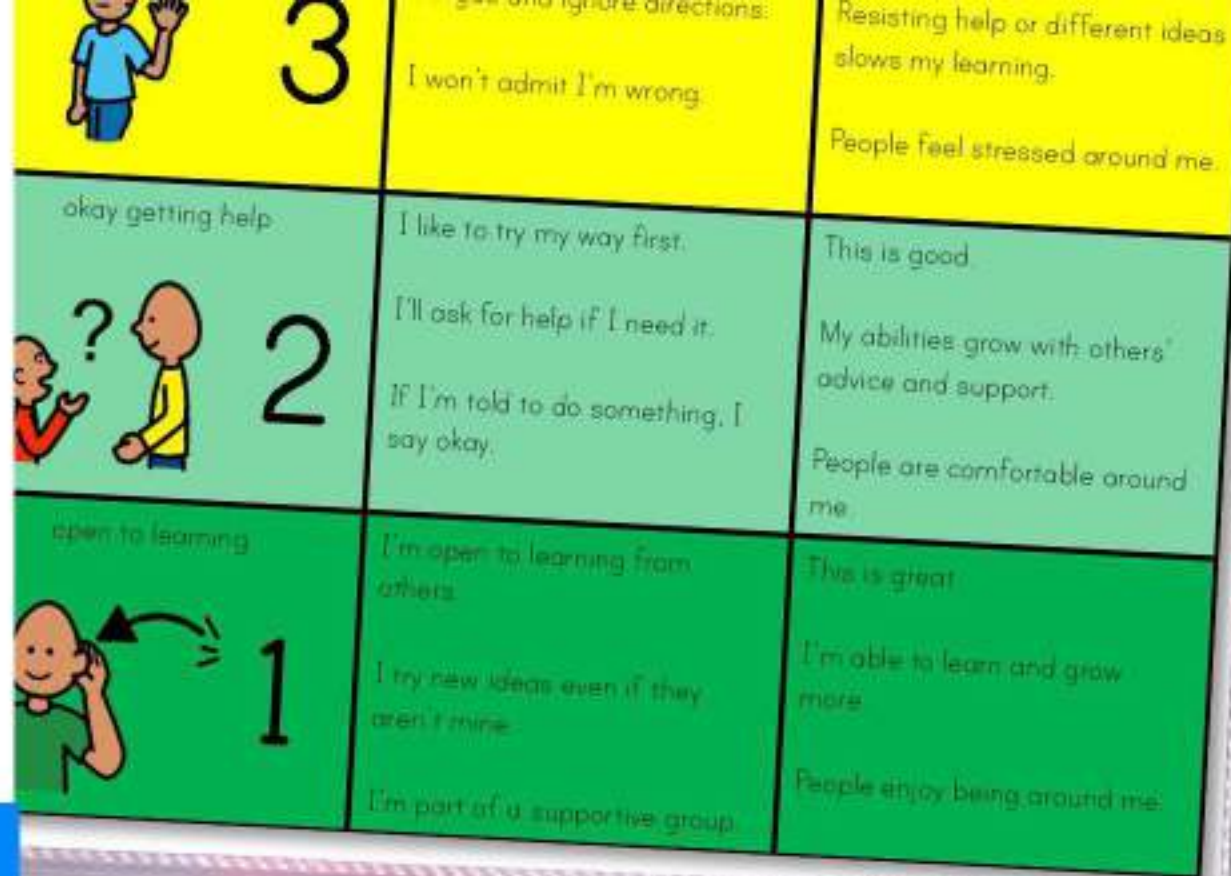
STUBBORN MONITOR

➤ VISUAL TOOL

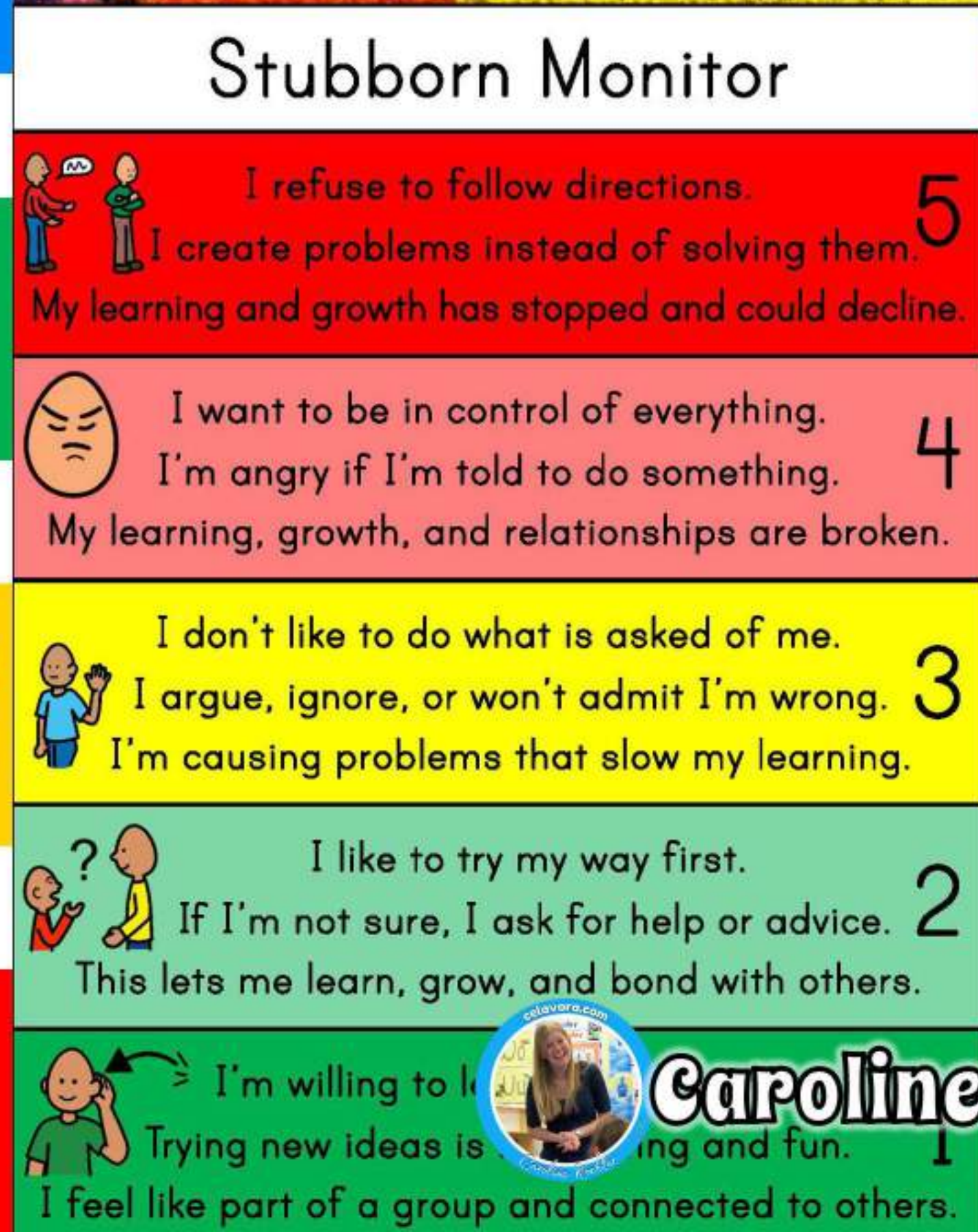
➤ SIMPLE LANGUAGE

➤ REGULATE EMOTIONS

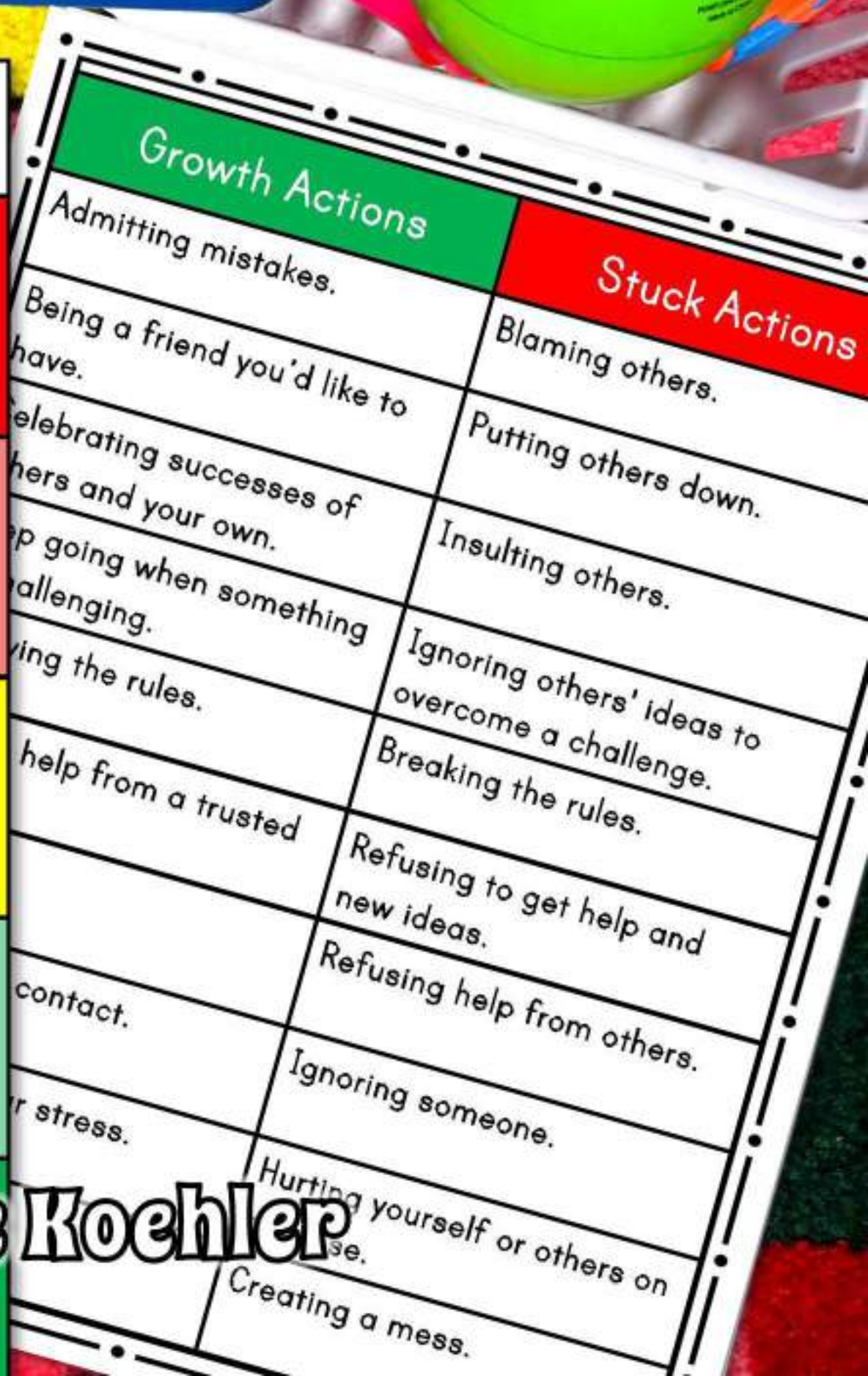
➤ SELF SUPPORT



3 I won't admit I'm wrong. People feel stressed around me.	2 I like to try my way first. If I'm told to do something, I say okay. People are comfortable around me.	1 I'm open to learning from others. I try new ideas even if they aren't mine. I'm part of a supportive group.
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Stubborn Monitor		
5 I refuse to follow directions. I create problems instead of solving them. My learning and growth has stopped and could decline.	4 I want to be in control of everything. I'm angry if I'm told to do something. My learning, growth, and relationships are broken.	3 I don't like to do what is asked of me. I argue, ignore, or won't admit I'm wrong. I'm causing problems that slow my learning.
2 I like to try my way first. If I'm not sure, I ask for help or advice. This lets me learn, grow, and bond with others.	1 I'm willing to learn. Trying new ideas is fun and fun. I feel like part of a group and connected to others.	



Growth Actions	Stuck Actions
Admitting mistakes.	Blaming others.
Being a friend you'd like to have.	Putting others down.
Celebrating successes of others and your own.	Insulting others.
Help going when something is challenging.	Ignoring others' ideas to overcome a challenge.
Following the rules.	Breaking the rules.
Asking for help from a trusted person.	Refusing to get help and new ideas.
Staying in contact.	Refusing help from others.
Managing stress.	Ignoring someone.
	Hurting yourself or others on purpose.
	Creating a mess.



Caroline Koehler

COMPLIANCE VISUAL TOOLS

Growth Redo

Use words and sentences to complete the think sheet. Think through your options and choices to give as many details as you can.

I can learn and grow by thinking about my past behavior. Stubborn behavior can cause problems for myself and others. The stubborn problem that happened was

I can have a growth redo. Stub behavior can be replaced with solution finding behavior. A positive choice I will make in the future is

Growth Actions

Stuck Actions

Admitting mistakes.	Blaming others.
Being a friend you'd like to have.	Putting others down.
Celebrating others and you.	Insulting others.
Keep going when things are challenging.	Ignoring others' ideas to become a challenge.
Following the rules.	Making the rules.
Getting help from an adult.	Refusing to get help and ideas.
Learning.	Refusing help from others.
Making eye contact.	Angering someone.
Managing your strength.	Putting yourself or others on a mess.
Organizing.	

Stubborn Monitor



5



4



3



2

Stubborn Monitor



I refuse to follow directions.

5



I create problems instead of solving them.

My learning and growth has stopped and could decline.



I want to be in control of everything.

4

I'm angry if I'm told to do something.

My learning, growth, and relationships are broken.



I don't like to do what is asked of me.

3

I argue, ignore, or won't admit I'm wrong.

I'm causing problems that slow my learning.



I like to try my way first.

2

If I'm not sure, I ask for help or advice.

This lets me learn, grow, and bond with others.



I'm willing to learn from others.

1

Trying new ideas is interesting and fun.

I feel like part of a group and connected to others.

Stubborn Monitor



5



4



3



2



1

Growth Actions

Stuck Action

Paying attention.	Keeping yourself or others from participating.
Respecting the items around you.	Destroying things.
Saying okay and trying your best.	Refusing to follow instructions.
Solving problems.	Complaining.
Staying in your area.	Being unsafe and harmful to yourself or others.
Telling the truth.	Lying and keeping dangerous secrets.
Thinking of others' needs and feelings.	Threatening with angry words.
Using a calm voice tone.	Using an angry tone.
Using your manners.	Being rude or impolite.
Working for what you want.	

Caroline Koehler

TEACH RESPECT - STOP DEFIANCE

Growth Redo

Use words and sentences to complete the think sheet. Think through your options and choices to give as many details as you can.

I can learn and grow by thinking about my past behavior. Stubborn behavior can cause problems for myself and others. The stubborn problem that happened was:

I can have a growth redo. Stuck behavior can be replaced with solution finding behavior. A positive choice I will make in the future is:

People who can help me with my growth choices are:

Things that can help me:

Stubborn Monitor

 I refuse to follow directions.
I create problems instead of solving them.
My learning and growth has stopped and could decline. **5**

 I want to be in control of everything.
I'm angry if I'm told to do something.
My learning, growth, and relationships are broken. **4**

 I don't like to do what is asked of me.
I argue, ignore, or won't admit I'm wrong.
I'm causing problems that slow my learning. **3**

 I like to try my way first. **2**

 I refuse help and advice.
I will not follow directions.
This is wrong. **5**

 I do the opposite of what's asked and break rules.
I'm focused on being in control and not on learning.
This hurts me and those around me. **4**

 I won't compromise.
I want to be in control and only do what I want.
I shut down or get angry.
I'm not willing to change my thinking or behavior.
This is not okay. **3**

 I resist doing as asked.
I want things done my way.
I argue and ignore directions.
I won't admit I'm wrong.
People feel disappointment and frustrated around me. **2**

 I okay getting help.
I like to try my way first.
I'll ask for help if I need it.
This is good. **1**

Caroline Koehler

Growth Actions

Stuck Actions

Paying attention.

Keeping yourself or others from participating.

Respecting the items around you.

Destroying things.

Saying okay and trying your best.

Refusing to follow instructions.

Solving problems.

Complaining.

Staying in your area.

Being unsafe and harmful to yourself or others.

Growth Actions

Stuck Actions

Admitting mistakes.

Blaming others.

Being a friend you'd like to have.

Putting others down.

Celebrating successes of others and your own.

Insulting others.

Keep going when something is challenging.

Ignoring others' ideas to overcome a challenge.

Following the rules.

Breaking the rules.

Getting help from a trusted adult.

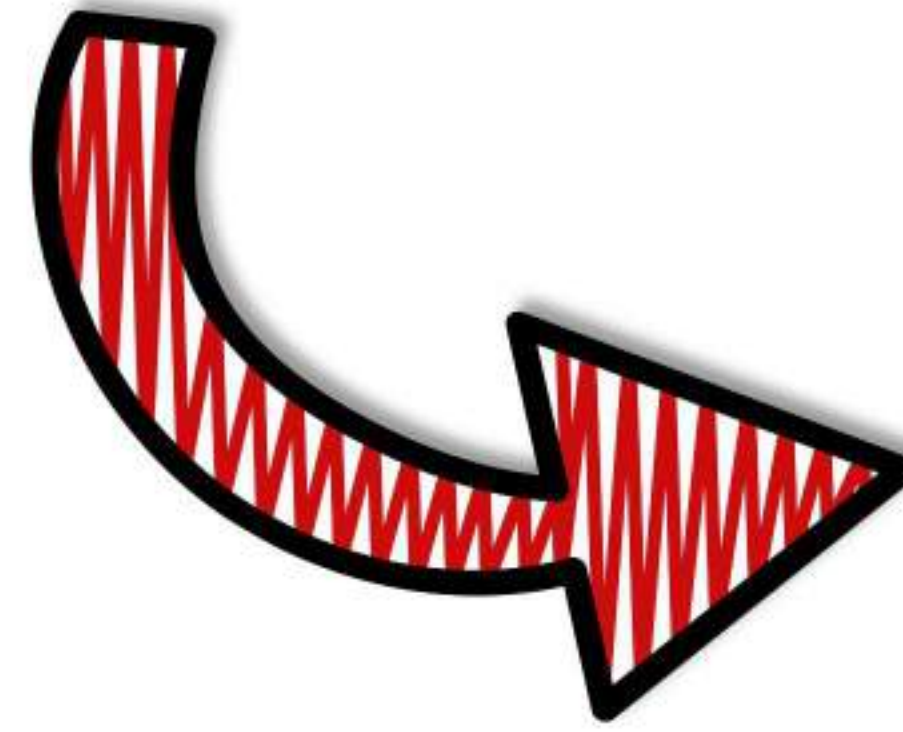
Refusing to get help and new ideas.

Learning.

Refusing help from others.

CHECK OUT THE BUNDLE!

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- ✓ Social Emotional Learning Tools
- ✓ Simple but Powerful Visuals



Caroline Koehler