

READY TO LEARN VISUALS BUNDLE

➤ BEHAVIOR SUPPORT

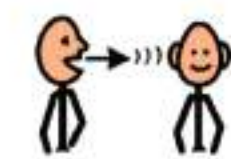
➤ EASY TO USE

➤ SPED FRIENDLY

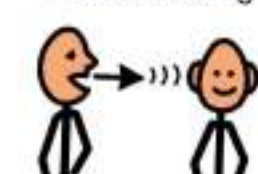
➤ COOPERATION TOOL

  I'm ready.

I can...

	turn the story into a movie in my mind.
	talk it out or retell the story.
	use clues from the question to look for the answer.
	draw a picture of the question.
	find words from the question in the story.

How to be Ready to Learn

Calm Body Your body is relaxed.  and ready to work.	Interested Mind You're thinking about  learning new ideas.	Listening Ears You are listening  to the teacher.
Focused Eyes Your eyes are  focused on the activity.	In Your Area Your body and supplies  are in your assigned space.	Organized Materials Your supplies and area  are tidy.
Being Respectful	Stopped Other Activities	Accepting Support

Time Monitor

Time is over.	5
Time is almost finished.	4
I can work for a little bit.	3
I have some time.	

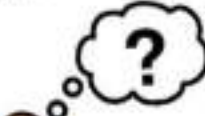
Work Monitor

Unorganized 1  Remove distraction	I am unorganized.	I am not listening. I am not watching. I don't have my supplies ready.
2  Thinking and planning	I need to remove the distraction.	Put away what is keeping you from working. Stop off task thoughts.
3 	I am planning.	My body is getting ready. My mind is organizing.

Ready to Learn Monitor

5  I'm not ready or trying to get ready to learn. I need to stop and listen to directions. I need to be respectful and get ready to learn.
4  I'm planning and thinking about getting ready. I need to take care of my body's needs. I need to put away distractions and organize.
3  I am starting to get ready to learn. I'm preparing my materials and area. I'm working on settling my mind and body.
I am almost ready to learn.

When You Aren't Ready to Learn

Negative Emotions You feel upset that 	Limiting Learning You limit learning 	Distractions You focus on your 
something.		Body Demands

YOUR FUTURE CLASSROOM WILL THANK YOU.

VISUAL SCALES FOR REGULATION

**DOZENS OF VISUAL SCALES THAT
BUILD TRUE SELF-AWARENESS**

Mistake Monitor



I've made a purposeful mistake
that has created problems for
I need help to develop good judgment
and become a problem solver.



I've made an accidental mistake
that has caused others to be upset.
I'm taking responsibility and focusing on a solution.



I've made a minor mistake.
I'm taking a moment to think about it.

Ready to Learn Actions

Following directions.

Preparing yourself and your work area to learn.

Having a positive attitude.

Controlling your emotions.

Take care of your needs.

Getting help from an adult.

Accepting help from others.

How to be Ready to Learn

Calm Body

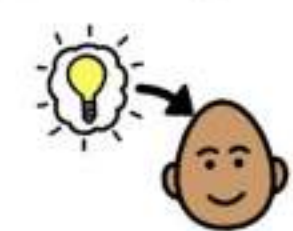
Your body is relaxed



and ready to work.

Interested Mind

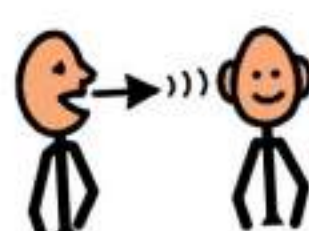
You're thinking about



learning new ideas.

Listening Ears

You are listening



to the teacher.

Focused Eyes

In Your Area

Organized Materials

Ready to Learn Monitor



I'm not ready or trying to get ready to learn.
I need to stop what I'm doing and listen to directions.
I need to be ready to get ready to learn.



I'm planning and organizing my body's needs.
I need to put my actions and organize.



I am starting to learn.
I'm preparing myself to learn.
I'm working on getting ready to learn.



I am losing control.
I need to get ready to learn.

Self-Control Monitor

Doing or saying things I'll regret

Responding negatively

Losing control

Volume Control

Yelling



Loud



Inside voice



Whisper



No talking



Effort Monitor



Wasting time

I'm not working.
I'm being unproductive and limiting my life opportunities.

Guessing without trying

Asking for help

I am trying.

My body is ready

Mostly ready

Ready to learn

Ready to learn

Ready to learn

Ready to learn

Ready to Learn Monitor

not ready

planning

getting ready

mostly ready

Ready to learn

Ready to learn

**LESS REDIRECTING.
MORE TEACHING.**

TOKEN CHARTS + INCENTIVE BOARDS

★ Chances ★

You are given 2 reminders to follow directions.
Following directions means doing what adults say and working.

Think about what you are being told. You can do it!	You don't have to like it, but you have to do it.	We are done talking. Consequences will occur.
1 more chance	last chance	no more chances

Reward Chart

This chart features a green dinosaur on the left and a row of seven empty egg-shaped boxes for placing tokens. A small Triceratops is at the bottom right.

Reward Chart

This chart features a girl holding a box on the left and a row of seven empty cloud-shaped boxes for placing tokens. A small Triceratops is at the bottom right.

**SUPPORT REGULATION
BEFORE BEHAVIOR ESCALATES.**

Incentives for "Then" box

relax 	music 	pet 	blow bubbles 	tickle
bean bag 	lotion 	visit nurse 	visit office 	library

First → Next → Then

Three colored boxes (purple, pink, orange) with 'First', 'Next', and 'Then' labels and empty boxes for tokens.

Choice Board

First → Next → Then

Three colored boxes (blue, red, orange) with 'First', 'Next', and 'Then' labels and empty boxes for tokens.

First → Then

Two colored boxes (red, orange) with 'First' and 'Then' labels and empty boxes for tokens.

First → Then

Two colored boxes (pink, orange) with 'First' and 'Then' labels and empty boxes for tokens.

First → Then

Two colored boxes (orange, yellow) with 'First' and 'Then' labels and empty boxes for tokens.

First → Then

Two colored boxes (orange, green) with 'First' and 'Then' labels and empty boxes for tokens.

First → Next → Then

Three colored boxes (yellow, green, blue) with 'First', 'Next', and 'Then' labels and empty boxes for tokens.

First → Then

Two colored boxes (yellow, green) with 'First' and 'Then' labels and empty boxes for tokens.

First → Then

Two colored boxes (green, blue) with 'First' and 'Then' labels and empty boxes for tokens.

If → Then

Listen 	music
Follow schedule. 	surprise
Use the toilet. 	bean bag
Try your best. 	lotion
Clean up. 	toy

I'm working for

A red board with five circles (three blue, two white) and a 'break' icon showing a person at a desk.

POSITIVE BEHAVIOR REINFORCEMENT

Control Your Inner Monologue



Please wait 5 minutes to talk to me.



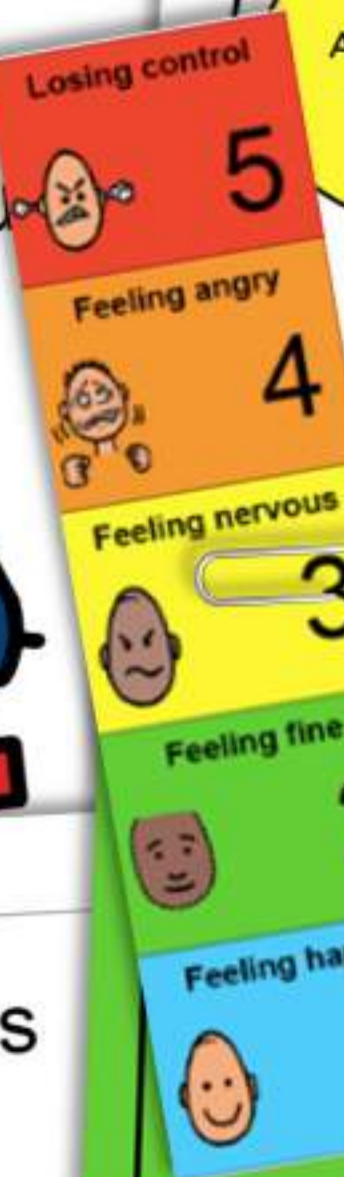
Choices



Sharing and Taking Turns



Working in Groups



Ask for a break.

When I get frustrated, I cannot

When I get frustrated, I can

Take deep breaths while counting to 5.

Ask for help.

Do the work and try my best.

Things I CAN Do When I Feel Frustrated

Use headphones.

Take 5 big breaths.

Go to a quiet place.

Read at a book.

Put my head down on my desk.

Use a fidget.

book

rest

fidget

GIVE YOUR STUDENTS THE TOOLS THEY'VE BEEN MISSING.

I can finish this later.
Later is okay.



Good Choices

